



Welcome to InsideOut Coaching

At the *InsideOut Coaching* workshops, you will learn simple yet powerful concepts and practices to help you acquire and improve coaching skills that lead to enhanced performance.

Enhanced performance is not about working harder, nor is it about gaining more knowledge. It's about working smarter—transforming what you already know into action. Effective coaching paves the way.

Through *InsideOut Coaching*, you will learn to use a simple coaching process that:

- Activates fundamental coaching strategies that can be applied broadly across specific individuals and situations
- Treats others with respect and dignity
- Increases engagement and performance among employees and learners

You will have an opportunity to apply *InsideOut Coaching* to real issues you're currently facing and would like to resolve.

- SIU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The SIU School of Medicine designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- The course is also accredited by the International Coaching Federation; and as such, you will receive a certificate of completion.
- The non-refundable registration fee of \$275 covers purchase of the *InsideOut* participant guide and other learning materials. If there is a cancellation, substitutions are allowed.
- To register for any one of the sessions, contact Jenn Coyle in the Office of Continuing Professional Development at jcoyle@siumed.edu or call 545-0928.

UPCOMING SESSIONS

October 20, 2017

June 1, 2018

**For more information, contact the
Office of Continuing Professional Development at 545-7711.**