

PSYCHIATRY RESEARCH TODAY

DEPARTMENT OF PSYCHIATRY

Your connection to current research and accolades in the Department of Psychiatry

VOLUME 3, ISSUE 1

JANUARY 15, 2012

ASSOCIATION FOR ACADEMIC PSYCHIATRY ANNUAL MEETING

Faculty and residents presented the following workshops at the 2011 Association for Academic Psychiatry Meeting in Scottsdale, AZ: "Holding Psychiatric Educators to Higher Standards - What is the Role of Core Competencies in Educators through Different Developmental Stages?" (**Manisha Punwani, MD, Stephen Robinson, MD, Gaurav Jain, MD, PGY-IV**) and Giving Effective Feedback to Learners and Loving it, Part 1: The Basics of Feedback and Part II: Feedback Challenges" (**Karen Broquet, MD, Jeffrey Bennett, MD, and**

colleagues). Posters included: "Resident Viewpoints Toward their Participation in a Telepsychiatry Rotation" (**Kristina Dzara, PhD, Joshua Sarver, BA, PMP, Jeffrey Bennett, MD, Pravesh Basnet, MD, PGY-III**); "The Annotated Bibliography as a Teaching Tool in a Psychiatry Journal Club" (**Kristina Dzara, PhD, Gaurav Jain, MD, PGY-IV; Stephen Soltys, MD**); "What Does a Successful Graduate of a Psychiatry Residency Training Program Look and Act Like?" (**Ron Kanwischer, MA, CADC, LCPC, Karen Lee, MA, Ayame**

Takahashi, MD); and "Psychological Mindedness in Psychiatry Residency Candidates - A Necessity or a Commodity?" (**Manisha Punwani, MD; Melanie Zupancic, MD, PGY-V, and Chad Noggle, PhD**). Awards included "Assessment of Faculty Training in ACGME Competencies for Psychiatry Residents," 1st prize, poster (Philip Pan, MD, **Kristina Dzara, PhD, Nicole Roberts, PhD**). **Melanie Zupancic, MD, PGY-V** was awarded an Association for Academic Psychiatry Fellowship Award. Excellent work!

RECENT FACULTY AND RESIDENT PUBLICATIONS

Costin G, **Dzara K, and Resch D**. 2011. "Synchronicity – Coincidence Detection and Meaningful Life Events." *Psychiatric Annals* 41 (12):575-575.

Soltys S, Pary R, Robinson S, and Markwell S. 2011. "Transitioning Between Clerkship Directors." *Academic Psychiatry* 35(2):114-117.

Soltys S. 2011. "Primer for the Interim Chair." *Academic Psychiatry* 35(2):122-125.

Zupancic M, Mahajan A, and Handa K. "Dementia with Lewy Bodies: Diagnosis and Management for Primary Care Providers." *The Primary Care Companion for CNS Disorders* 13(5):e1-e10.

Behere A, Shahani L, Noggle CA, Dean RS. "Motor Functioning in Autistic spectrum disorders: A preliminary analysis. Accepted for publication in *The Journal of Neuropsychiatry and Clinical Neurosciences*."

Jain G, Mazhar M, Uga A, Punwani M, Broquet K. "Comparison of Psychiatry Residency Training in the United States, Canada, United Kingdom, India and Nigeria: Effects of Previous Training on IMG residents." Accepted for publication in *Academic Psychiatry*.

Rogers LQ, McAuley E, Anton PA, Courneya KS, **Vicari S, Hopkins-Price P, Verhulst S, Mocharnuk R, Hoelzer K**. Better Exercise Adherence After Treatment for Cancer (BEAT Cancer) Study: Rationale, Design, and Methods. Accepted for publication in *Contemporary Clinical Trials*.

SIU CHILD PSYCHIATRY FELLOWSHIP

The Child and Adolescent Psychiatry Training Program at Southern Illinois University was started in 2007 and is an ACGME accredited 2-year training program. **Ayame Takahashi, MD**, is Assistant Professor and Child Fellowship Director. All child psychiatry faculty participate in fellowship education. The program has four fellows. **Nasir Ahmad, MD, PGY-II** and **Garima Singh,**

MD, PGY-II are both second year fellows, **while Aniruddh Behere, MD, PGY-IV** and **Jennifer Hardwick, MD, PGY-IV** are both first year fellows. **Pravesh Basnet, MD, PGY-III** and **Subodh Jain, MD, PGY III** have matched and will become fellows in July 2012. In addition to extensive Child and Adolescent Inpatient and Outpatient experiences, fellows complete a

Hospital Consultation Rotation, a Family Medicine Consultation Clinic Rotation, a Pediatric Neurology Rotation, a School Consultation Rotation, a Telepsychiatry Rotation, a Community Psychiatry Rotation, a Developmental Disabilities Rotation, and a Substance Abuse Rotation. **Ruth Stark** is Program Coordinator and can be contact at (217)545-7644 for additional information.

COMMUNITY SUPPORT NETWORK UPDATE - NEW DIRECTOR NAMED

The Community Support Network (CSN) is a program dedicated to serving those with severe mental illness by fostering independent community living through the delivery of Community Support Team services 24 hours, 7 days a week. These services promote independence, health and wellness, while eliminating barriers to successful living. CSN also provides employment assistance and the support needed to allow

clients to continue to work. The supportive employment program is available to anyone who meets specific criteria and is not limited to CSN members. The Department of Psychiatry welcomes **Trisha Malott, LCSW**, as the new Director of CSN, following the retirement of **Karen Lee, MA**. Trisha was formerly a therapist in the adult outpatient division, preceded by employment with a non-profit

agency as a therapist and Director of Development. CSN staff include: **Michaele Birch, MA, BSW, Laura Castelon, BA, Zoe Chase, Michelle Davidson, BA, Cynthia Dickerson, LPN, Robbin Gantt, BSW, Kristina Murphy, BA, Barbara Nelson, Debra Torres, BA, and Martha Wolters, MA**. For more information about CSN services, call (217) 545-8251. Contributed by Trisha Malott, LCSW

RESIDENT ACCOLADES

George Costin, MD, a recent Medicine/Psychiatry graduate, recently published "Synchronicity – Coincidence Detection and Meaningful Life Events," with **Kristina Dzara, PhD** and **David Resch, MD**. This work was initiated while he was in his residency and was also presented at the 2011 American Psychiatric Association Annual Meeting.

