

## Electroencephalogram (EEG)

- ♦ Graphical depiction of cortical electrical activity, usually recorded from the scalp.
- ♦ Advantage of high temporal resolution but poor spatial resolution of cortical disorders.
- ♦ EEG is the most important neurophysiological study for the diagnosis, prognosis, and treatment of epilepsy.

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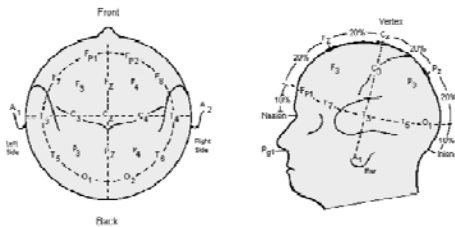
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## 10/20 System of EEG Electrode Placement



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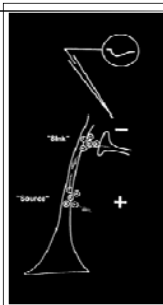
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## Physiological Basis of the EEG



- ♦ Extracellular dipole generated by excitatory post-synaptic potential at apical dendrite of pyramidal cell

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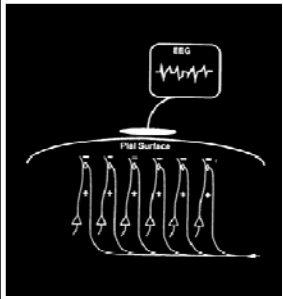
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### Physiological Basis of the EEG (cont.)



- ♦ Electrical field generated by similarly oriented pyramidal cells in cortex (layer 5) and detected by scalp electrode

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### Electroencephalogram (EEG)

- ♦ Clinical applications
  - Seizures/epilepsy
  - Sleep
  - Altered consciousness
  - Focal and diffuse disturbances in cerebral functioning

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### EEG Frequencies

- Gamma: 30-60 Hz
- ♦ Beta: 13-30 Hz
- Alpha: 8 to  $\leq$  13 Hz
- Theta: 4 to under 8 Hz
- ♦ Delta: < 4 Hz

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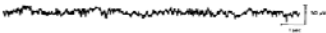
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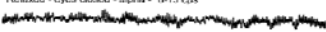
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### EEG Frequencies


Awake - eyes open - beta - 18-20 cycles per second (cps)




Relaxed - eyes closed - alpha - 8-13 cps



Stage 1 - theta - 4-8 cps



Stage 2 - 12-14 cps - sleep spindles and K complexes



Radtke, in Ebersole and Pedley, 2003 B-Slide 7

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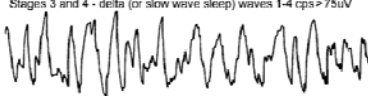
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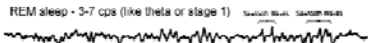
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### EEG Frequencies

Stages 3 and 4 - delta (or slow wave sleep) waves 1-4 cps > 75uV



REM sleep - 3-7 cps (like theta or stage 1)



Radtke, in Ebersole and Pedley, 2003 B-Slide 8

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### EEG Abnormalities

- Background activity abnormalities
  - Slowing not consistent with behavioral state
    - May be focal, lateralized, or generalized
  - Significant asymmetry
- Transient abnormalities / Discharges
  - Spikes
  - Sharp waves
  - Spike and slow wave complexes
  - May be focal, lateralized, or generalized

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## Focal seizure generation

- Seizure initiation
  - burst of action potentials, i.e. paroxysmal depolarizing shift
  - hypersynchronization of neighboring cells
- Propagation
  - activation of nearby neurons
  - loss of surrounding inhibition

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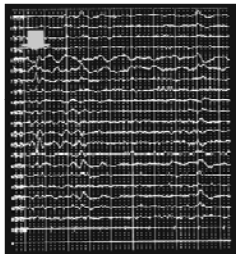
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## Sharp Waves



- ♦ An example of a left temporal lobe sharp wave (arrow)

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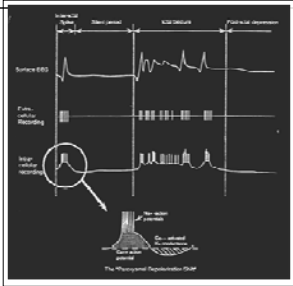
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## Paroxysmal Depolarization Shift



Intracellular and extracellular events of the paroxysmal depolarizing shift underlying the interictal epileptiform spike detected by surface EEG

Ayala et al., 1973

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## Generalized Spike Wave Discharge



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## EEG: Absence Seizure



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## EMG and Nerve Conduction Studies

- An extension of the Physical Examination
- Quantitates nerve and/or muscle injury
- Provides Useful Data Regarding Nerve Injury
  - Site
  - Type
  - Severity
  - Duration
  - Prognosis

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### Importance of EDX Studies

