

# **Glycogen Metabolism**

Glycogen Breakdown

Glycogen Synthesis

Control of Glycogen Metabolism

Glycogen Storage Diseases

## Glycogen

**Glycogen** - animal storage glucan

100- to 400-Å-diameter cytosolic granules

up to 120,000 glucose units

$\alpha(1 \rightarrow 6)$  branches every 8 to 12 residues

muscle has 1-2% (max) by weight

liver has 10% (max) by weight

~12 hour supply

Although metabolism of fat provides more energy:

1. Muscle mobilize glycogen faster than fat
2. Fatty acids of fat cannot be metabolized anaerobically
3. Animals cannot convert fatty acid to glucose (glycerol can be converted to glucose)

## Glycogen Breakdown

Three enzymes:

glycogen phosphorylase  
glycogen debranching enzyme  
phosphoglucomutase

Glycogen phosphorylase (phosphorylase) - phosphorolysis of glucose residues **at least 5 units** from branch point



homodimer of 842-residues (92-kD) subunits

**allosteric regulation** - inhibitors (ATP, glucose-6-phosphate, glucose) and activator (AMP), T  $\leftrightarrow$  R

**covalent modification** (phosphorylation) - modification/demodification

**phosphorylase a** (active, SerOPO<sub>3</sub><sup>2-</sup>)  
**phosphorylase b** (less active, Ser)

narrow 30-Å crevice binds glycogen, accommodates 4 to 5 residues

**Pyridoxal-5-phosphate** (vit B<sub>6</sub> derivative) cofactor - located near active site, general acid-base catalyst

Rapid equilibrium Random Bi Bi kinetics

## Glycogen Breakdown

Glycogen debranching enzyme - possesses two activities

$\alpha(1 \rightarrow 4)$  transglycosylase (glycosyl transferase) 90%  
glycogen  $\rightarrow$  glucose-1-phosphate

transfers trisaccharide unit from "limit branch" to  
nonreducing end of another branch

$\alpha(1 \rightarrow 6)$  glucosidase 10% glycogen  $\rightarrow$  glucose

Debranching activity < phosphorylase activity

## Glycogen Breakdown

**Phosphoglucomutase** - a phosphoenzyme (Ser)

reaction similar to that of phosphoglycerate mutase

formation of **glucose-1,6-bisphosphate** (required for full activity)

**phosphoglucookinase** - provides product

glucose-1-phosphate + ATP → glucose-1,6-bisphosphate

## Glycogen Breakdown

Thermodynamic considerations

phosphorylase reaction:

$$\Delta G^{\circ} = +3.1 \text{ kJ}\cdot\text{mol}^{-1}$$

$$\Delta G = 0 \text{ when } [\text{P}_i/\text{glucose-1-phosphate}] = 3.5$$

under physiological conditions

$$[\text{P}_i/\text{glucose-1-phosphate}] \sim 30 \text{ to } 100$$

$$\Delta G^{\circ} = -5 \text{ to } -8 \text{ kJ}\cdot\text{mol}^{-1}$$

Glycogen breakdown is exergonic (favorable)

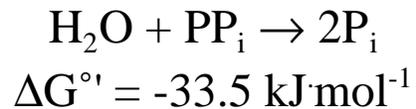
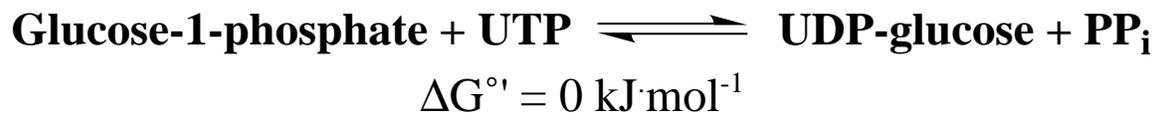
Glycogen synthesis must occur by a separate pathway

## Glycogen Synthesis

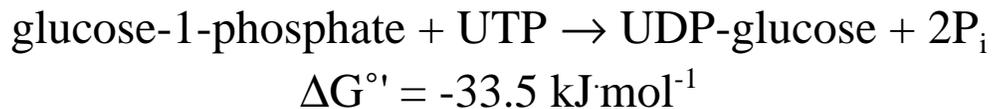
Three enzymes:

