MINUTES
Alumni Society Board of Governors
November 4, 2019
Dirksen Conference Room
801 N. Rutledge
Springfield, IL

Milton Armstrong, MD
Rik Austin, MD
Careyana Brenham, MD
Elizabeth Cavanagh, MD
Mary Jo Davies
Wendi El-Amin, MD
Lisa Fowler
David Goldberg, MD
Aaron Hancock, Class of 2020
Michael Honan, MD
Breck Jones, MD
Nedra Joyner, MD
Robert Juranek, MD

Jerry Kruse, MD, MSPH
Kate Moore
Steve Raben, MD
Susan Reeder, MD
Julie Robbs
Mark Schmelzel, MD
Hal Smith
Gabriella Tison, Class 2023
Elek Wellman, Class of 2022
Tabatha Wells, MD
Lisa Wichterman, MD
Michael Williamson, MD
Matt Winkleman, MD

Absent:
Erik Constance, MD
Robert Farmer, MD
Jacqueline Harris, MD
Joyce Miller, MD
Rukmini Roy, Class of 2021

Guests:
Sue Hingle, MD
Christine Todd, MD

1. CALL TO ORDER AND WELCOME
Prior to the start of the meeting, the Board of Governors enjoyed a tour of the newly dedicated Bohn-Nielsen Lobby.

Dr. Cavanagh called the meeting to order at 6:45 pm and thanked everyone for attending. Introductions were made.

2. cHOP PRESENTATION
Drs. Susan Hingle and Christine Todd presented on the Center for Human and Organizational Potential (cHOP). Discussion topics included the various ways cHOP hopes to connect with staff, physicians and medical students.
1. Leadership and Excellence: book clubs, medical student interest group, leadership electives and others.
2. Professional Development: chOP conversation series, med ed series, coaching and others.
3. Wellness Highlights include: BALINT Group Training, Wellness pop-ups, learning and non-learning communities.
4. Collaborations include: content, internal and community.

After their presentation, Drs. Hingle and Todd opened discussion for any comments or questions. Dr. Hingle responded that it’s all about partnerships within the system and WebEX may be a tool for outreach to alumni. Dr. Winkleman commented he was pleased to hear similar goals.

3. APPROVAL OF THE MINUTES
Minutes were approved as submitted.

4. PHYSICIAN WELLNESS COMMITTEE
Dr. Wichterman reported on the Physician Wellness Committee that met via conference call on October 9, 2019. Members present were: herself, Drs. Cavanagh, Winkleman, Brenham, Dr. Sharon Hull ’87, Ms. Robbs and Ms. Davies. Topics discussed included physician burnout, caring for patients can cause depression, Physician Wellness Index, piloting lunch or dinner events where there are alumni willing to host and raise discussion points; alumni serving as a resource for fellow alumni; alumni serving as mentors for the students they host for dinner in Springfield or Carbondale.

The committee will meet again soon to discuss the alumni responses from Dr. Wichterman’s letter inquiring of their interest, to develop the alumni physician wellness website, and to discuss coordination with chOP in the future.

5. DEAN’S UPDATE
Dr. Kruse provided the following updates:
- 2,800 staff members, 900 learners and 6,000 MD/Resident/Fellow grads
- There are 8 medical student openings in the new Lincoln Scholars program to start in Carbondale in 2020.
- New departments: ENT and Emergency Medicine
- New leadership appointments: John Horvat, Finance & Admin; Alan Nerone, Facilities & Finance; Mary Stewart, SIU Healthcare; Teresa Smith, Human Resources; Laura Kessel, Telehealth; Jeff Franklin, Center for Rural Health and Social Service Development
- Aspire Award – one of 2 medical schools to receive 5 awards
- Dr. Karen Broquet ’84 received the Parker J. Palmer Courage to Teach Award.
- Current SIU System searches will be occurring for: President, SIU-C Chancellor, and Provost
- SIU System is #1 in Rural Health and the provider area includes Metro East.
- SIU SOM 50th Anniversary celebration will occur in 2020.
- Currently developing new SIU SOM and SIU Medicine Websites and the new Intranet will be launching in 2020
  - Video Campaign featuring Dr. Neumeister will be shown during Super Bowl.
- Strategic Plans
  - Futures Strategy group
  - Strategic Plan 2020-2025
  - Envision 2035-2040
6. **OFFICE OF STUDENT AFFAIRS**

Dr. Constance was unable to attend the meeting.

