

Milestones Ready or not....Here they come! SIU SOM March 6, 2013



A Word of Thanks

- Donald Brady
- Susan Guralnick
- Justin Held
- Eric Holmboe
- Tom Nasca
- John Mellinger
- Julie Rhodes

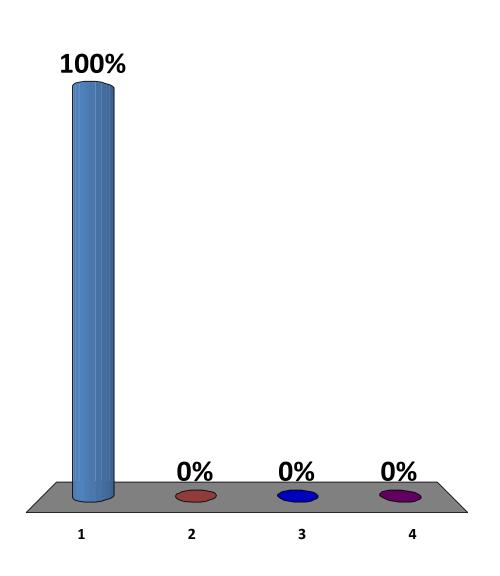
- Jennifer Rodgers
- Hilary Sanfey
- Debi Santini
- Andy Varney
- Eric Warm
- Every RRC member, program director, fellow DIO and GME leader who let us shamelessly borrow their great ideas

Objectives Participants will be able to.....

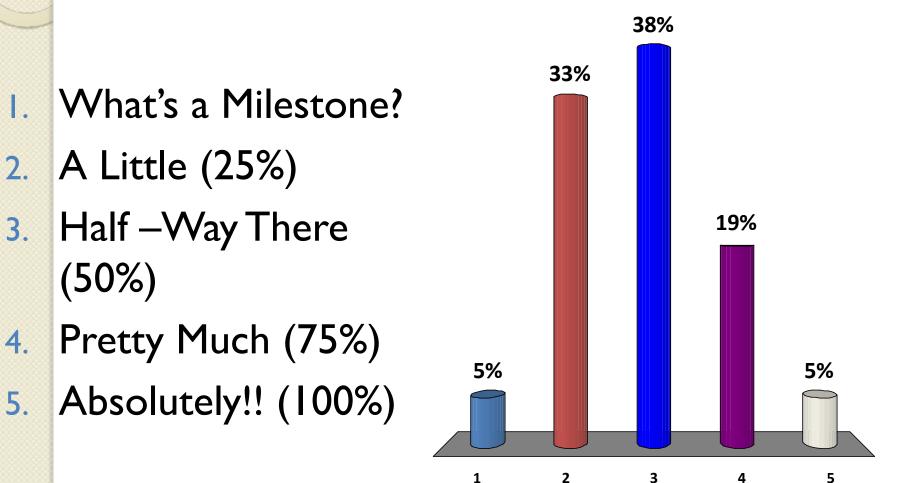
- Define Milestone, Entrustable Professional Activity and Competency Based Assessment
- Regurgitate current (today) and short-term (18 months) ACGME Milestone-related expectations
- Share collective Angst and Wisdom
- Determine next steps for faculty development

My Favorite Color is....

- I. Blue 2. Red
- Puce
 I Can't Work This Thing



My program is well-prepared for ACGME Milestone Reporting



Definitions and Background....

• Competence:

- An observable ability of a Health Professional, integrating multiple components, such as knowledge, skills, values. (International CBME Collaborators)
- The ability to do something successfully
- A quality
- An adjective
- Can have multiple domains

Entrustable Professional Activities

- An activity is something you can <u>observe</u> a noun
- A unit of work that should only be entrusted upon a competent enough professional (ten Cate, 2007)
- May be awarded...qualification at the moment when supervisors confirm that the trainee is ready to assume responsibility for such activities. Entrustment can occur formally or informally.
- An event/outcome that marks a turning point or stage in training that is often manifest through a trainee being granted increased level of autonomy, responsibility or decision-making capacity. (*Varney*)

Chart 1 The Two-Dimensional Matrix Relationship Between Entrustable Professional Activities (EPAs) and General Competencies*

		EPAs						
		Care of uncomplicated pregnancies	Normal delivery	Uncomplicated puerperium and neonate	The high risk complicated delivery	Perioperative care	Surgery estimated as low risk	
	The ability to provide adequate patient care	•	•	•	•	•	•	is not inferred
+2	The possession and ability to apply medical knowledge	•	•		•	•	•	encies is : nce is inf EPAs,
competencies [↑]	The ability to learn from clinical practice and to improve it				•	•		of competencies their presence is sufficient EPAs.
ACGME con	The possession and ability to apply interpersonal and communication skills		•		•	•		
ACC	The ability and commitment to carry out professional responsibilities	•		•		•		The overall assessment actually done. In stead, from the assessment of
	The awareness of and ability to operate optimally within the context, system, and resources of health care				•		•	The over actually from the

EPAs are the focus of assessment, by observation, ratings or otherwise

 EPAs for obstetrics-gynecology and Accreditation Council for Graduate Medical Education (ACGME) competencies are used as examples.

* The terminology is slightly adapted, to abide by a consequent use of competency terminology as the ability of a professional.

