

Post-Operative Care Following

CHIN IMPLANT

Call our office promptly if:

- ✓ The area becomes red, has drainage, or is warm to touch.
- ✓ You experience fever or chills
- ✓ An unusual amount of pain that cannot be controlled by prescribed medications

NOTE: Do not take aspirin, as it may promote bleeding.

If any of the above should occur during regular office hours, the facial plastics nurse can be reached at 217 545-2540. The regular office hours are 8:00 to 4:30.

If the nurse is not available, the facial plastics secretary can be reached at 217 545-2598.

If it is after regular office hours (8:00 AM to 4:30 PM), we can be reached 24 hours a day by calling 217 545-8000 and asking the ENT resident on call be paged.

What Can I Expect ?

- ✓ The chin may be sore for a few days following surgery.
- ✓ You may notice a temporary decrease in movement and feeling in your lips. This usually subsides within a few weeks.
- ✓ The chin may look too large, but the swelling will subside in time.

How Do I Care For Myself ?

- ✓ Keep the wound and dressing clean and dry for 24 to 48 hours. The dressing may be changed after 24 hours. The incision can be cleaned with half strength hydrogen peroxide and an antibiotic ointment applied 2 to 3 times a day.
- ✓ If bleeding occurs, apply firm pressure for at least 5 to 10 minutes. Do not remove or lift the dressing during this time. Call our office if the bleeding persists.
- ✓ No vigorous exercise for two (2) weeks.
- ✓ No contact sports until approved by your physician
- ✓ If the implant was placed through an incision in your mouth, rinse with water several times after each meal.