UDP-glucose pyrophosphorylase  
glycogen synthase  
glycogen branching enzyme

UDP-glucose pyrophosphorylase - phosphoanhydride exchange



Common biosynthetic strategy generates:



## Glycogen Synthesis

**Glycogen synthase** - adds glycosyl unit from UDP-glucose to form  $\alpha(1 \rightarrow 4)$  glycosidic bonds

**Glycogen Primer:**

**glycogenin** - protein to which glucose is added to Tyr residue by **tyrosine glucosyltransferase**

autocatalytically extends chain up to 7 glucose residues by UDP-glucose

glycosyl oxonium ion intermediate (similar to phosphorylase and lysozyme mechanisms)

Note:

glycogen breakdown ( $\Delta G^{\circ} = -5$  to  $-8 \text{ kJ}\cdot\text{mol}^{-1}$ )

and

glycogen synthesis ( $\Delta G^{\circ} = -13.4 \text{ kJ}\cdot\text{mol}^{-1}$ )

are thermodynamically favorable processes

The cost of controlling both is the hydrolysis of UTP (similar to ATP)!

## Glycogen Synthesis

**Glycogen branching enzyme** (amylo-(1,4→1,6)-transglycosylase - transfer of ~7 glycosyl residue segments to form  $\alpha(1 \rightarrow 6)$  glycosidic bonds

Thermodynamic considerations

The overall free energy for debranching is:

Breaking $\alpha(1 \rightarrow 4)$ bond	$\Delta G^{\circ} = -15.5 \text{ kJ mol}^{-1}$
Forming $\alpha(1 \rightarrow 4)$ bond	$\Delta G^{\circ} = +15.5 \text{ kJ mol}^{-1}$
<u>Hydrolyzing <math>\alpha(1 \rightarrow 6)</math> bond</u>	<u><math>\Delta G^{\circ} = -7.1 \text{ kJ mol}^{-1}</math></u>
Total	$\Delta G^{\circ} = -7.1 \text{ kJ mol}^{-1}$

The free energy change for branching is:

Breaking $\alpha(1 \rightarrow 4)$ bond	$\Delta G^{\circ} = -15.5 \text{ kJ mol}^{-1}$
<u>Forming <math>\alpha(1 \rightarrow 6)</math> bond</u>	<u><math>\Delta G^{\circ} = +7.1 \text{ kJ mol}^{-1}</math></u>
Total	$\Delta G^{\circ} = -8.4 \text{ kJ mol}^{-1}$

## Control of Glycogen Metabolism

Glycogen phosphorylase and glycogen synthase:  
allosteric control  
substate cycling  
covalent modification of activity  
(under hormonal control)

Direct allosteric control of glycogen phosphorylase and glycogen synthase

Precise flux control by having two opposing enzymes at a control step (far from equilibrium) in a pathway

### Glycogen phosphorylase

activated by AMP

inhibited by ATP and glucose-6-phosphate

### Glycogen synthase

activated by glucose-6-phosphate

High demand for ATP: glycogen breakdown

low [ATP], low [G6P], high [AMP]

glycogen phosphorylase stimulated

glycogen synthase inhibited

Low demand for ATP: glycogen synthesis

high [ATP], high [G6P], low [AMP]

glycogen phosphorylase inhibited

glycogen synthase stimulated

## Control of Glycogen Metabolism

Covalent modification of enzymes by cyclic cascades

Features:

1. Respond to greater number of stimuli
2. Greater flexibility in control patterns
3. Amplification potential in response to effector concentrations

Small change in [allosteric effector] of a modifying enzyme  
→ large change in [active, modified target enzyme]

Cyclic cascades nomenclature:

