

# PSYCHIATRY RESEARCH TODAY

## DEPARTMENT OF PSYCHIATRY

Your connection to current research and accolades in the Department of Psychiatry

VOLUME 2, ISSUE 2

MAY 15, 2011

### RESIDENT WINS APA RESEARCH AWARD

**Gaurav Jain, MD (PGY-III)**, will receive the 'Best Resident Research Award,' at the 2011 American Psychiatric Association meeting for his co-authored paper "Psychiatry Residency Training in the United States, Canada, United Kingdom, India, and Nigeria: A Transcontinental Comparison." He will be given his award in May at the meeting in

Hawaii. The award is competitive and his paper was chosen from applications throughout the United States. As part of his award, he will present the work as a poster at the meeting. He will also receive a monetary award. The paper is a co-authored collaboration, headed by Dr. Jain. Other authors include: Mir Mazhar, MD, **Aghaegbulam Uga, MD**

**(PGY-I)** and **Manisha Punwani, MD**. This paper is also currently under review at a prestigious peer-review journal. Dr. Jain previously won this award in 2009 and his second win brings the department much prestige and pride. Congrats, Dr. Jain, for your research accomplishments and keep up the good work!

### RESIDENT RECEIVES HELEN BEISER AWARD

**Aniruddh Behere, MD (PGY-III)** has recently been awarded the Helen Beiser Award by the Illinois Council of the American Academy of

Child and Adolescent Psychiatry. This prestigious award is given to residents who have an interest in child psychiatry. Only six psychiatry residents are

selected for this competitive award. Dr. Behere will start his child psychiatry fellowship here at SIU-SM in the Child Psychiatry Division in July. Congrats!

### FOCUS ON THE DIVISION: PSYCHO-ONCOLOGY

The Division of Psycho-Oncology is a multidisciplinary team of health care professionals responsible for clinical care, training, and research that addresses the emotional, social, spiritual and physical needs of people affected by cancer. Assistant Professor **Chad Noggle, PhD**, serves as chief, specializing in psycho-oncology with an emphasis in clinical neuropsychology. Dr. Noggle is the author of over

150 journal articles, book chapters, encyclopedia entries and abstracts. **Shelda Borders, PhD**, is a clinical psychologist who will complete her fellowship at SIU-SM in September and will join the faculty as an assistant professor. **Anna Wiggins, MS, LCPC** has extensive research and clinical experience and heads all research efforts in the division. She was also recently licensed as a Clinical Professional

Counselor. **Ellen Brotzman-Desart, MSW** is coordinator of the Side-by-Side Wellness Center. The center provides patients and families with services that help transition through a cancer diagnosis and promote cancer prevention, through wellness behavior training such as smoking cessation, weight reduction, nutritional counseling and exercise. For more information call 217-545-0798.

### RECENT FACULTY AND RESIDENT PUBLICATIONS AND PRESENTATIONS

**Bennett, J, Dzara, K, Mazhar, M, and Behere, A.** 2011. "A Preliminary Report on Resident Emergency Psychiatry Training from a Survey of Psychiatry Chief Residents." *Journal of Graduate Medical Education* 3(1):21-25.

Boley, T, Stelle, L, **Pan, P, Koester, J, Vassileva, C, Markwell, S, Kanwischer, R, Shawgo, T, and Hazelrigg, S.** 2010. "Hope, Self-Blame, and Distress Following Surgical Resection for Lung Cancer." *CHEST* 138(4)supp: 761A.

**Costin, G, Mukerji, V, and Resch, D.** 2011. "A Psychosomatic Perspective on Takotsubo Cardiomyopathy: A Case Report." *Primary Care Companion for CNS Disorders* 13(2):e 1-4.

**Zupancic, M.** 2011. "Role of Atypical Antipsychotics in Rapid Cycling Bipolar Disorder." *Annals of Clinical Psychiatry* 23 (2):141-149.

**Zupancic, M, Mahajan, A.** Forthcoming. "Leptin as a Neuroactive Agent." *Psychosomatic Medicine*.

**Bennett, J.** "Clinical use of Allostatic Load in the Behavioral and Psychiatric Disorders of Intellectually Disabled Adults." Presented at the Anxiety Disorders Association of America Annual Conference, March 2011.

Sinha MS, **Dzara K, Ryan MG.** "An Introductory Evaluation of the Medical Malpractice Clinical Rotation ." Poster presentation at the American College of Legal Medicine Annual Meeting, February 2011.

**Robinson, S, Roberts, N, Dzara, K.** "Assessing Residency Training Coordinators' Perceptions of Psychiatry Residents Demeanor and Presentation: A Pilot Study." Poster presentation at the Central Group on Educational Affairs Annual Meeting, March 2011.

