If you or your co-workers would like to donate Food or Put together a Food Basket for our low income patients, it would be greatly appreciated.

Many of our SIU Departments set out Donation Boxes to help with this Blessing to those in need.

Monetary donations are accepted as well. You can donate directly to Foundation Office: Please make checks payable to: SIU Foundation / FCM Food Pantry Patient Fund #107268
(The Foundation charges 6% for each donation received to the Foundation Account)

We accept Cash Donations as well. If you would like a Receipt for Tax Purposes or have any questions, please contact Jeannette Waters at (217)747-0802.

Thanks for everyone’s support!

- Turkey or Ham
- Instant Potatoes
- Gravy
- Scalloped Potatoes (box)
- Rolls /Bread/ Muffins
- Cornbread Mixes or Bagels
- Vegetables (Canned or Fresh)
- Noodles
- Pasta Dinners (box or bag)
- Rice (Sides)
- Stuffing (box or bag)
- Chicken / Beef / Vegetable Broths
- Milk (powdered or canned)
- Fruit (canned, fresh or fruit cups)

- Jelly
- Peanut Butter
- Cereals (low sugar) (hot or cold)
- 100% fruit juices
- Boxed Puddings
- Cake or Brownie mixes / Icing
- Cookies or other Treats or Desserts
- Salad Dressings
- Flour, Sugar, Spices
- Hot cocoa mixes
- Crackers or Goldfish