EPA: Capable in the ICU Setting

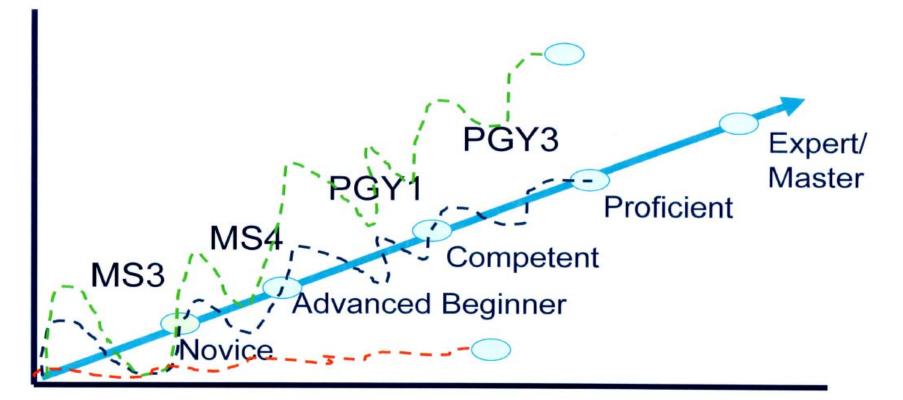
- Run Code
- Use order sets
- Effective in Transitions of Care
- Lead an interdisciplinary team
- Run a family meeting



Milestones ACGME NAS FAQs December 2012

- Observable developmental steps that describe a trajectory of progress on the competencies from novice (entering resident) to proficient (graduating resident) and, ultimately, to expert.
- They articulate shared understanding of expectations, set aspirational goals of excellence, provide a framework for discussions across the continuum and track educational outcomes

Dreyfus & Dreyfus Development Model



Time, Practice, Experience

Dreyfus SE and Dreyfus HL. A 1980 Carraccio CL et al. Acad Med 2008;83:761-7



Eric Holmboe, 2013 ACGME Meeting

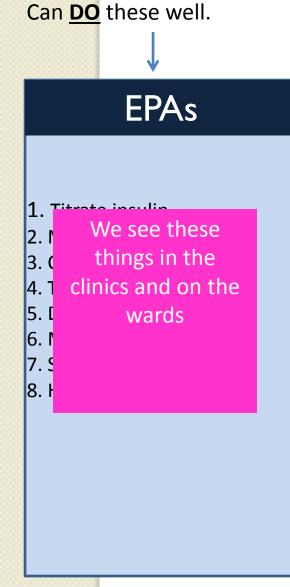


Milestones are a measure of Development

• Think Denver or Bailey

 Consistency, habits and skills are demonstrated in multiple contexts and settings over time

The Good Resident



Competencies

1. Patient Care

- 2. Yet we measure
- 3. learners with these.
- 4. 5.
- 6.

n these.

PC B2	MK A6	PBLI B1	ICS A6	PFB2	SBP B3
PC B3	MK A7	PBLI B2	ICS A7	PFB3	SBP B4
PC B4	MK A8	PBLI B3	ICS A8	PFB4	SBP C1
PC C1	MK A9	PBLI C1	ICS B1	PFC1	SBP C2
PC C2	MK B1	PBLI C2	ICS B2	PFC2	SBP C3
PCC3	MK B2	PBLI C3	ICS B3	PFD1	SBP C4
PC C4	MK B3	PBLI C4	ICS C1	PFD2	SBP C5
PC D1		PBLI D1	ICS C2	PFE1	SBP C6
PC E1		PBLI D2	ICS D1	PFE2	SBP D1
PC E2		PBLI D3	ICS D2	PFE3	SBP D2
PC F1		PBLI D4	ICS D3	PFF1	SBP D3
PC F2		PBLI E1	ICS E1	PFF2	SBP D4
PC F3		PBLI E2	ICS E2	PFF3	SBP E1
PC F4		PBLI E3	ICS E3	PFF4	SBP E2
PC F5		PBLI E4	ICS F1	PFF5	SBP E3
PC F6		PBLI F1	ICS F2	PFF6	SBP E4
PC F7		PBLI F2		PFF7	
PC F8		PBLI F3		PFG1	
PC F9		PBLI F4		PFG2	
PC F10		PBLI G1		PFH1	
PC G1		PBLI G2		PF11	
PC G2		PBLI H1		PF12	
		PBLI H2		PFJ1	
		PBLI H3		PFJ2	
				PFK1	
				PFK2	
				PFK3	