*a* - more active target enzyme

*b* - less active target enzyme

*m* - modified enzyme form

*o* - original (unmodified) enzyme form

Recall that the rate of reaction =  $k[E_{\text{active}}][S]$

Using a mathematical model (beyond the scope of this course) we could show quantitatively how changes in [effectors] modulate  $[E_{\text{active}}]$

so a cyclic cascade allows an effector signal to be amplified

## Control of Glycogen Metabolism

Glycogen phosphorylase bicyclic cascade

Superimposed on the ATP (inhibitor) and AMP (activator) **allosteric control** is **covalent modification**

Covalent modification enzymes:

**cAMP-dependent protein kinase (cAPK)** - phosphorylates (**activates**) phosphorylase kinase, requires cAMP,  $R_2C_2$  tetramer

cAPK consensus sequence - Arg-Arg-X-Ser/Thr-Y

X = small residue Y = hydrophobic residue

**phosphorylase kinase** - phosphorylates Ser14 of glycogen phosphorylase *b*

oligomeric  $(\alpha\beta\gamma\delta)_4$ ,  **$\alpha\beta\delta$  inhibitory**,  **$\gamma$  activates**

$\delta$  = Calmodulin,  $Ca^{2+}$  activates (muscle contraction)

**phosphoprotein phosphatase-1** - dephosphorylates

(**deactivates**) glycogen phosphorylase *a* and phosphorylase kinase

muscle - active when bound to glycogen-binding G subunit

liver - controlled by binding to *m*-phosphorylase *a*

Level of phosphorylase activity is determined by fraction present as glycogen phosphorylase *a*

## Control of Glycogen Metabolism

Glycogen synthase bicyclic cascade

Not as well understood

Two forms of enzyme:

*m*-glycogen synthase *b* (inactive)

allosterically controlled - inhibited by ATP, ADP, P<sub>i</sub>  
overcome by [glucose-6-phosphate] > 10 mM (rare)

*o*-glycogen synthase *a* (active)

deactivated by calmodulin-dependent protein kinase,  
protein kinase C, glycogen synthase kinase-3