- Diagnosis
- Localization
- Assist in further testing (i.e. identify potential biopsy sites, imaging studies, spinal fluid analysis, blood work)
- Prognosis
- Use in Research

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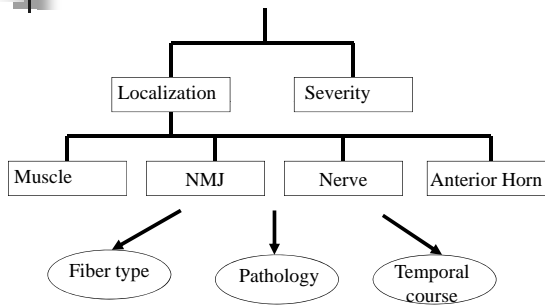
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### Goals of EDX Testing



Adapted from fig 1-2. Preston and Shapiro

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### When to order NCSs and EMG

- Mononeuropathy
- Mononeuropathy Multiplex
- Radiculopathy
- Plexopathy (Brachial or Lumbosacral)
- Anterior Horn Cell Disorders
- Diffuse neuropathies
- Cranial neuropathies
- Neuromuscular Junction Disorders
- Myopathy

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### Types of nerve conduction studies

- Sensory: typically antidromic
- Typical nerves examined: Sural, ulnar, median, occasionally radial or superficial peroneal



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### Sensory NCS Parameters

- Onset and peak latencies
- Conduction velocity
  - determined by velocity of a very few fast fibers
- Amplitude
  - determined by the number of large sensory fibers activated

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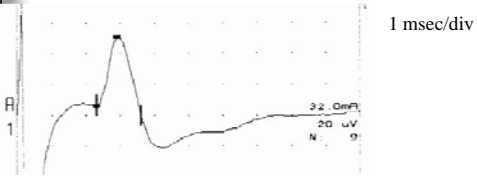
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### Normal Median Sensory Study



	Latency (msec)	CV (m/s)	Amp (uV)
Wrist-D2	2.2	58	44.1

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### Motor NCS Parameters

- Distal Latency
  - determined by conduction velocity of the nerve, neuromuscular junction & muscle
- Amplitude
  - determined by number of muscle fibers activated
- Proximal conduction velocity
  - determined by conduction velocity of the fastest fibers

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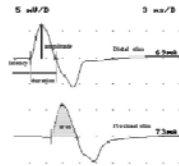
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### Motor Nerve Conductions

- Vital part of EDX as this important for identifying demyelination, compression
- Need to do proximal and distal studies to evaluate for conduction velocity, conduction block, temporal dispersion
- Typical nerves: ulnar, median, peroneal, tibial.
- Less common: radial, femoral, phrenic, spinal accessory, facial




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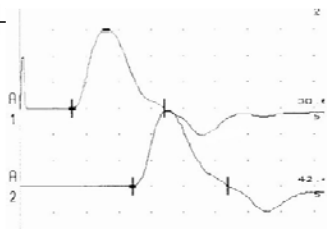
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### Normal Median Motor Study



	DL (msec)	CV (m/s)	Amp (mV)
Wrist-APB	3.2		15.0
Elbow-Wrist		55	14.8

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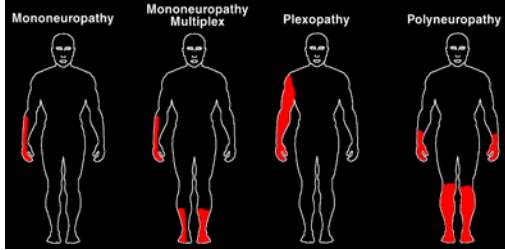
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# What is Peripheral Neuropathy?



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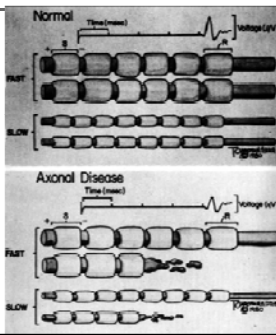
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# Nerve conduction responses after injury



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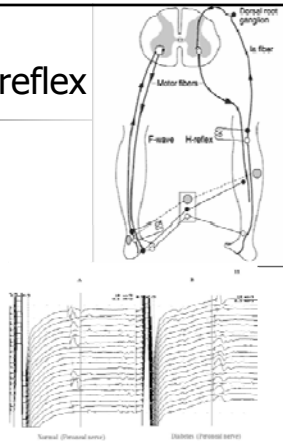
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# F-waves and H-reflex

- Useful for identifying proximal segmental demyelination
- Can only be done when motor amplitude is  $> 1$  mV
- Extremely height-dependent



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## Needle Electromyography: Data

- **Motor Unit Configuration**
  - Single motor unit: A motor axon and all its muscle fibers
  - Motor Unit Configuration: Amplitude, Duration, Morphology
  - Muscle is voluntarily activated at different force levels
  - Needle recording properties enable assessment of single MUs
- **Motor Unit Recruitment**
  - Pattern of motor unit activation with increasing volitional activation
- **Interference Patterns**
  - Motor unit pattern with full voluntary activation

