

Welcome to the Team!



Be on Time

- Know where you are going
- Ask your preceptor(s) ahead of time where you should be and when
- Arrive early
- Introduce yourself to everyone (clerks, secretaries, nurses, therapists, etc.)
- In the inpatient setting, pre-round and write your notes before work rounds
 - Don't be afraid to wake your patients

Know rotation expectations before you start

- Discuss expectations with each of your preceptors
- Check patient appointments in Touchworks
- Know what you need to have ready
 - FMH, ROS, Social histories, growth charts

Know your patients

- Everything that happened the night before
 - Talk to the nurses
- Know current vitals and be able to interpret them
- Know and be ready to interpret lab and radiology results
 - Look at the images!
- Prep for clinic patients ahead of time

Written documentation:

- Notes should always be thorough even if others' notes are brief
- Submit progress notes, clinic notes and H&P write-ups to the clerkship team
- Physical exams should be thorough
 - May be focused, but be thorough
 - Learn normals as well as abnormals
- Pay attention to feedback and follow it

- Don't turn your back on a child on an exam table, keep one hand on the child
- Put bedrails up every time
- Re-dress & swaddle babies (or at least attempt to) if rotating in the nursery
- Scrub in and scrub out-every patient, every time
 - Follow isolation protocols
 - Remind others to also (but nicely)

Be kind and helpful

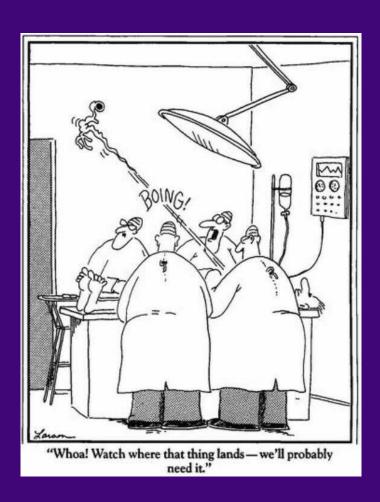
- Attendings get feedback from nursing, staff, interns and residents
 - Be respectful to everyone
 - Be helpful (without being intrusive)
- Take advantage of having more time with your patients

- If an urgent situation develops, jump in
 - Be helpful without getting in the way
 - Ask questions later
 - Debrief when things calm down
 - Appropriate timing and location
 - Ask questions and learn
 - It's okay to take a break if needed

Stay off of your phone!

- Do not check text/emails during rounds, in a patient room or while in patient care areas
- If checking something related to the patient be certain to ask the attending if it is ok
- Make it clear you are NOT texting
- Turn ringers off
- Do not talk on your cell phone unless it is related to patient care or is an emergency

Be careful with humor



Respect your fellow team members

- Don't disagree with the attending in front of patients and house staff
 - Discussion encouraged!
- Don't bring personal issues to work
- You pave the way for future students when you work in clinics and with attendings
- Expect respect in return, and report any instances of student abuse or mistreatment

Know and follow the dress code

- Scrubs are worn in Inpatient, NICU, & PICU
- Casual dress for Clinic and Newborn Nursery setting
- Ties are optional
- Close toed shoes
- Well groomed fingernails, not long
- No perfumes, colognes or scented lotion
- If you have long hair, pull it back
- Cute toys on stethoscopes should be "cleanable"

Use free time wisely

- Read- Clinical Practice Resource (CPR) link
- Ask staff questions
- Arrange to engage in other clinical activities
 - Shadow a nurse, therapist, dietician, etc.
 - Accompany a patient to any procedures
- Go to radiology and ask questions

- Write down 3 things each day that you didn't understand or that you wanted to learn more about
 - Will expand your knowledge incredibly
 - Share that list with your preceptors
 - Offer to prepare a short didactic session, become the teacher!

Know what to do if you have an emergency

- Who should be notified?
- Do you need coverage?
- Bring questions, concerns, feedback with you to your mid-clerkship meeting

- Attitude is everything!
- Even if you will never care for a child in your future career, make the best of it and acquire the knowledge and skills
- Use and seek out feedback
- Understand everything about your patients and if not, ask
- Take advantage of educational opportunities
 - Brown bags, grand rounds, resident rounds...

Dr. Chaudhary & Family Infection Control Award

Dr. Chaudhary & Family Infection Control Award

Every academic year Dr. Chaudhary and his partners will give two awards to be used for Academic Activities. A monetary award in the amount of \$500 and plaque will be awarded to one 3rd and 4th year medical student who have shown extra diligence in Infection Prevention & Control.

Criteria that must be met:

- The student must be very diligent in consistently following and encouraging others to follow Infection Prevention Guidelines during their rotation in Pediatrics and subspecialties.
- The student must demonstrate the use of/or development of Innovation in Infection Prevention Procedures.
- Students interested in this award must submit a 2000 word or less essay on the importance of Infection Prevention & Control while caring for Pediatric patients.
- Essays must be submitted by <u>April 5, 2024</u> to Dr. Sheref Unal and/or Keela Gibbs either by email, campus mail (9658), or drop off at Medical Education Suite (3A146).

• HAVE FUN!





