

POST-OPERATIVE CARE FOLLOWING E N D O S C O P I C B R O W L I F T

Call our office promptly if:

- ✓ **There is an unusual amount of bleeding.**
- ✓ **There is a visual change.**
- ✓ **You have a fever or chills**
- ✓ **You have an increase in pain, which is not easily controlled with oral pain medication.**

If any of the above should occur during regular office hours, the facial plastics nurse can be reached at 217 545-2540. The regular office hours are 8:00 to 4:30.

If the nurse is not available, the facial plastics secretary can be reached at 217 545-2598.

If it is after regular office hours (8:00 AM to 4:30 PM), we can be reached 24 hours a day by calling 217 545-8000 and asking the ENT resident on call be paged.

What Can I Expect?

- ✓ The first night after surgery a large compressive dressing will be applied to the forehead and a portion of the scalp. The bandage can be removed at home the day following surgery.
- ✓ A sense of tightness in the forehead and brow region is to be expected. There will be some discomfort even over the top of the scalp as this area has been repositioned with surgery. Since the surgery has involved elevation of the brows, some swelling and bruising around the eyelids, particularly in the upper eyelid, may be noted. The procedure should not affect the vision with the exception of mild difficulty with completely opening the upper eyelids.
- ✓ Some bruising will be evident the morning after surgery. The swelling is usually the worse the morning of the second day after surgery. Some bruising may become apparent in the upper eyelid and may even show in the lower lid as the effects of gravity become apparent.
- ✓ If your eyes are irritable, a non-medicated moisturizer such as Refresh Drops can be used and a non-medicated eye ointment can be used at night.
- ✓ If you wear contacts, please do not use them until after we see you in the office following your surgery.
- ✓ On the second post-op day you may take a shower and shampoo the scalp. Do be cautious around the incision sites so that you do not create any discomfort while shampooing. It is unlikely that you would disturb the surgical site in any way that would damage the long term result.
- ✓ Between 5 and 10 days after surgery, we will see you in the office again. You may notice in the first few days after surgery some mild change in sensation of the forehead but this should be only temporary.
- ✓ Some mild swelling will be present in the area of surgery for the first two weeks after surgery.
- ✓ In the first two weeks after surgery, the brows may appear to be excessively elevated but they will settle to a more normal position with time.
- ✓ We would ask that you not do any heavy, physical exercise for the first two weeks after surgery.
- ✓ We encourage you to be up and walking the day after surgery, but we would like you to avoid any strenuous activity so as to minimize the bruising after surgery.

