



Management of penile adhesions with the use of Betamethasone Cream.

At your child's clinic visits with Pediatric Urology, adhesions of the foreskin of the penis to the glans were identified.

It was therefore recommended that you use betamethasone cream to help with taking down the adhesions. This medication will be called in to the Pharmacy that you have identified on your intake sheet.

Application of the cream

Please apply the cream 2 times per day using a Q-Tip. Please use a small quantity of cream. Retract the foreskin of the penis, until the attachment of the foreskin is visible. Put a thin layer of the cream on the actual part that appears attached.

1st two days – please apply the cream as directed above.

3rd day – 28th day – apply the cream as above, but during the application process, use the Q-Tip to push down on the foreskin attachment to get it to release. If your child appears to be uncomfortable after you have done a small area, stop and work on it further the next day. You may notice a drop or two of blood as the separation occurs. This tends to stop spontaneously and does not require further management.

Once you have successfully taken all of the adhesions down, please stop using the cream and instead continue to lubricate the head of the penis with Vaseline with every diaper change. You are going to have to use the Vaseline for a few months to prevent recurrence of the adhesions.

Your child will be seen in follow-up in 4-6 weeks. Even if you are not having success with taking down the adhesions, please continue to use the cream on the penis as this will make it easier for the adhesions to be taken down in the office with numbing cream.

Please call the office if you have any questions about the above instructions at 217-545-7123.