

Orthopod Cast

Objectives

Why should you do research?

The list below includes the most important objectives of why you should do research at SIU School of Medicine:

- Expand Orthopaedic Knowledge
- Improve quality and function of life
- Meet the professional objectives of competency by boarding agencies

Here are the top reasons that you should NOT use to participate in research:

- To produce another manuscript
- To check off another task during residency

Quarter 3, 2011

July 1, 2011

SIU School of Medicine
Department of Surgery, Division of Orthopaedics

Breakin' News

If we knew what it was we were doing, it would not be called research, would it?
- Albert Einstein

Summer is upon us and with that comes the beginning of a new academic year for SIU SOM. Starting today, the four chiefs of 2010-2011 have graduated, and three interns begin their 5-year residency. Welcome Drs. Beck, Jackson, and Pope.

Also starting this summer are two ACGME accredited clinical fellows and one research instructor. Dr. Youssef el Bitar is the 2011-2012 Adult Reconstruction fellow, Dr. Anto Fritz is the 2011-2012 E. Shannon Stauffer Spine fellow, and Dr. Ken Illingworth is the 2011-2012 research fellow for the SIU SOM Division of Orthopaedic Surgery.

Also, we have one summer intern that has joined the Division for the summer. Anna Grindy is going into her senior year at Trinity College in Connecticut and aspires to become an orthopaedic surgeon.

The Division of Orthopaedic Surgery would like to thank all who made the E. Shannon Stauffer Visiting Professor event, held on



June 3, 2011 in the South Auditorium, a marvelous day. Dr. Freddie Fu and Dr. William Mihalko gave outstanding words of advice, both personally and professionally, at the day long event. During the day, Dr. Fu spoke about anatomical ACL reconstruction and 50 years of cartilage research. Dr. Mihalko spoke about the engineering principles in orthopaedics and how to optimize outcomes in primary TKA using design and implant techniques.

That evening, the residents and their families, SIU SOM Division of Orthopaedic Surgery faculty, and community ortho-

paedic surgeons who are involved with the residents gathered at the Hoogland Center for Arts for the Resident Recognition dinner. The evening was filled with wonderful memories (and pictures) of the PGY5 residents throughout their journey at SIU SOM. We thank the PGY5 residents for their great accomplishments in research and wish them good luck on their careers as outstanding orthopaedic surgeons.

Great Job and Good Luck!!!



The Funny Bone

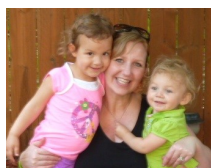
A man goes to an orthopaedist and says: "It hurts when I press here, and here, and here, and here," pointing all over his body. So the orthopaedist examined him all over and finally discovered what was wrong... "You've got a broken finger!"

If you would like to submit an item for inclusion in this newsletter, including a funny orthopaedic joke, story, or incriminating photo of a resident, please submit them to Brooke Robinson at brobinson@siumed.edu

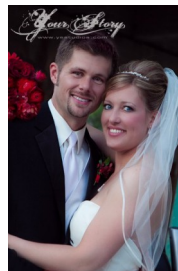
The Bone Zone

Who are the past three months' winners?

April's Bone Zone recognition goes to **Dr. Roxanne Keene, PGY5**. Dr. Keene authored "Occupational Hazards to the Pregnant Orthopaedic Surgeon," which was accepted by the Journal of Bone and Joint Surgery.



May's Bone Zone recognition goes to **Dr. Aaron Pemberton, PGY 5**. Dr. Pemberton dedicated his personal time to demonstrate anatomy to medical students in the skills lab.



June's Bone Zone recognition goes to **Dr. Kevin Sharif, PGY1**. Dr. Sharif authored "Pain Management after Total Joint Arthroplasty: A Multi-Modal Approach," which was accepted for poster presentation at the American College of Surgeons 97th Annual Congress meeting in October 2011.



Congratulations!!!



Rockin' Resident Research

Upcoming Meetings and Deadlines	Date	Location
COA Annual Meeting	July 7-9, 2011	St. Johns Newfoundland, Canada
Journal Club	July 13, 2011	D229
OREC	July 25, 2011	D219
Abstract due for Orthopaedic Research Society	August 8, 2011	ORS
Journal Club	August 10, 2011	D229
OREC	August 22, 2011	D219
Division of Orthopaedic Surgery Fall Picnic	September 10, 2011	Tom Madonia Park, East Shelter, Lake Springfield
Journal Club	September 14, 2011	D229
OREC	September 26, 2011	D219

Congratulations to all of the residents whose abstracts were accepted and/or presented at local and national meetings. The list below showcases residents' research accomplishments since April 2011. While starting and completing a research project is often a daunting task, the resident who is able to present an abstract to their peers has an exciting and rewarding experience. With each presentation, whether it is podium or poster, the resident gains invaluable personal and professional experience. Congrats!!

Resident Collaborator (s)	Project Name	Meeting Name* and Presentation Type
Roxanne R. Keene, MD	Occupational Hazards to the Pregnant Orthopaedic Surgeon	AOA, June 23-25, 2011 in Boston, MA— Poster Presentation
John M. Froelich, MD	Influence of Patient Clinic Experiences on Recommending Their Provider to Family or Friends	AOA, June 23-25, 2011 in Boston, MA— Poster Presentation
Matt C. Mai, MD	Chronic Axial Skeletal Pain: Evaluation of a Single Institution's Referral Patterns	AOA, June 23-25, 2011 in Boston, MA— Poster Presentation
Brad Dyrstad, MD	Predictive Measures of a Resident's Performance on Written Orthopaedic Board Scores	AOA, June 23-25, 2011 in Boston, MA— Poster Presentation
Jacob D. Sams, MD	Redefining Revision Total Hip Arthroplasty Based on Hospital Admission Status	COA, July 7-9, 2011 in St. John's Newfoundland, Canada— Poster
Matt C. Mai, MD	Chronic Axial Skeletal Pain: Evaluation of a Single Institution's Referral Patterns	COA, July 7-9, 2011 in St. John's Newfoundland, Canada— Poster
John M. Froelich, MD	Influence of Patient Clinic Experiences on Recommending Their Provider to Family or Friends	COA, July 7-9, 2011 in St. John's Newfoundland, Canada— Podium
Brad Dyrstad, MD	Predictive Measures of a Resident's Performance on Written Orthopaedic Board Scores	COA, July 7-9, 2011 in St. John's Newfoundland, Canada— Podium
Matt C. Mai, MD & John M. Froelich, MD	Sagittal Alignment Following Single and Multi-Level Axial Lumbar Interbody Fusion	COA, July 7-9, 2011 in St. John's Newfoundland, Canada— Podium
Matt C. Mai, MD	Alterations in Disc Height, Foraminal Height and Foraminal Width Following One and	COA, July 7-9, 2011 in St. John's Newfoundland, Canada— Podium
Roxanne R. Keene, MD & Matt E. Lovell, MD	Comparison of Time to Proximal Femoral Physal Closure in Pinned SCFE Hips Vs. Pinned Contralateral Hips	AAP, October 14-18, 2011 in Boston MA— Podium Presentation
Kevin R. Sharif, MD	Pain Management after Total Joint Arthroplasty: A Multimodal Approach	American College of Surgeons, October 23-27, 2011 in San Francisco, CA— Poster Presentation



Thank you and keep up your hard work and effort!!!