## **Control of Glycogen Metabolism (What the book does not illustrate)**

Integration of glycogen metabolism control mechanisms

Maintenance of blood glucose levels - liver buffers

[glucose] ~ 5 mM

### The Cast

Hormones

**Glucagon** - polypeptide (liver)

**Insulin** - polypeptide (muscle, other tissues)

**Epinephrine** - adrenal

Second messengers

**Ca<sup>2+</sup>**

**Inositol-1,4,5-triphosphate (IP<sub>3</sub>)** - lipid-derived

**Diacylglycerol (DAG)** - lipid-derived

**Phospholipase C** - cleaves membrane lipid

(**phosphatidylinositol-4,5-bisphosphate, PIP<sub>2</sub>**) to generate

IP<sub>3</sub> and DAG

Receptors

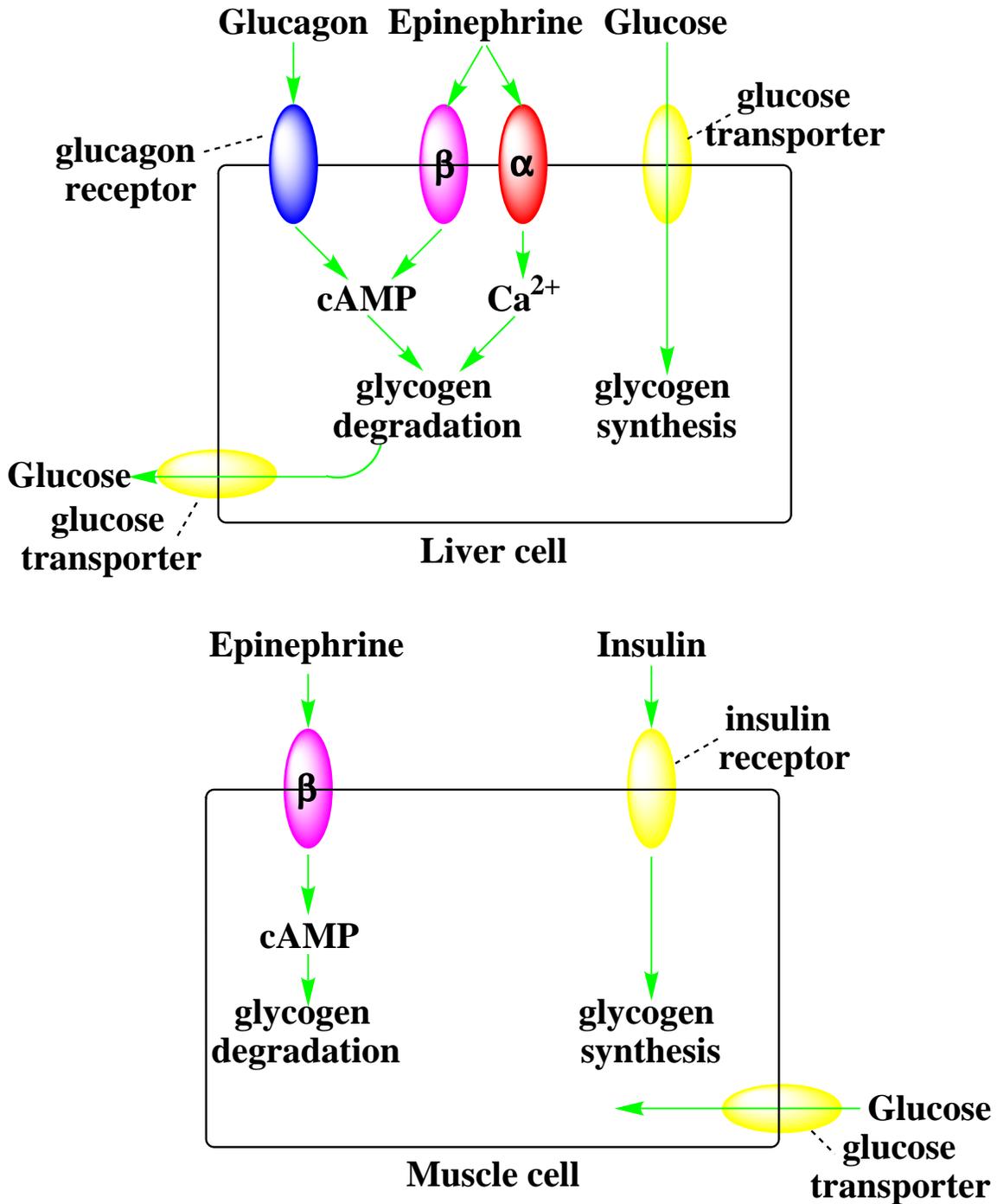
**β-Adrenergic** - binds adrenal hormones

**α-Adrenergic** - binds adrenal hormones

**Glucagon**

**Insulin**

# Control of Glycogen Metabolism



## Control of Glycogen Metabolism

Maintenance of blood glucose levels

Hexokinase:

Michaelis-Menten kinetics

high glucose affinity ( $K_m \sim 0.1 \text{ mM}$ )

inhibited by glucose-6-phosphate

Glucokinase:

monomeric

Sigmoidal kinetics (Hill constant of 1.5)

lower glucose affinity ( $K_{0.5} \sim 5 \text{ mM}$ )

not inhibited by physiological [glucose-6-phosphate]

inhibited by glucokinase regulatory protein + fructose-6-phosphate

## Control of Glycogen Metabolism

Maintenance of blood glucose levels

Flux control by substrate cycle and covalent modification system

Phosphofructokinase-1 (PFK-1) - allosterically **activated** by **fructose-2,6-bisphosphate**

Fructose-1,6-bisphosphatase-1 (FBPase-1) - allosterically **inhibited** by **fructose-2,6-bisphosphate**

Phosphofructokinase-2 (PFK-2)/fructose-2,6-bisphosphatase-2 (FBPase-2):