## WELCOME NEW RESIDENTS!

### CATEGORICAL PSYCHIATRY

#### **Richard Dong-Youl Chung, M.D.**

St. George's University, Grenada – 04/2010  
Psychiatry Research Assistant at Beth Israel Medical Center Department

#### **Pravesh Prabhu Deotale, M.D.**

N.K.P. Salve Institute of Medical Sciences, India – 06/2001  
Completed Psychiatry Residency in India; Assistant Professor of General Adult Psychiatry GSL Medical College & General Hospital  
1 Publication in Psychiatry; 8 oral presentations in Psychiatry

#### **Naveed Riaz Khokhar, M.D.**

King Edward Medical College, Pakistan – 09/2004  
2 publications; 2 articles submitted for publication; 1 Poster Presentation  
Tesler-Mebe Award from University of British Columbia, Department of Psychiatry for being the best International Medical Graduate

#### **Sheila A. Thomas, M.D.**

Oceana University of Medicine, Samoa – 05/2011  
Physician Assistant-St Louis University, St Louis, MO  
1 peer reviewed article, publication pending

### MEDICINE-PSYCHIATRY PROGRAM

#### **Vineka Heeramun, M.D.**

Semmelweis University, Hungary – 11/2005  
1 Year observership, National Institute of Mental & Neurosciences

#### **Yae Rim Lee, M.D.**

Chonbuk National University, South Korea – 02/2006  
Transitional year residency, South Korea – 03/2007  
Received Academic Achievement Scholarship

### WELCOME TO OUR NEW EMPLOYEES!

**Kathy Sheets,**  
Office Support Specialist

**Kelly Pritchard, LPN**  
LPN II,  
Division of Child Psychiatry

**Trisha Malott, LCSW**  
LCSW,  
Division of Adult Psychiatry

**Tabitha Houston,**  
Medical Insurance Specialist II

**Martha Wolters, BA**  
Program Services Specialist,  
Community Support Network

### NEWSLETTER SUBMISSIONS

Newsletter Editor: **Kristina Dzara, PhD**

Newsletter Associate Editor:  
**Anna Wiggins, MS, LCPC**

Let us know about your scholarly achievements! Please submit research or accolades to be included in Psychiatry Research Today to Kristina Dzara, PhD at [kdzara@siumed.edu](mailto:kdzara@siumed.edu).

We are also seeking guest contributors to present findings from their research projects.

## RESIDENT ACCOLADES

**George Costin, MD (PGY-V)**, along with **Kristina Dzara, PhD** and **David Resch, MD**, are presenting a poster titled "Synchronicity – Coincidence Detection and Meaningful Life Events Among Individuals Affiliated with a Medical School." at the 2011 American Psychiatric Association Annual Meeting (May 2011). Congratulations Dr. Costin for this accomplishment!

Congratulations to **Melanie Zupancic, MD (PGY-IV)** and **Aman Mahajan, MD (PGY-I)** on their forthcoming publication "Leptin as a Neuroactive Agent." Their paper will be published in *Psychosomatic Medicine*. Excellent teamwork!

**Lokesh Shahani, MD (PGY-III)** and **Gaurav Jain, MD (PGY-III)** both presented research findings at the SIU-SM Annual Trainee Research Symposium in April. Dr. Jain received a third place award. Excellent work!

## HONORS

Congratulations to **Radmila Bogdanich, MA**, for being named the President of the National Association of Psychiatric Department Administrators.

**Jeanné Hansen, MA, LCSW**, was interviewed for Newslines, a weekly radio program produced by SIU School of Medicine, on January 4th. Her topic was titled "Tips for Keeping New Year's Resolutions."

**Ron Kanwischer, MA, LCPC**, spoke at the 16th Annual Prevent Child Abuse Conference, in Springfield, Illinois (October 2010). His talk was titled "How to Recognize Substance Abuse in Children and Teens Before It's Too Late."

## SYMPOSIUM ON TEACHING AND LEARNING

Five posters from authors in the Department of Psychiatry were selected for presentation at the Second Annual SIU Symposium on Teaching and Learning. These posters were displayed in the main lobby of 801 N. Rutledge. Authors include: **Pravesh Basnet, MD (PGY-II)**, **Jeffrey Bennett, MD**, **Kristina Dzara, PhD**, **Ron Kanwischer, MA, LCPC**, **Karen Lee, MA**, and **Philip Pan, MD**.

## TRANSITIONS

Best wishes to **Terry Bolton, MPH**, who took a position in the Department of Surgery, Division of Urology, as a Healthcare Administrator. Best wishes!

Farewell to **Amy Boston, MA, LCPC**, who took a position with Lincoln Prairie Behavioral Health Center. Good luck!

Goodbye to **Deb VonDeBur, MBA**, who transitioned to the Department of Obstetrics/Gynecology. Congratulations!

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**The mission of the SIU School of Medicine, Department of Psychiatry, is to engage in excellence in psychiatric education and research while providing high quality, effective, state-of-the-art clinical care.**

Department Chair: Stephen M. Soltys, MD