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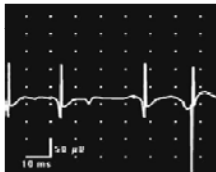
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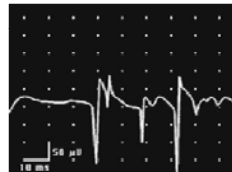
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## EMG: Spontaneous Activity

**Fibrillation Potentials**



**Positive Sharp Waves**



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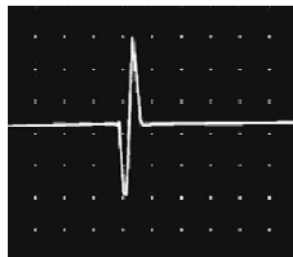
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## EMG: Spontaneous Activity



**Fasciculation Potential**

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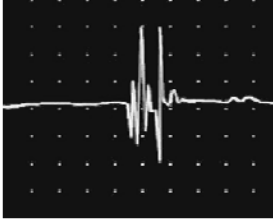
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## EMG: Neurogenic Motor Unit



10 msec/div, timebase  
2MV/vertical segment

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## EMG Motor Unit Changes

Figure 44.8  
Single voluntary motor unit potentials. A, Normal. B, Prolonged polyphasic potential seen with reinnervation. C, "Fast unit" - normally shaped but of much greater amplitude than normal. D, Short, low-amplitude "insipid" unit. Calibration: 5 sec (horizontal) and 1 mV in A and B; 5 mV in C; 100  $\mu$ V in D (vertical).



Adams and Victor, 1981

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## Common Mononeuropathies

- Median at the Wrist (CTS)
- Ulnar at the Elbow (Tardy Ulnar Palsy)
- Peroneal Palsy at the Fibular Head

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### Case 1

- 63 year old woman
- Numbness, tingling, pain of entire right hand X 4 months
- Awakens her at night.
- Drops objects from right hand
- Works as sander in furniture factory.
- Borderline diabetic
- Examination: Decreased cold entire right hand, normal strength, positive Tinel's right wrist, normal reflexes in the RUE

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### Carpal Tunnel Syndrome Atrophy of APB Muscle



Dawson, Hallett, Millender, 1990

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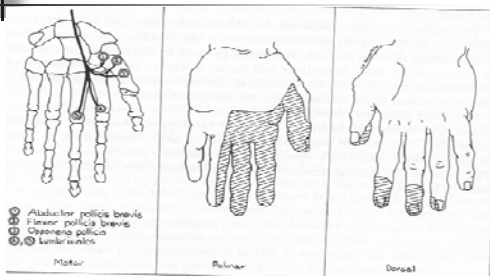
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### Median Nerve Innervation of the Hand and Sensory Loss



Kopell, Thompson, 1963

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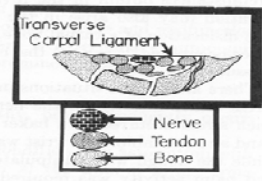
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### Carpal Tunnel Syndrome X-Section View of Wrist



The diagram shows a cross-section of the wrist. A thick band of tissue, labeled 'Transverse Carpal Ligament', arches over a row of carpal bones. Below the ligament, a nerve and several tendons are shown passing through a narrow channel. A legend below the diagram identifies the symbols: a circle with a dot for 'Nerve', a solid oval for 'Tendon', and a solid rectangle for 'Bone'.

Kopell, Thompson, 1963

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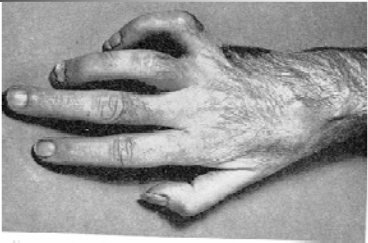
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### Ulnar Neuropathy Claw Hand



A black and white photograph of a human hand. The ring and little fingers are significantly hyperextended, a condition known as 'clawing' or 'claw hand', which is a classic sign of ulnar nerve damage.