Milestones

PBLIA1 ICS A1 PFA1

PBLI A2 ICS A2 PF A2

PBLI A3 ICS A3 PF A3

PBLI A4 ICS A4 PF A4

PBLI A5 ICS A5 PF B1

SBP A1

SBP A2

SBP A3

SBP B1

SBP B2

PCA1 MKA1

MK A 2

MK A3

MK A4

MK A 5

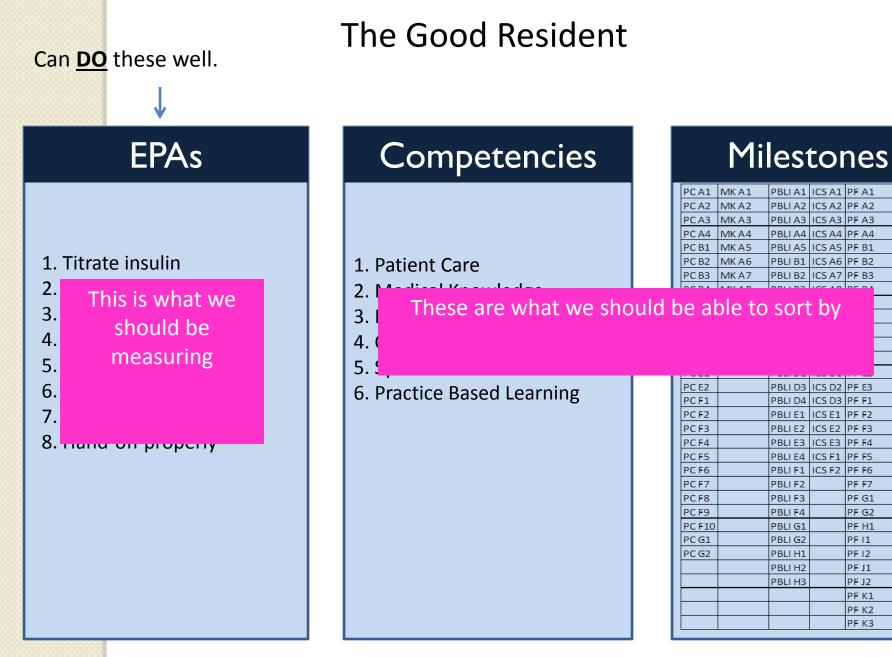
PC A2

PC A3

PC A4

PC B1

Courtesy of Eric Warm, MD University of Cincinnati



Courtesy of Eric Warm, MD **University of Cincinnati**

SBP A1

SBP A2

SBP A3

SBP B1

SBP B2

SBP B3

SBP B4

SBP C1

SBP C2

SBP C3

SBP C4

SBP C5

SBP C6

SBP D1

SBP D2

SBP D3

SBP D4

SBP E1

SBP E2

SBP E3

SBP E4

PF F7

PF G1

PF G2

PF H1

PF I1

PF 12

PF J1

PF J2 PF K1 PF K2 PF K3

The Struggling Resident

<u>CANNOT</u> <u>DO</u> these things well.

 \mathbf{J}

EPAs	Competencies	Milestones
 Titrate insulin This is what we see (them struggle with 1 1 5. [6. Manage a team 7. Share decision making 8. Hand-off properly 	3.	PC A1 MK A1 PBLI A1 ICS A1 PF A1 SBP A1 PC A2 MK A2 PBLI A2 ICS A2 PF A2 SBP A2 PC A3 MK A3 PBLI A3 ICS A3 PF A3 SBP A3 PC A4 MK A4 PBLI A4 ICS A4 PF A4 SBP B1 PC B1 MK A5 PBLI A5 ICS A5 PF B1 SBP B2 PC B2 MK A6 PBLI B1 ICS A6 PF B2 SBP B3 PC B2 MK A6 PBLI B1 ICS A6 PF B2 SBP B3 PC B2 MK A6 PBLI B1 ICS A6 PF B2 SBP B3 PC B2 MK A6 PBLI B1 ICS A6 PF B2 SBP B3 PC B3 PBLB1B1 ICS B1 PF F1 SBP D3 PC F2 PBLI E1 ICS E1 PF F2 SBP D4 PC F3 PBLI E2 ICS E2 PF F3 SBP E3 PC F4 PBLI E3 ICS E3 PF F4 SBP E3 PC F5 <td< th=""></td<>

Courtesy of Eric Warm, MD **University of Cincinnati**



Milestone Differences

- Reporting Milestones are qualitative (better or worse) descriptions of a larger behavior
- Curricular Milestones are behaviors without pre-assigned qualitative measurement





Curricular Milestones

Can Put On Helmet

Feet Reach Pedals

Can Balance

Can Forward Propel

Can Brake

Can Beep

Horn

EPAs

Rides in

Driveway

Rides on

Sidewalk

Rides on

Rides in

on time

Rides in Triathlon

Traffic

Quiet Street

Rides to Work

Subcompetency

Reporting Milestones

Rides Bicycle Safely Falls off Bike

Rides 2 miles Without Stopping

Rides on Quiet Road

Rides in Rush Hour Traffic

Rides Tour de France

Held and Warm, 2013 ACGME Meeting

Ingredients

Learning Activities **Clinical Experiences Knowledge Tests Rotation Evals EPA** Attainment Curricular Milestones Portfolio Products 360 degree evals Patient Satisfaction data Case logs Mini CEXs **OSCEs** Peer Evals Simulations **Chart Stimulated Recalls**

Steps

- 1. Mix all assessment ingredients together
- 2. Add a generous amount of direct observations
- 3. Season with the shared wisdom and judgement of a Clinical Competence Committee
- 4. Transfer one half to promotions decisions and one half to an ungreased WebADs Milestones reporting form

Milestones a la NAS

Better Ingredients... Better Milestones!



ACGME Milestones...

Milestones Benefits

- Provide the learner with a clear path of progression
 - There are no surprises
- Allow for rich formative feedback. Learners know where they are and where they need to go
- Define specific behaviors that can focus assessment



Milestone Challenges

- Utilize the milestones to develop meaningful assessment and evaluation.
 - Generate data that enables attestation of desired competence.
 - What the government, public and the profession trust physicians are capable of doing
- Evolve the milestones to be more manageable that allows attestation of competence in desired outcomes.