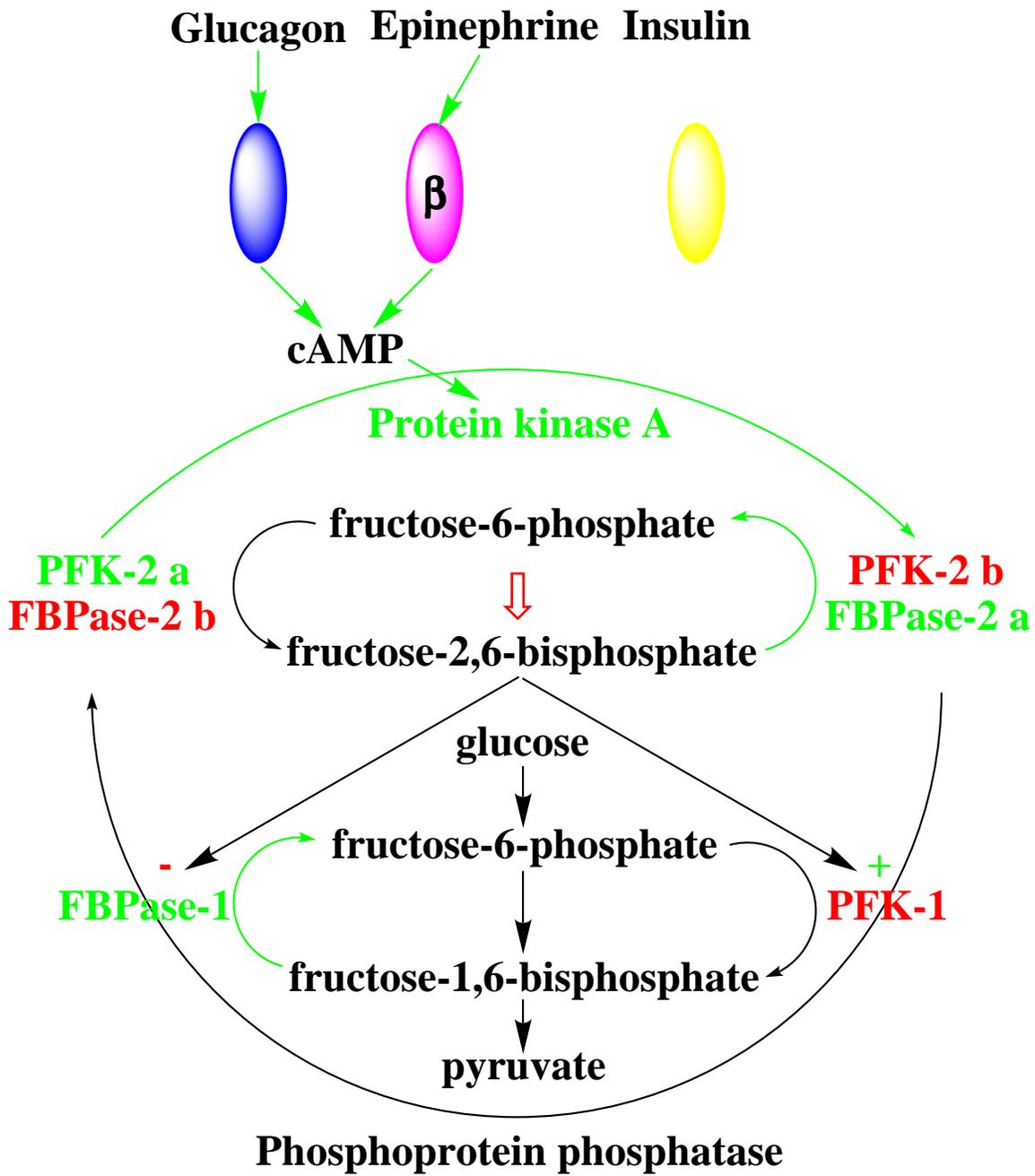
Bifunctional homodimeric protein  
phosphorylated (**inactive**)/dephosphorylated (**active**)

In liver - breakdown glycogen, release glucose into blood or take up glucose, synthesize glycogen

In heart - glycogen breakdown, increase glycolysis  
(different PFK-2/FBPase-2 gene)

