Dr. Jeffrey Bennett received a 2013 Medical Innovators Award for development of neuromodulatory treatments for mental disorders, in particular development of the Transcranial Magnetic Stimulation (TMS) Clinic. According to Dr. Bennett, “Transcranial magnetic stimulation is an effective therapy for treatment of resistant major depressive disorder, although its mechanism of action is still being studied. A component of its therapeutic effect on working memory appears to be mediated by its ability to recruit and alter endogenous cortical rhythms, which may be pathological in states of depression. Adjunctive treatment with cognitive behavioral therapy may enable a cognitive bias toward oneself, the environment and the future, which is negative in states of depression, to be realigned to more realistic and positive bias in a more effective fashion than either treatment alone” (Sangamon County Medical Society, 2013). Dr. Bennett is an assistant professor in the Department of Psychiatry and acting director of the Adult Division.

New Residency Program Director

We are pleased to welcome Mujeeb U. Shad, MD, MScS, as an associate professor and residency program director for the department of psychiatry. Dr. Shad comes to us from the University of Texas at Houston, Texas Medical Center, where he studied the neurobiology of self-awareness in schizophrenia through functional neuroimaging, sponsored through an NIMH K23 award. The main findings from this study suggest that in comparison to healthy controls, schizophrenia subjects lack a balance between anterior and posterior cortical regions that are involved in processing self-awareness. These findings may serve as a biomarker in future studies to examine the effects of new treatment strategies on enhancing various aspects of self-awareness, such as illness awareness, empathy and social cognition. Dr. Shad has also worked at the Stanley Center for Early Drug Development at the University of Texas Southwestern Medical School at Dallas; Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine in Pennsylvania; and the University of Kansas. His future research plans are to combine neuroimaging (con’t. on page 2)
and psychopharmacology in schizophrenia using a translational neuroscience approach, which will be feasible after Neuroscience Center project is completed in Springfield. In terms of his capacity as the residency program director, Dr. Shad has already initiated revisions in residency curriculum and seminar schedule in response to suggestions from residents and faculty to optimize residents' educational experience. Currently he is working on initiating his clinical trial using a completely novel augmentation strategy to enhance treatment response during early schizophrenia. This study is sponsored by Stanley Medical Research Institute.

The department held its resident graduation held June 14. Drs. Gaurav Jain, Lokesh Shahani, and Ajay Jeetwani graduated from the residency program. Drs. Aniruddh Behere and Jennifer Hardwick completed the Child Fellowship Program. The following awards were also distributed:

2013 Chi-Squared Awards
Lokesh Shahani, MD
Resident Award
Pamela Campbell, MD
Faculty Award

2013 Catherine Speedie Memorial Award
Sheila Thomas, MD, PGY-3

2013 Trainee of the Year
Kamna Handa, MD

2013 Psychotherapy Achievement Award
Richard Chung, MD

2013 Psychotherapy Mentor Award
Trisha Malott, LCSW

2013 Faculty of the Year Award
Ron Kanwischer, LCPC, CADC

2013 Volunteer Faculty of the Year Award
Terry Killian, MD

Awards for scoring in the 90th Percentile on the Psychiatry Residency In-Training Exam

Global Psychiatry: Aniruddh Behere, MD Abigail Buoy, MD
Global Neurology: Abigail Buoy, MD Gaurav Jain, MD
Ajay Jeetwani, MD Chrystal Joseph, MD Trinadha Pilla, MD

Previous Chi-Squared Award recipients include:
2012-Melanie Rylander, MD (Resident Award)
2012-Jeffrey Bennett, MD (Faculty Award)
2011-Gaurav Jain, MD (Resident Award)
2011-Kristina Dzara, PhD (Faculty Award)
2010-Rajeev Kandukuri, MD (Resident Award)
2010-Chad Noggle, PhD (Faculty Award)

Previous Catherine Speedie Memorial Award recipients include:
2012-Pravesh Basnet, MD 2010-Mir Nadeem Mazhar, MD
2009-Sarah Maudlin, MD 2008-Nancy Graves, MD
2007-Ani Annamalai, MD
Resident Graduation and Awards (con’t.)

Previous Faculty of the Year Award recipients include:

2012 - Sandra Vicari, PhD
2011 - Manisha Punwani, MD
2010 - Stephen Robinson, MD
2009 - James Black, MD, PhD
2008 - Jeffrey Bennett, MD
2007 - James Black, MD, PhD
2006 - David Decker, MD
2005 - Philip Pan, MD
2004 - David Resch, MD
2003 - Redenter Galang, MD
2002 - Robert Pary, MD
2001 - Kimberly Espy, PhD
2000 - David Decker, MD

Resident Accolades

Dr. Pravesh Deotale, PGY-3 won the Best Poster Award at the 2013 Resident Education Retreat. The poster title: “Medical-Surgical Emergencies on Psychiatric Inpatient Units: Retrospective Chart Analysis for Early Indicators”

Dr. Shreedhar Kulkarni, PGY-3, has been selected to serve on the Graduate Medical Education Committee (GMEC) for SIU SOM,

Quality Improvement Curriculum Steering Committee for Internal Medicine, and the House Staff Board of Directors representing Medicine-Psychiatry (2013-2015).