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7 Early Adopter RRCs

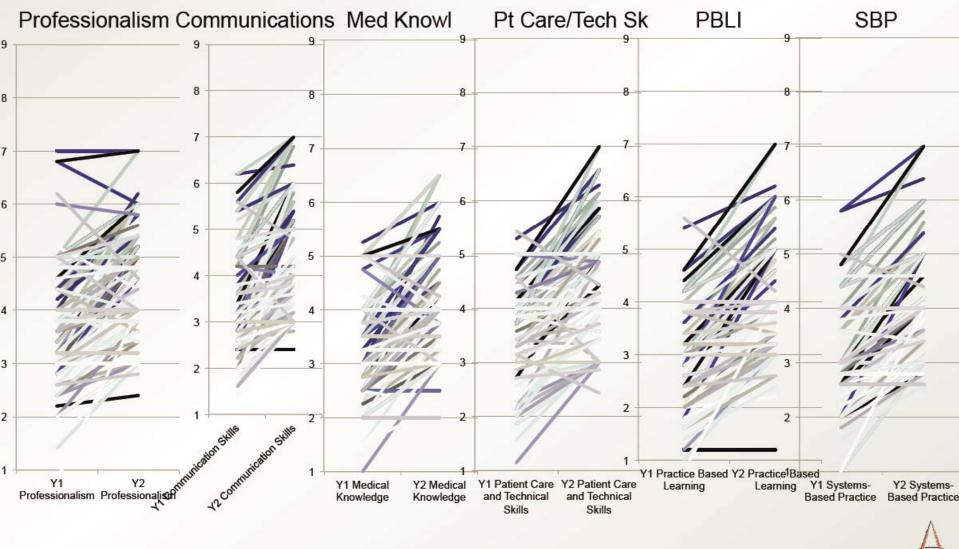
- Diagnostic Radiology
- Emergency Medicine
- Internal Medicine
- Neurologic Surgery
- Orthopedic Surgery
- Pediatrics
- Urology

Timetable and Logistics....

Phase I programs will submit initial milestone data in Dec 2013 and June 2014

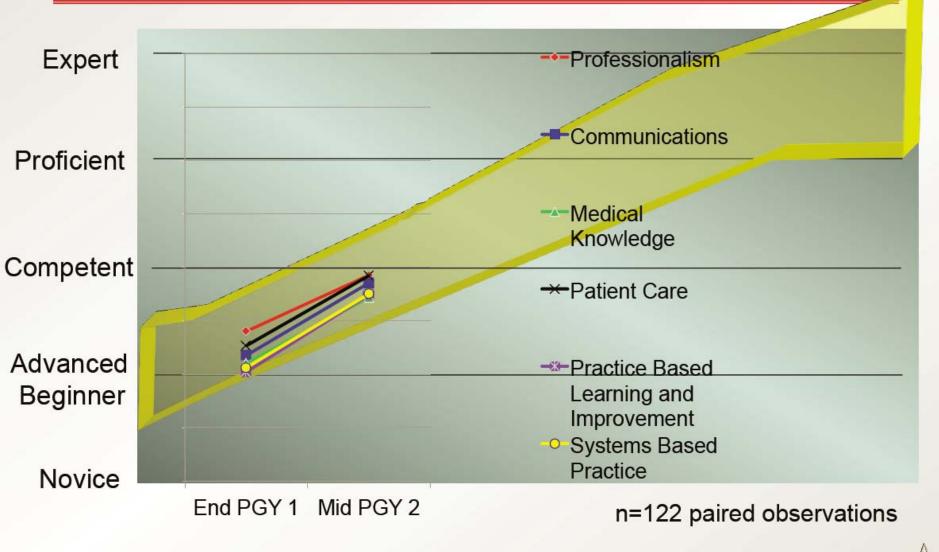
- All other core programs will begin submitting December 2014
- Subspecialty milestone development will begin July 2013
- Validity of milestones has yet to be established work in progress!
- Reportable milestones will be set by RRCs
 Programs may have additional curricular milestones
- Milestone data will be submitted via web ADs de-identified -RRC will see only aggregate data for program

Singapore Milestone Data, End of PGY 1 to Mid Year PGY 2 All Specialties (n=122, 100%)





Singapore End of PGY-1, Mid PGY-2 Year Evaluation, Overall Rating of Six Competencies across All Specialties



Increase the Accreditation Emphasis on Educational Outcomes

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Reporting Template

Milestone of Competency Development								
Level 1	Level 2	Level 3	Level 4	Level 5				
Entry – Baseline, expected level at time of entry into residency	Mid-Program - Developmental levels of performance Offers road map and assurance that residents are attaining appropriate educational goals	Mid-Program - Developmental levels of performance Offers road map and assurance that residents are attaining appropriate educational goals	Graduation –	Stretch Goals – * Exceeds expectations				
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Comments:	Comments:							
				ACCME				

Critical Deficiencies			Ready for unsupervised practice	Aspirational
interactions, inter documentation, docu research, or and scholarly activity Req profe Refuses to be accountable for Has personal actions of et polic Does not adhere to and	nest in clinical ractions, umentation, research, scholarly activity. quires oversight for fessional actions a basic understanding thical principles, formal cies and procedures, does not intentionally egard them	Honest and forthright in clinical interactions documentations, research, and scholarly activity Demonstrates accountability for the care of patients Adheres to ethical principles for documentation, follows formal policies and procedures, acknowledges and limits conflict of interest, and upholds ethical expectations of research and scholarly activity	Demonstrates integrity, Honesty, and accountability to patients, society and the profession Actively manages challenging ethical dilemmas and conflicts of interest Identifies and responds appropriately to lapses of professional conduct among peer group	Assists others in adhering to ethical principles and behaviors including integrity, honesty, and professional responsibility Role models integrity, honesty, accountability and professional conduct in all aspects of professional life Regularly reflects on personal professional Conduct

 Comments:



Wide Variability Among RRCs

- Radiology 12 Milestones
- Patient Care :
- I. Consultant
- 2. Competence in procedures

- Internal Medicine -
 - 22 Reporting Milestones
 - 142 curricular Milestones
- Patient Care:
- Gathers and synthesizes essential and accurate information to define each patient's clinical problem(s).
- 2. Develops and achieves comprehensive management plan for each patient.
- 3. Manages patients with progressive responsibility and independence.
- 4. Skill in performing procedures.
- 5. Requests and provides consultative care.