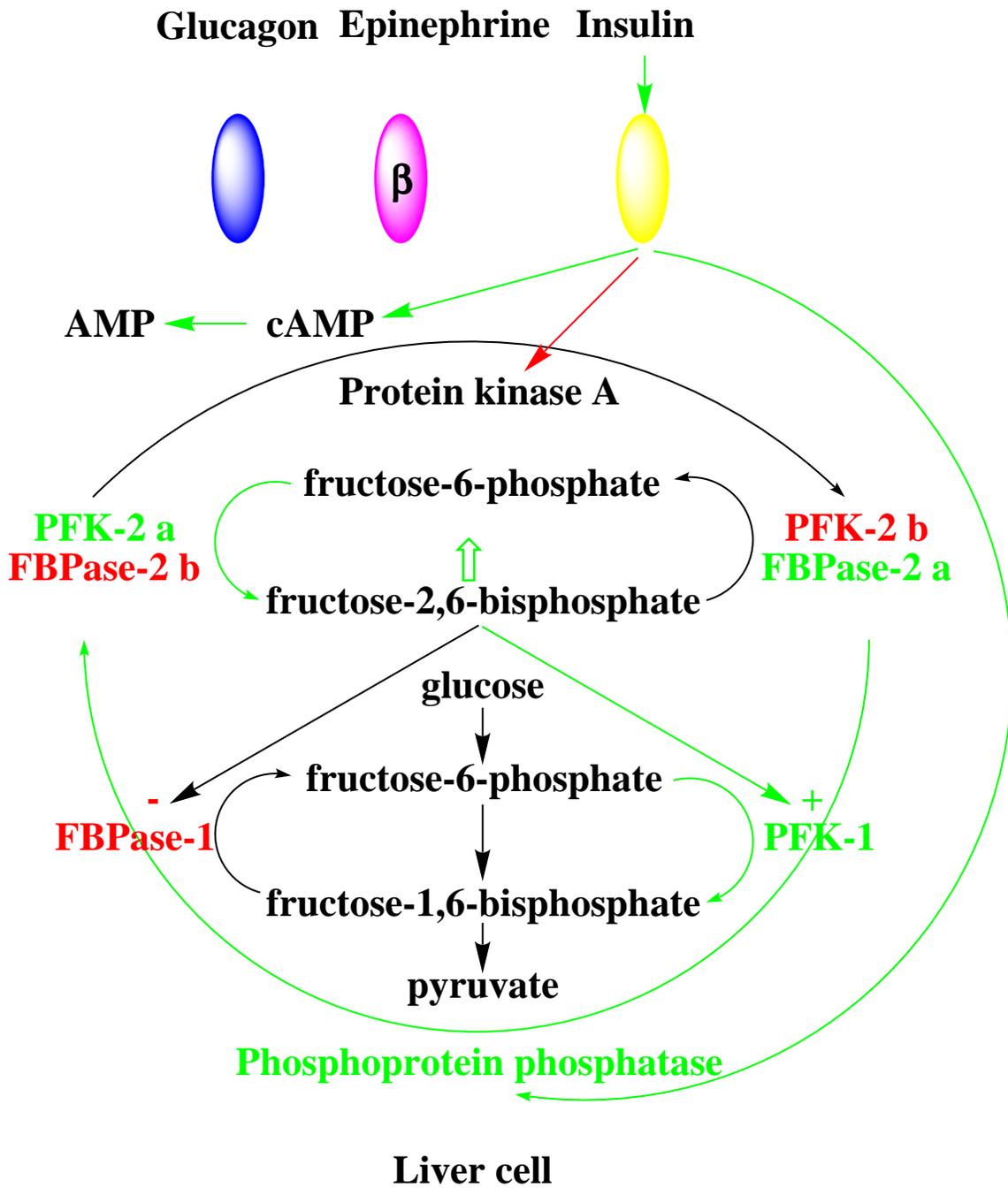
In muscle - no phosphorylation site on enzyme, no cAMP-dependent phosphorylation control