Haymaker, Woodhall, 1953

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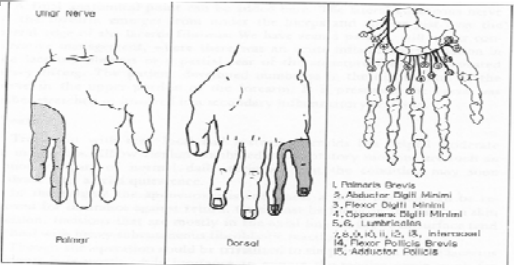
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### Ulnar Neuropathy Sensory Loss, Nerve Innervation



The figure consists of three diagrams. The first, labeled 'Ulnar Nerve', shows a hand with shaded areas on the back of the hand and the fifth and sixth fingers, indicating sensory loss. The second, labeled 'Dorsal', shows a hand with shaded areas on the back of the hand and the fifth and sixth fingers. The third diagram shows a hand with numbered points 1 through 5, corresponding to the following list of muscles:

- 1. Palmaris Brevis
- 2. Abductor Digiti Minimi
- 3. Flexor Digiti Minimi
- 4. Opponens Digiti Minimi
- 5, 6. Lumbricals
- 7, 8, 9, 10, 11, 12, 13, Interossei
- 14. Flexor Pollicis Brevis
- 15. Adductor Pollicis

Kopell, Thompson, 1963

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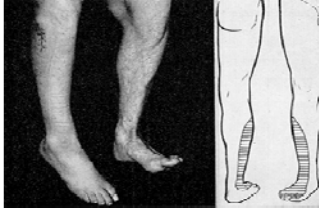
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### Common Peroneal Injury Right Foot Drop and Sensory Loss



Haymaker, Woodhall, 1953

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### Length Dependent Motor and Sensory Polyneuropathy



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### Plexopathy: Selected Etiologies

- **Compression** (CABG)
- **Inflammatory** (Parsonage-Turner Syndrome)
- **Radiation Injury** (Radiotherapy)
- **Traumatic Injury** (Traction, laceration, missile)
- **Ischemia** (Diabetic amyotrophy)

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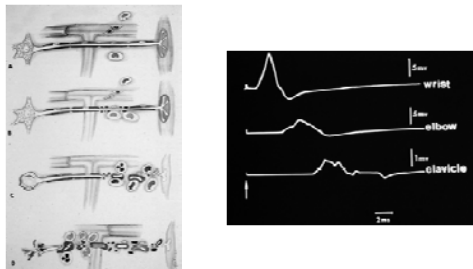
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### Guillain-Barre Syndrome Conduction Block



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### Model of Neuromuscular Junction



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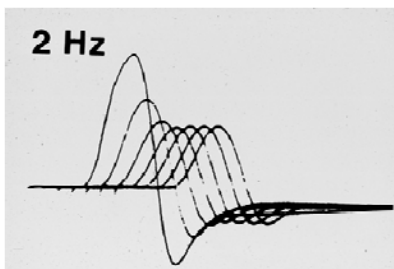
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### Myasthenia Gravis Repetitive Nerve Stimulation



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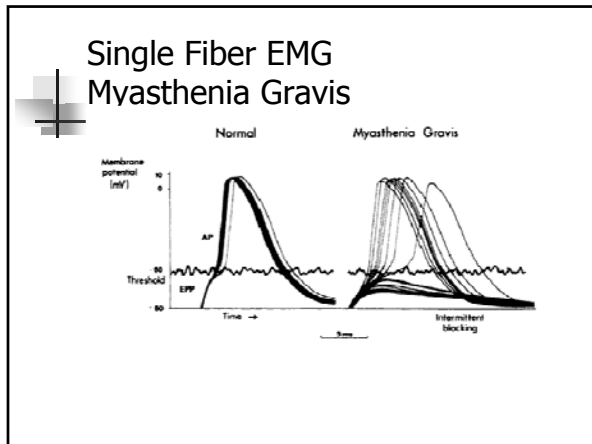
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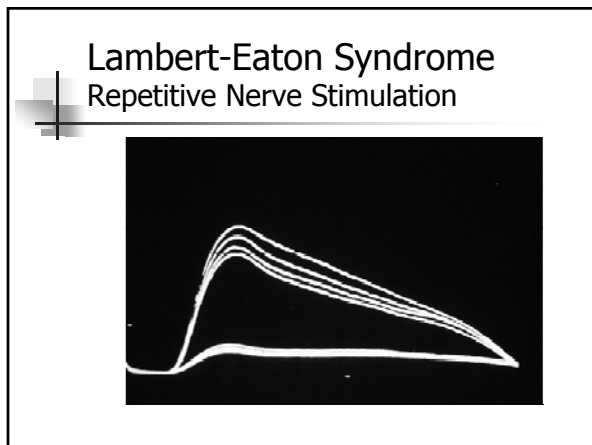
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**Dermatomyositis**  
Eyelid and Facial Rash



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**Summary: Utility of  
EMG/NCS**

- Highly sensitive indicator of early nerve injury
- Detects dynamic and functional injury missed by MRI
- Provides information regarding chronicity of nerve injury
- Provides prognostic data
- Highly localizing
- Clarifies clinical scenarios when one disorder mimics another
- Identifies combined multi-site injury, avoiding missed diagnoses
- Identifies more global neuromuscular injury with focal onset
- Provides longitudinal data for charting course, response to therapy
- **\*\* All dependent on a reliable laboratory with full repertoire of techniques**

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