IPS and C – 7 Early Adopter RRCs

Donald Brady, Vanderbilt

Pediatrics	Emergency Medicine	Radiology	Urology	Medicine	Neurosurgery	Orthopedics
			Communicates effectively with			
			patients and families with diverse			
	(PT-centered Communication)		socioeconomic and cultural			
Communicate effectively with	Demonstrates interpersonal and		backgrounds (medical interviewing			
patients, families, and the	communication skills that result	Effective	(also PC), counseling and education	Communicates	Relational -	
public, as appropriate, across a	in the effective exchange of	communication with	(also PC), hospitalization updates,	effectively with	Interpersonal and	
broad range of socioeconomic	information and collaboration	patients, families, and	delivers bad news, informs about	patients and	Communication	
and cultural backgrounds	with patients and their families	caregivers	medical error).	caregivers.	Skills	Communication
				Communicates		
			Communicates effectively with	effectively in		
Demonstrate the insight and	(Team management) Leads		physicians, other health	interprofessional		Teamwork (e.g.,
understanding into emotion and			professionals, and health-related	teams (e.g., peers,		physician, nursing and
	ensuring effective	2 CONTRACTOR AND A CONTRACTOR AND		consultants, nursing,		allied health care
that allows one to appropriately		communication with	referral (written and oral),	ancillary professionals		providers,
develop and manage human	respect among members of the		consultations (written and oral),	and other support		administrative and
interactions	team	health care team	medical records.	personnel).	Technology - ICS	research staff)
			Communicates effectively during	Appropriate utilization		
			care transitions and consultations	and completion of		
			with fellow residents.	health records.		
			Works effectively as a member or			
			leader of a health care team or other			
			professional group (Also see SBP3):			
			OR team, clinical team (office,			
			inpatients, or outpatient/clinic),			
			professional work groups and			
			committees (e.g., quality			
			improvement, research).			
			Effectively counsels, educates, and			
			obtains informed consent (See PC).			



Professionalism – 7 Early Adoptor RRCs

Donald Brady, Vanderbilt

Pediatrics	Emergency Medicine	Radiology	Urology	Medicine	Neurosurgery	Orthopedics
	Demonstrates			Has professional		Compassion, integrity, and respect
	compassion, integrity,			and respectful		for others as well as sensitivity and
Humanism, compassion,	and respect for others as			interactions with		responsiveness to diverse
integrity, and respect for	well as adherence to the			patients, caregivers,		populations Knowledge about
others; based on the	ethical principles relevant		Demonstrates compassion,	and members of the		respect of and adherence to the
characteristic of an	to the practice of		integrity, and respect for	interprofessional		ethical principles relevant to the
	medicine		others.	team	Compassion	practice of medicine
						Accountability to patients, society,
A sense of duty and	Demonstrates			Accepts		and the profession; personal
accountability to	accountability to		Demonstrates	responsibility and		responsibility to maintain
patients, society, and the	patients, society,		accountability to patients,	follows through on		emotional, physical, and mental
profession	profession, and self		society, and the profession.	tasks.	Accountability	health
			A. 1. 1997年1月1日日1月1日			
Truckurathinger that						
Trustworthiness that						
makes colleagues feel secure when one is			Demonstrates	Responds to each		
responsible for the care			responsiveness to patient	patient's unique		
of patients			needs that supersedes self-	characteristics and		
or patients			interest.	needs.		
High standards of ethical				Exhibits integrity		
behavior maintaining			Demonstrates sensitivity	and ethical behavior		
appropriate professional		Professional values and	and responsiveness to	in professional		
boundaries		ethics	diverse populations	conduct.		
Self-awareness that		Clines	Demonstrates respect for	conduct.		
leads to appropriate help-			patient privacy and			
seeking behaviors			autonomy.		-	
The capacity to accept	н. Н					
that ambiguity is part of						
clinical medicine and to						
recognize the need for						
and to utilize appropriate						
resources in dealing with						
uncertainty						

Clinical Competence Committee

- Each program is expected to have a CCC by June 2013
- CCC members should include core faculty who can observe and evaluate residents. May include other members
- Common model: *I* or 2 faculty review all evals for a resident before committee discussion

"Wisdom of the Crowd"

- Hemmer (2001) Group conversations more likely to uncover deficiencies in professionalism among students
- Schwind, Acad. Med. (2004)
 - 18% of resident deficiencies requiring active remediation only became apparent through group discussion.
 - Average discussion 5 minutes/resident (range 1 – 30 minutes)



"Wisdom of the Crowd"

- Williams, Teach. Learn. Med. (2005)
 - No evidence that individuals in groups dominate discussions.
 - No evidence of ganging up or piling on
- Thomas (2011) Group assessment improved inter-rater reliability and reduced range restriction in multiple domains in an internal medicine residency



Eric Holmboe, 2013 ACGME Meeting



Random Important Points

A Milestone must be an OBSERVABLE behavior or set of behaviors

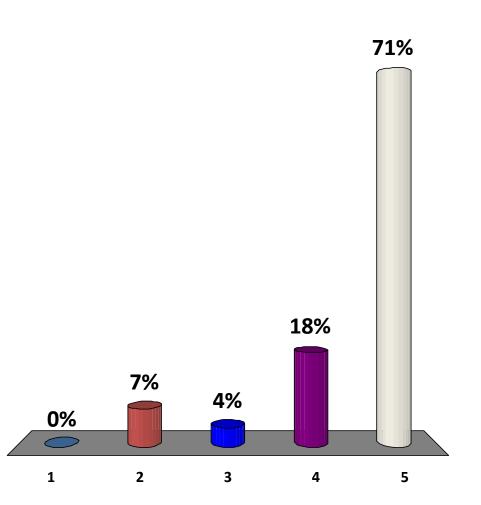
Milestone ratings DO NOT correspond to PGY level