# Control of Glycogen Metabolism



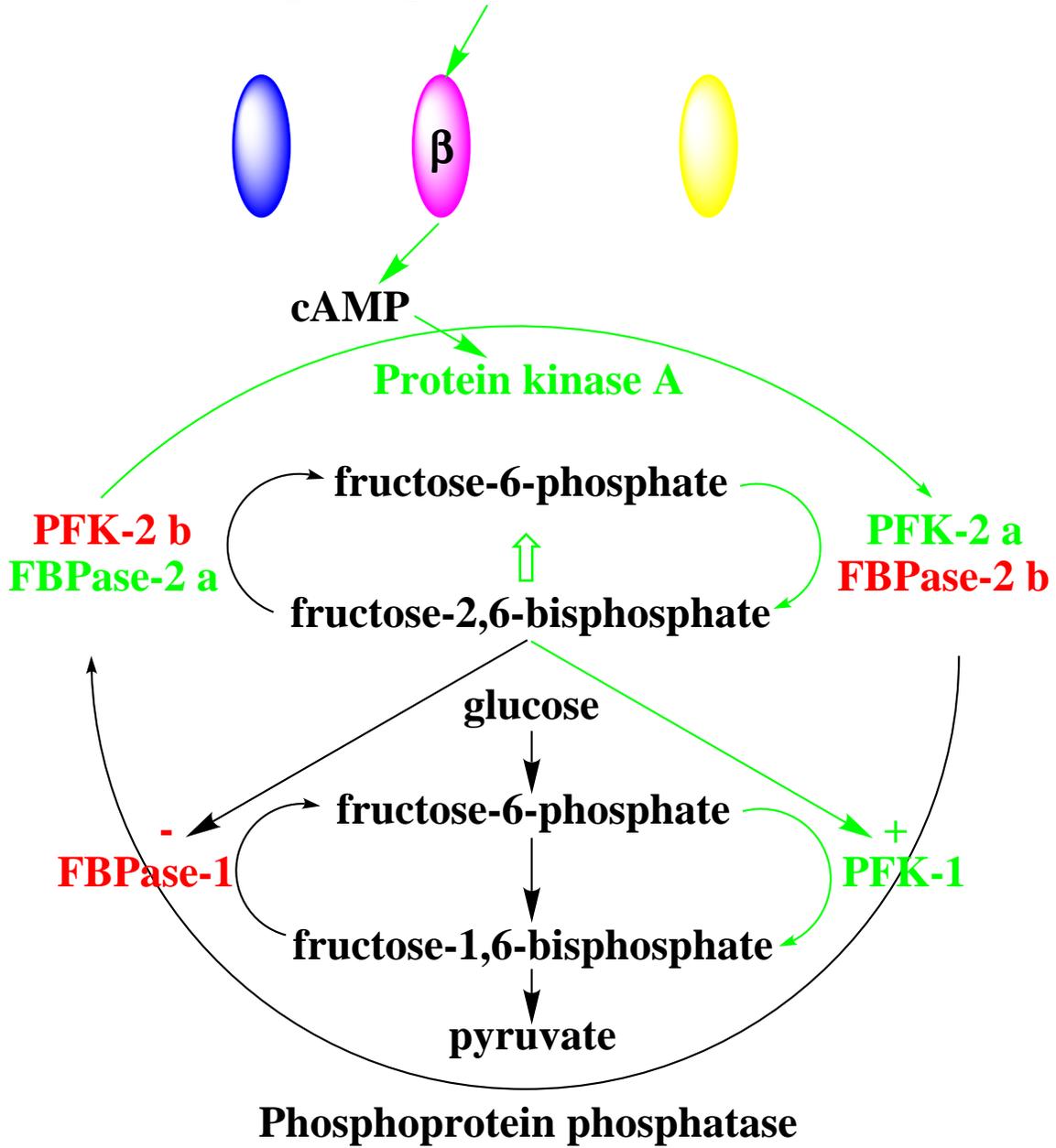
Liver cell

# Control of Glycogen Metabolism



# Control of Glycogen Metabolism

Glucagon Epinephrine Insulin



Heart tissue