Kamna Handa, MD, PGY-II, will serve as Chief Administrative Resident from March 2012 to June 2013. **Aman Mahajan, MD, PGY-II**, will join Dr. Handa as and they will share duties as Chief Resident from January 2013 to June 2013. Congratulating to both residents for being chosen by their peers. Good luck in your new leadership roles!

Aghaebulam Uga, MD, PGY-II, and **Trinadha Pilla, MD, PGY-III**, presented their poster "Crainopharyngioma Presenting with Korsakoff Syndrome" at the Association for Medicine and Psychiatry Annual Meeting, September 2011. **Stephen Soltys, MD**, and **David Resch, MD**, were faculty co-authors. Congratulations on your collaboration!

Melanie Zupancic, MD, PGY-V and **Aman Mahajan, MD, PGY-II** published "Leptin as a Neuroactive Agent" in the June 2011 edition of *Psychosomatic Medicine*. Excellent teamwork!

Melanie Zupancic, MD, PGY-V was appointed as a resident member of the Springfield Committee for Research Involvement Human Subjects (SCRIHS), effective July 2011. Thank you for your service.

Melanie Zupancic, MD, PGY-V has been selected as a recipient of the 2011 Association for Academic Psychiatry Fellowship Award. This competitive award values outstanding leadership, education, research, and clinical work in Psychiatry. Congratulations on this achievement!

WELCOME NEW EMPLOYEES

Laura Castelon, BA, Program Services Specialist, Community Support Network

Barbara Daugherty, Office Support Specialist, Adult Psychiatry

Mona Haley, Office Support Specialist, Adult Psychiatry

Michael Jameson, BA, IT Technical Associate.

Shari McGowan, LPN, LPN II, Adult Outpatient

Jami Ryan, Ambulatory Care Aide II, Adult Psychiatry

Matthew Sporrer, BA, Accountant I.

NEWSLETTER SUBMISSIONS

Newsletter Editor: **Kristina Dzara, PhD**

Newsletter Associate Editor: **Anna Wiggins, MS, LCPC**

Let us know about your scholarly achievements! Please submit research or accolades to be included in Psychiatry Research Today to **Kristina Dzara, PhD** at kdzara@siumed.edu.

We are also seeking guest contributors to discuss their current research.

HONORS

Congratulations to **Priscilla Beasley, LPN**, who was honored as the Department of Psychiatry Civil Service Employee of the Year. Thank you for your service - you are appreciated!

Jeffrey Bennett, MD, is the Downstate Councilor of the Illinois Psychiatric Society, the local version of the American Psychiatric Association. The organization lobbies for mental health legislation in Illinois. Thank you for your leadership!

Michelle Blanshan, BBA, transitioned from Office Support Specialist to Medical Education Program Specialist, Adult Psychiatry. Great work!

Trisha Malott, MA, LSCW has become the new Community Support Director, effective January 1, 2011. Congratulations on your new leadership position!

Tabitha Houston, transitioned from Medical Insurance Specialist II to Medical Insurance Specialist IV. Congratulations!

The Encyclopedia of Neuropsychological Disorders, edited by **Chad A. Noggle, PhD**, Raymond S. Dean, PhD, ABPP, ABPN, and Arthur MacNeill Horton, Jr., EdD, ABPP, ABPN, was published in October 2011. SIU contributors include **Haojiang Huang, MD**, **Gaurav Jain, MD, PGY-IV**, and **Sarita Singhal, MD, PGY-III** (Pediatrics), and **Stephen Robinson, MD**. Congratulations to all authors.

Laura Shea, MD, Medicine/Psychiatry, has been elected the 2012 president of the Sangamon County Medical Society. She is also a delegate to the Illinois State Medical Society. Congratulations, and thank you for your service!

Manisha Punwani, MD, served as the moderator for a discussion on "Bridging the gap of Culture," as part of Diversity week. Both **Pravesh Basnet, MD, PGY-III** and **Gaurav Jain, MD, PGY-IV** participated as panel members. Your contributions are appreciated!

TRANSITIONS

Mary Corrigan-Stjern, MA, Program Services Specialist with CSN, has retired after 33 years with SIU. Congratulations!

Best wishes to **Susan Fonfa, PhD**, Visiting Assistant Professor, who has transitioned from SIU.

Karen Lee, MA, has retired as the Director of the Community Support Network, after 23 years with SIU. Best wishes and enjoy!

Tori Lornitis, MA, Ambulatory Care Aide II, transitioned to the Department of Neurology. Good luck!

Debbie Lucas, Office Support Specialist, has taken a position as a Medical Education Program Specialist in the Department of Family and Community Medicine. Best wishes!

Goodbye to **Philip Pan, MD**, Assistant Professor, Division of Adult Psychiatry. Thank you for your service, and good luck!

The mission of the SIU School of Medicine, Department of Psychiatry, is to engage in excellence in psychiatric education and research while providing high quality, effective, state-of-the-art clinical care.

Department Chair: Stephen M. Soltys, MD