ACGME Milestones are not the same as Curricular Milestones

Please rate the extent to which the following statements describe your program

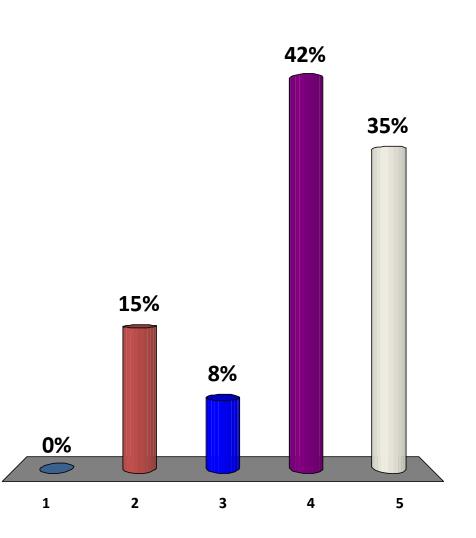
The evaluations of residents in my program are organized by the 6 ACGME competencies

- 1. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



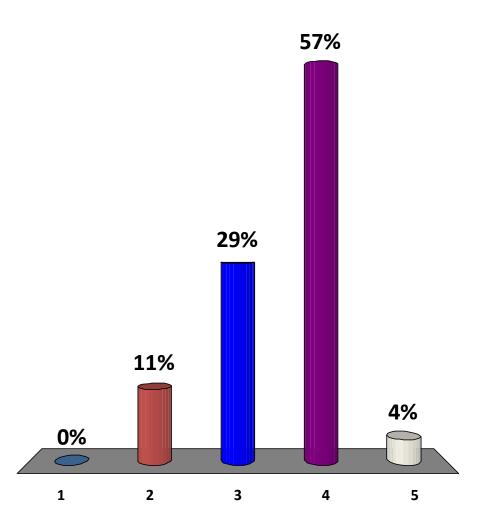
The evaluations of residents in my program have a defined progression of competence or competencies

- 1. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



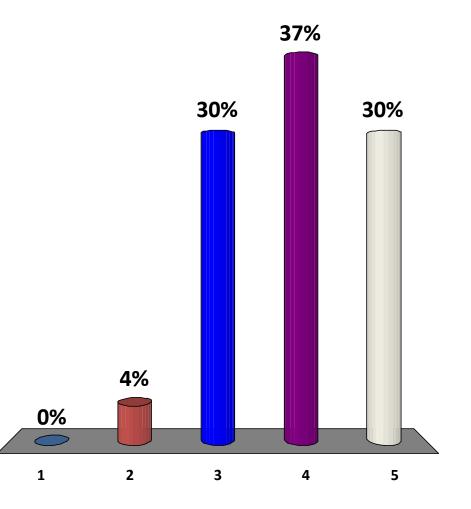
Teaching/learning opportunities, assessments and desired outcomes are aligned

- I. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



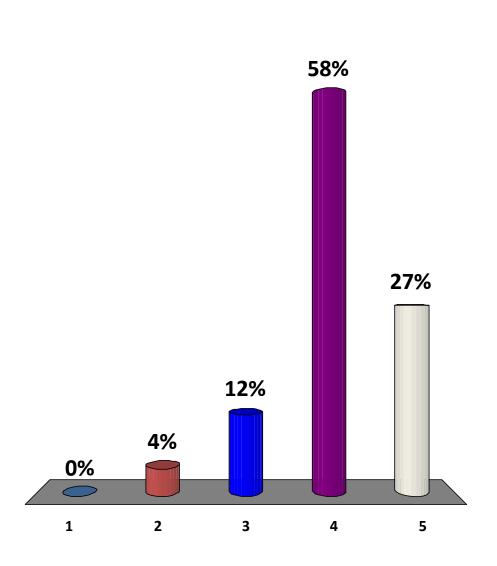
Learning experiences are deliberate (not circumstantial)

- I. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



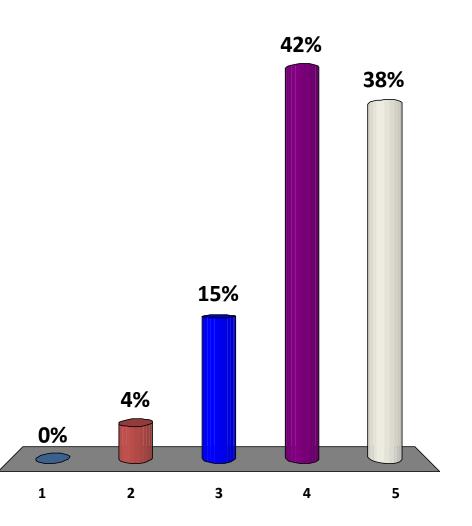
Desired outcomes drive teaching-learning and assessment decisions

