

Charlene Young, RN, MSN, FNP

April 20, 2006

Experience:

2001-present: Nurse Practitioner, Nurse Administrator, Parkinson Center- SIU School of Medicine, Springfield, IL.

- Responsibilities include promoting the Parkinson's Center, education of the patients and public regarding Parkinson Disease and related disorders.
- Assessment and treatment of patients with Parkinson Disease, Memory Disorders and other related Neurological Disorders
- Assisted with Telemedicine pilot project for remote treatment of patients with Neurological disorders
- Active on Planning Committee for NPF Coordinator's Meeting-2002
- Presenter at annual educational symposiums sponsored by Southern Illinois University (SIU)- Neurology
- Coordinator- National Institute of Health (NIH) Neuro-Protective Trials
- Grant Recipient from National Parkinson Foundation for Outreach Program
- Coordinator: Impact Registry for Parkinson Disease patients
- Coordinator: DNA project for Parkinson Disease through the National Institute of Health
- Coordinator: Kyowa (KW-6002 US-018) A 12 Week, Double-blind , Placebo controlled, randomized, Parallel-Group, Multi-center, Fixed Dose-response Study to evaluate the efficacy and safety of 10,20 and 40 mg/d oral doses of KW-6002 (Istradefylline) as Treatment for Parkinson's Disease in patients with motor response complications on Levodopa/Carbidopa Therapy.
- Coordinator: Merck KGaA PADDY-1 EMR 62-225018, A double-blind, placebo controlled multicenter, multinational Phase III study to evaluate the safety and efficacy of Sarizotan HCL 1mg bid in patients with Parkinson's disease suffering from treatment associated dyskinesias.

- Sub-Investigator: Altropane-08 Study. Evaluation of the Efficacy and Safety of Altropane for Differentiating Parkinsonian Syndromes from Non-Parkinsonian Syndromes in Patients with Tremors.
- Coordinator : Kyowa (KW 6002- US-051) A Phase 2, Double-Blind, Placebo-Controlled, Randomized, Parallel-Group, Multicenter Study of the Efficacy and Safety of 40mg/day KW-6002 (Istradefylline) as Monotherapy in Subjects with Parkinson's Disease.

1994-2001: Staff Nurse Cardiac Rehabilitation, Memorial Medical Center

- Responsibilities included: Patient & family education regarding cardiovascular disease, cardiac anatomy and physiology, risk factor assessment and modification of risk factors. Assessment of patient's response to exercise, oxygen weaning, arrhythmia monitoring and collaboration with physicians and staff regarding exercise progression, home care needs and psycho-social issues.
- Maintained physical assessment and decision making skills by working as staff nurse on the post open-heart unit.
- Participated in Heart Healthy Fair, cholesterol and blood pressure screenings, promoted good health practices to the public.
- Instructor- Cardiovascular classes for ICU-IMC Registered nurses

1988-1994: Nurse Manager of the 8 bed Cardiac Surgery Intensive Care Unit (CSICU) and 60 bed Medical Cardiac Unit, Memorial Medical Center, Springfield, IL.

- Responsibilities included coordination of patient care, staff scheduling, evaluation and professional development of staff.
- Reduced and maintained turnover rate at 5%.
- Successfully managed the budget with revenue in excess of projected budget.
- Worked collaboratively with administration, surgeons and anesthesia to decrease length of stay of open-heart patients by 2 days.

- Coordinated and co-sponsored SVO2 workshop in collaboration with Abbott Laboratories.

1992-1994: Nurse Manager of Cardiac Rehabilitation Department in addition to CSICU.

- Improved efficiency in Phase I, II & III Cardiac Rehabilitation programs to keep up with the demands of a decreased length of stay, with the use of current research guiding the development of the program.
- Maintained staff turnover at 0%.
- Completed feasibility study for Peripheral Vascular rehabilitation program.

1989-1992: Nurse Manager of 68 bed Intermediate Coronary Care-Post Open-Heart Unit, Telemetry and CSICU.

- Successfully managed 120+ employees.

Responsibilities included managing employee relations, decreasing staff turnover rate by 30%, coordinating patient care, staff scheduling, evaluation and professional development of staff.

- Successfully planned and managed the budget in collaboration with Administration.
- Developed partner/team concepts to increase staff satisfaction, accountability, and continuity of patient care.

1983-1989: Staff Nurse – Cardiovascular ICU, Memorial Medical Center, Springfield.

- Assumed Charge Nurse Responsibilities with accountability for staffing, maintenance of quality of care and orientation of new employees.
- Assisted with development of “Care Maps” for the post open-heart, angioplasty and cardiac catheterization patients.
- Clinical responsibilities included hemodynamic monitoring, EKG, ABG and other lab value interpretations, ventilator weaning, Intra-aortic balloon pump and pacemaker

management, as well as management of cardio-selective medications and vasopressive infusions.

- Certified Critical Care Nurse (CCRN).

1987-present: Nursing Supervisor : Lewis Memorial Christian Village.

- Responsibilities include assessment and clinical decision making regarding the care of acutely ill patients.
- Wound care team, assessment and management of wounds, treatment of dermatological disorders .
- Maintenance of quality patient care in the chronically ill, elderly patient.
- Resolution of staff issues, surveillance of staff and patient safety issues, shift staffing and conflict resolution among staff.
- Consulted with private agency regarding care of patients with Alzheimer's disease.

1980-1983: Staff Nurse: Medical-Surgical Intensive Care- Memorial Medical Center, Springfield.

- Responsibilities included care of the patient with acute myocardial infarction with thrombolytic therapy, vaso-active and anti-arrhythmic drug therapy, trauma care, including intra-cranial pressure monitoring and care of the post-surgical patient with complications.

Education:

- Silver Cross Hospital, School of Nursing, Joliet, IL. Diploma in Nursing
- University of IL. Springfield, IL. Bachelor of Science in Nursing
- Illinois State University (formerly Mennonite College of Nursing) Bloomington, IL. Masters of Science in Nursing- Family Nurse Practitioner, May 1998.
- Certified as a Family Nurse Practitioner through the ANCC November, 1998.

Master's Thesis: Stress Management Therapy and the Cardiac Rehabilitation Patient.

Affiliations and Awards:

Member Sigma Theta Tau National Nursing Honor Society

Scholastic Grant Recipient: Memorial Medical Center

Scholarship Recipient: Mennonite College of Nursing Alumni Association

Certified Family Nurse Practitioner (CFNP)

BLS (CPR & AED) current

Certified Critical Care Nurse (CCRN) (Lapsed)

Certified Nursing-Child Assessment Screening and Teaching (N-CAST)

Member American Diabetes Association

Former Member: Hospital Ethics Committee, Diabetes Education task force