Drs. T. Pilla, M. Pilla, A. Uga, Broquet, and Bennett won First Place for their poster presented at the 4th Annual Teaching and Learning Symposium. The poster title: “Using a Poverty Simulation Experience to Promote Empathy and Understanding of Poverty Among Physicians-in-Training.”

Dr. Sheila Thomas has been elected as the Chief Resident for 2013-2014.

CONGRATULATIONS

To the Child Division, which received a 10-year accreditation from the ACGME. The next site visit will be 2023!

FACULTY AND STAFF ACCOLADES

The General Psychiatry Residency Program received five-year accreditation from the ACGME.

Dr. Jeffrey Bennett was elected to the SIU SOM Education Policy Committee effective 7/1/13, and will serve a two-year term as Secretary of the Illinois Psychiatric Society.

Stacy Lee has been accepted into the Doctorate of Public Administration program at UIS.

Rebecca Loschen passed her comprehensive exams and is now ABD in the Educational Leadership doctoral program at Keiser University.

Dr. Ayame Takahashi passed the American Board of Addiction Medicine (ABAM) board certification exam.

The following employees were recognized at the Employee Recognition Luncheon for their years of service to SIU-SOM: Dr. Jeffrey Bennett, Kandace Freeman, Jill Koester, Christina Moos, Barbara Nelson, and Suzanne Robertson.

In addition, the following employees received Caught in the Act Awards for exemplary service to the department: Dawn Crowhurst, Dawn Fifer, Shari McGowan, Peggy Ostermeier, Matt Sporrer, and Chris Viola.
**PSYCHIATRY IN THE NEWS**

Dr. Jeffrey Bennett was interviewed by Farm World (farmworldonline.com) for an article about telepsychiatry for rural dwellers suffering from depression (3/27/13).

Dr. Ayame Takashi was quoted in a news story about children’s anxiety on WTAG radio (3/4/13).

Dr. Stephen Solty and Trisha Malott were quoted in an article about Hope Springs and the Community Support Network by the *Illinois Times* (2/21/13).

Dr. Jeffrey Bennett was interviewed for a radio news story about depression by Ruth Slottag (2/13/13) for distribution to radio stations in Illinois via the Illinois Information Service (IIS).

Dr. Robert Chiola was quoted in an interview about self-bondage on the Metro News Network and State Journal-Register (1/22/13).

Jeanne Hansen was quoted in a radio news story about keeping New Year’s resolutions, distributed to radio stations throughout Illinois (1/1/13).

**Illinois College Interns**

The Department of Psychiatry is hosting two college interns from the Explorer Program at Illinois College in Jacksonville, Kristi Price and Renee Price. Ms. Kristi Price hails from Dawson, IL, and is a Junior. Her research project at SIU involves looking at school shooting incidents in which the shooter committed suicide after possibly also killing others in a mass homicide. The research will include determining other factors that may have played a role in the shooter's decision to commit mass murder and/or suicide, whether there was a history of mental illness, and the factors the shooting incidents have in common. Ms. Renee Price comes from Springfield, IL, and is also a Junior. Her current research project involves mental illness in perpetrators of school shootings, which is a collaborative project with Dr. Jan Hill-Jordan and Dr. Ayame Takahashi. She also has an upcoming project at IC on the effects of stigmatized language on the efforts of illness prevention.

**We Welcome New Residents!**

**Categorical Psychiatry**
Asha Dusad, MD, Gandhi Medical College, India
Mohsin Khan, MD, Medical University of Lodz, Poland
Kiran Munir, MD, Frontier Medical College, Pakistan
Keisha Powell, SIU SOM, Springfield, IL

**Medicine-Psychiatry Program**
Nicholas Ahn, Michigan State University
College of Human Medicine
Kristin Lee, Kansas City University of Medicine and Biosciences

**Child Division Fellowship Program**
Kamna Handa, MD, SIU Department of Psychiatry
Aman Mahajan, MD, SIU Department of Psychiatry

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**Newsletter Editor**

Editor: Janice Hill-Jordan, PhD

*Let us know about your scholarly achievements! Please submit research or accolades to be included in Psychiatry Research Today to the editor at jhill2@siumed.edu. We are also seeking guest contributors to write brief summaries about their current research or other activities.*
Publications


Presentations


### Posters


Palumbo A (former Illinois College intern), Bennett J. Characteristics and associated medical and behavioral care indices of adults with intellectual disabilities residing at a state operated intermediate care facility who are diagnosed with Pica. American Neuropsychiatric Association Annual Meeting (Boston, April 2013).


**Shahani L.** Discrepancies between depression and anxiety on a computer-based task of verbal memory. 24th Annual Meeting of the American Neuropsychiatric Association (Boston, April 2013).

**Shahani L.** Schizophrenia and cognitive enhancement. 24th Annual Meeting of the American Neuropsychiatric Association (Boston, April 2013).

### Other Publications


Fraser I, **Pilla T.** Jakoby M. (abs). An unusual case of low output heart failure as the initial presentation of hyperthyroidism. American College of Physicians Annual Meeting (San Francisco, CA, April 2013).


The mission of the SIU School of Medicine, Department of Psychiatry is to engage in excellence in psychiatric education and research while providing high quality, effective, state-of-the-art clinical care.

Department chair: Stephen M. Soltys, MD