- I. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



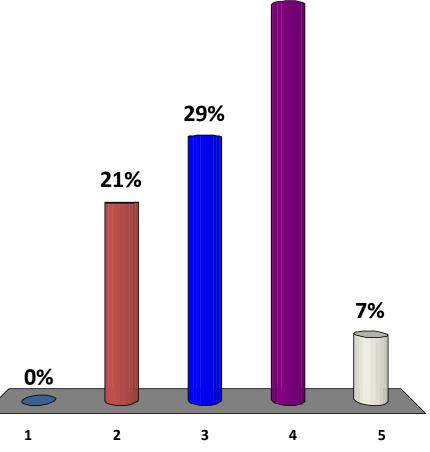
Assessments are criterion referenced

- 1. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



All faculty utilize a common frame of reference for resident assessment

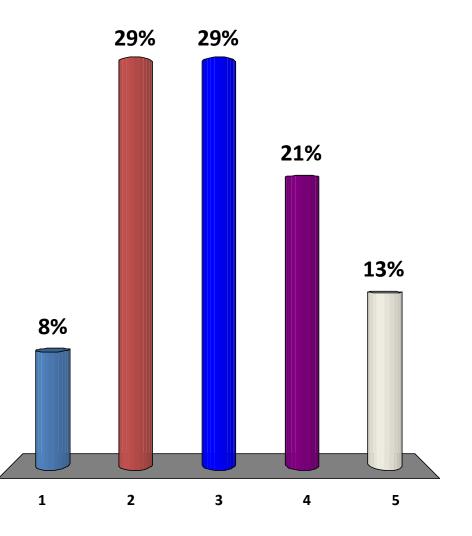
Not at all (0%)
 A Little (25%)
 About Half (50%)
 Pretty Much (75%)
 Absolutely (100%)



43%

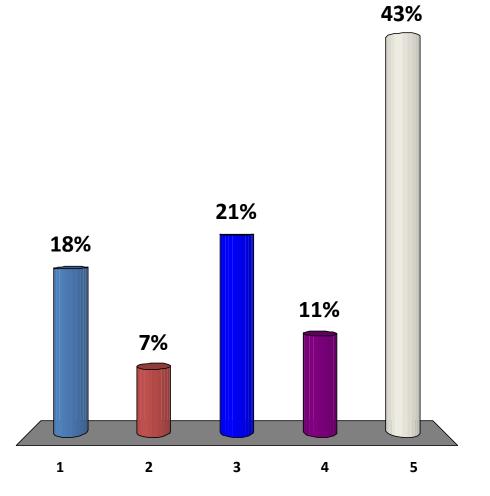
Group assessments are employed in the rotation evaluation of residents

- 1. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



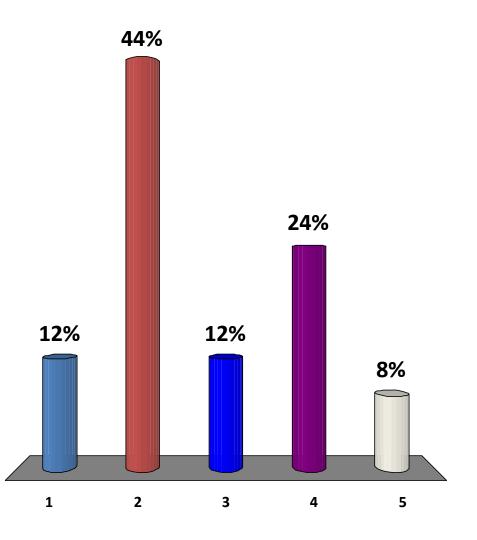
My program has a fully functional Clinical Competence Committee

- I. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



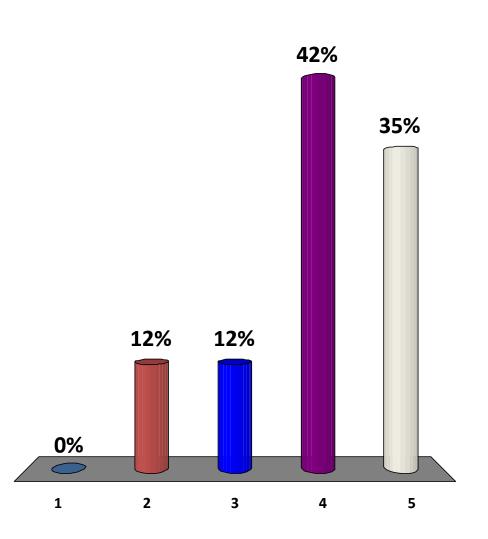
My program's Clinical Competence Committee is prepared for the NAS

- 1. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



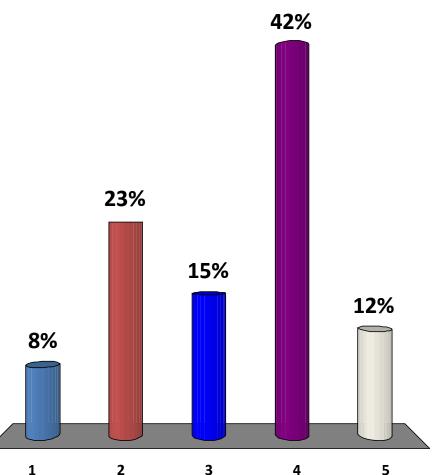
All of my graduating residents are ready for independent practice

- 1. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



know what kind/areas of faculty development my program needs to be ready for Milestone assessment and reporting

- 1. Not at all (0%)
- 2. A Little (25%)
- 3. About Half (50%)
- 4. Pretty Much (75%)
- 5. Absolutely (100%)



How do you translate competency- based info from rotational evals, 360 degree evals, CEXs, etc., into Milestone assessment?

Should specific Milestones be embedded into rotation evaluations?