7. **NOMINATING COMMITTEE REPORT**

Dr. Winkleman reported there were 27 potential alumni nominees for the BOG vacancies. The committee met September 23, 2019. Others serving on the committee were Drs. Cavanagh, Farmer, Joyner, Reeder, and Williamson. The following seven candidates were all recommended for appointments to the BOG to begin in the spring 2020: Elizabeth Montgomery Collins ‘96, Jason Gillihan ‘06, Austin Beason ‘17, Sean Hollonbeck ‘97, David Skillrud ‘79, Jesse Hsieh ‘86 and Christine Todd ‘93. All appointments are for two terms except for Gillihan and Beason whose terms are one term to replace outgoing members who served one term. Ms. Robbs will welcome and notify the new members and also those who weren’t selected in anticipation that we can keep them on the list for the next cycle.

The following officer slate was presented to the board: Dr. Winkleman, president, Dr. Austin, vice president, Dr. Wichterman, treasurer and Dr. Reeder, secretary. After consideration, the officer slate was approved.

8. **2020 DISTINGUISHED ALUMNI**

Dr. Cavanagh reported the Distinguished Alumni Committee met via conference call on October 2, 2019, to discuss the nominations for the 2020 Distinguished Alumni Award. Committee members are: Drs. Cavanagh, Winkleman, Brenham, Harris, Jones, Schmelzel, and Juranek. After deliberation, the Board approved Dr. Erik Constance ‘88 to receive the 2020 Distinguished Alumnus award.

Discussion continued as to whether resident alumni can be nominated and selected to receive the Distinguished Alumni Award. Ms. Robbs clarified that resident alumni are part of the Alumni Society if they complete residency at the SIU School of Medicine. It was suggested to develop a different award to include resident alumni since many spend the same time or more at SIU SOM. Ms. Robbs added that she will provide updated research on various medical school alumni reward programs to the Executive Committee for discussion.

9. **FOUNDATION UPDATE & ACTIVITIES**

Mr. Smith presented briefly on the recent activities of the Foundation office. Highlights include:

- A successful Denim and Diamonds event
- Dr. Michael Williamson’s appeal letter to his class reaped rewards
- 50th Anniversary Women’s Power Lunch event on April 4, 2020 includes Dr. Sandra Lee aka “The Pimple Popper,” an SIU SOM Resident Alumna
- 50 funds for 50
- With the launch of new website, online giving will be easier
- Funding needed for classrooms, facilities, research
- Meeting with residents to introduce themselves
- Distributed folders to each member with current giving information which included 2019 Alumni Giving Report, campaign update for SIU School of Medicine, Save the Date notice for SIU Day of Giving on March 4, 2020, and a giving envelope
10. SIU CARBONDALE FOUNDATION
Dr. Williamson updated the BOG on the activities of the SIU Foundation in Carbondale. He encouraged other members to write a letter to their classmates encouraging them to give back to the School of Medicine similar to what he did with his class.

11. ALUMNI ACTIVITIES
Ms. Robbs reported on the recent activities from the Alumni Affairs Office. Following are highlights:
- Ms. Robbs introduced Kate Moore, Program Coordinator, who started upon Cris Milliken’s retirement in June.
- The MD Alumni Report will be available soon. The full report will be divided by current specialties, current professional status, primary care, gender, and the number of those practicing in Illinois and the remainder of the country.
- The Peoria alumni event will be November 14, 2019, and all members of the BOG are invited.
- The HOST program is being heavily utilized this fall with 20 requests to date. Alumni responses have been terrific.
- At the request of fourth year representative, Aaron Hancock, the padfolios usually given as a gift from the Alumni Society at graduation, were made available so that students could use them for interviews. There has been a terrific response! The Alumni Affairs Office will select another gift for graduation.
- Fifty alumni will be highlighted on the 50th Anniversary website. Five alumni will be featured each time in the next three issues of Aspects magazine. Marketing & Communication will develop the webpage. Ms. Robbs worked with a committee of alumni to select the 50 alumni and each alum will be contacted.

12. RECOGNITIONS
Certificates and plaques were presented to outgoing BOG members: Cavanagh, Armstrong, Williamson, Farmer, Goldberg, Webb, and Joyner. They were thanks for their years of service on the Board.

13. STUDENT RESOURCE FUND
Dr. Joyner reviewed the current financials for the Student Resource Fund and commented that a new microwave had just been purchased for $188.93 for the Medical Student Lounge with the committee’s approval.

14. OTHER BUSINESS/ANNOUNCEMENTS
Happy Thanksgiving wishes were shared with all.

15. ADJOURNMENT
There being no further business, the meeting was adjourned at 8:40 pm.