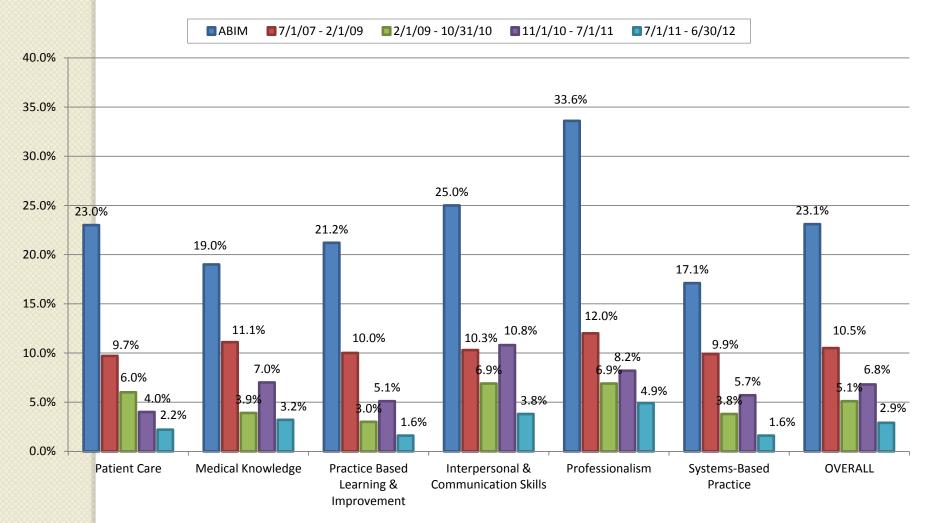
- Need to determine which milestones best go in which settings
- Not everybody has to evaluate everything
- Rotation evals may end up with comb of EPAs, milestone items, milestone sub-items and non-milestone items.

Guralnick, 2013 AGME Meeting

How can you ensure that all faculty have a common frame of reference for resident assessment?

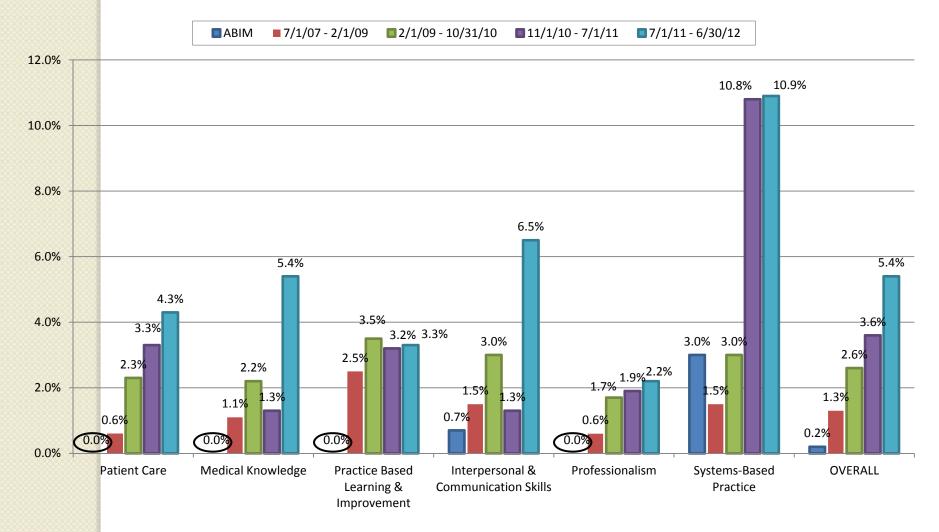
Competency Based Assessment Effect of Construct Alignment

RESULTS AND OUTCOMES – CoBRA - Impact on grade inflation % of time an intern received an 8



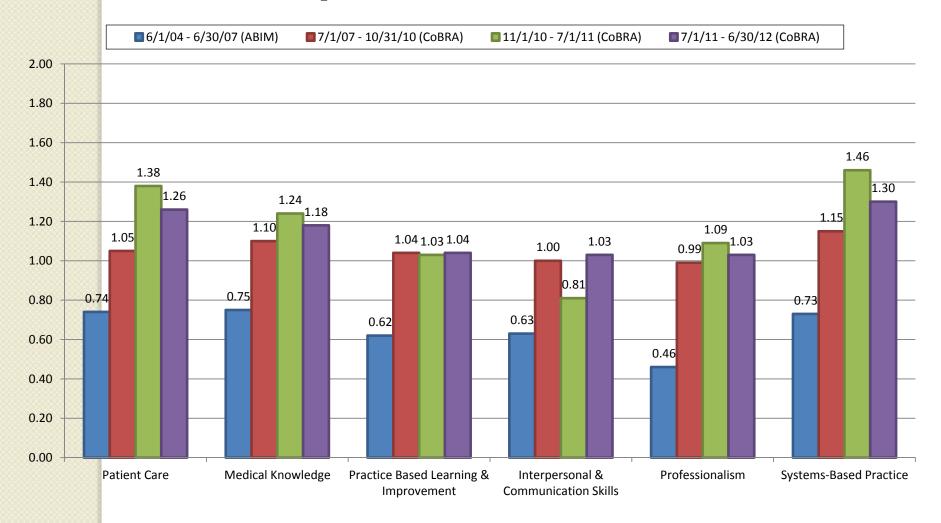
Competency Based Assessment Effect of Construct Alignment

Result and Outcomes – CoBRA – Impact on use of left side of scale % of time a PGY1 resident received a 3



Competency Based Assessment Effect of Construct Alignment

DIFFERENCE BETWEEN PGY 1 AND 3 RESIDENT ACROSS ACGME Competencies – Increased Assessor discrimination



How do you know if your assessment strategies/tools really measure meaningful outcomes? How do you know that your graduating residents are ready for independent practice?

There are a lot of Milestones and EPAs! How do you prioritize them for your program?

What should we (Community of SIU GME Leaders) do next?



THANK YOU