Louis Graham, M.D.

751 N. Rutledge Street, Room 3100 PO Box 19643 Springfield, IL 62794-9643 (217) 545-8000 Igraham52@siumed.edu

Last updated: November 4, 2024

Current Position(s)

Associate Professor of Physical Medicine & Rehabilitation and Pain Medicine, Department of Neurology Southern Illinois University School of Medicine Springfield, Illinois

Medical Director, Springfield Memorial Inpatient Rehabilitation Facility Springfield Memorial Hospital Springfield, Illinois

Medical Director, Springfield Memorial Pain Clinic Memorial Pain Clinic Springfield, Illinois

Education

| Lucation | |
|--|-------------|
| Pain Medicine Fellowship, University of Wisconsin, Madison, Wisconsin | 2016 - 2017 |
| Physical Medicine and Rehabilitation Residency, University of Missouri, | |
| Columbia, Missouri | 2013 - 2016 |
| Internal Medicine Internship, Southern Illinois University School of Medicine, | |
| Memorial Medical Center/St. John's Hospital, Springfield, Illinois | 2012 - 2013 |
| M.D., Southern Illinois University School of Medicine, Springfield, Illinois | 2008 - 2012 |
| Bachelor of Arts, Arts & Letters Pre-Professional, Psychology, | |
| University of Notre Dame, Notre Dame, Indiana | 2004 - 2008 |
| International Studies, Fundacion Universidad De Las Americas, | |
| Puebla, Mexico | Summer 2006 |
| | |
| Acadomic Annointments | |

Academic Appointments

Springfield, Illinois

| Associate Professor | 2017 - Present |
|---|----------------|
| Department of Neurology | |
| Southern Illinois University School of Medicine | |
| Springfield, Illinois | |

Professional Positions and Experience

| Medical Director, Springfield Memorial Inpatient Rehabilitation Facility Springfield Memorial Hospital Springfield, Illinois | 2022 – Present |
|--|----------------|
| Medical Director, Springfield Memorial Pain Clinic Memorial Pain Clinic Springfield, Illinois | 2021 - Present |
| Member, Clinical Performance Committee Springfield Memorial Hospital | 2021 – 2023 |

| Member, Medical Informatics Committee Springfield Memorial Hospital Springfield, Illinois | 2021 - 2023 |
|---|--|
| Chairman, Department of Rehabilitation Springfield Memorial Hospital Springfield, Illinois | 2021 - 2023 |
| Certification and Licensure Diplomate, American Board of Physical Medicine and Rehabilitation Pain Medicine Subspecialty Certification, American Board of Physical Medicine and Rehabilitation State of Illinois Physician and Surgeon Medical License (active) State of Wisconsin Medical License (inactive) State of Missouri Medical License (inactive) | 2017 - 2027 2018 - 2028 2020 - 2026 2020 - 2026 2016 - 2017 2013 - 2016 |
| Professional Development | |
| Professional Memberships and Activities American Academy of Physical Medicine & Rehabilitation Spine Intervention Society | 2012 – present 2022 – present |
| Committee Assignments and Administrative Services SIU School of Medicine Conflict of Interest Committee member Southern Illinois University School of Medicine Springfield, Illinois | 2018 – 2020 |
| Y2 NMB Curriculum Clinical Director Southern Illinois University School of Medicine Springfield, Illinois | 2018 - 2020 |
| SIU Medicine CHOP Leadership Book Club participant: "The Truth about Leadership" under direction of Dr. John Mellinger. Southern Illinois University School of Medicine Springfield, Illinois | Spring 2020 |
| Clinical / Quality Improvement Activities | |

Clinical / Quality Improvement Activities

Service (Patient Care)

80%

- 1. Develop and maintain a professional practice in accordance with departmental policy and the University practice plan (SIU Healthcare).
- 2. Conduct daily rounds on the inpatient rehabilitation unit at MMC, Monday through Friday, as attending physician, in conjunction with other neuro-rehab attendings, including initial hospital visit, subsequent visits, writing orders, ordering consultations, discharge summary.
- 3. Conduct outpatient clinics four days per week, primarily related to neuro-rehabilitations, musculoskeletal pain, spasticity, headache, and at least one day of outpatient clinics per week to be devoted to interventional pain procedures and/or chemodenervation.
- 4. In conjunction with SIU Neurosurgery, and in the context of the Neuroscience Institute, develop a multidisciplinary clinical program for spine disease.
- 5. In conjunction with SIU Neurology and other disciplines, and in the context of the Neuroscience Institute, develop multi-disciplinary clinical program for pain medicine.

March 10, 2020

| Quality | Improvement Proj | ect |
|---------|------------------|-----|
|---------|------------------|-----|

"Lean Six Sigma Black Belt Project: Improving Discharge Throughput 2019 for SMH Inpatient Rehabilitation Hospital"

Lean Six Sigma Executive White Belt Training 2018

Educational Activities

Faculty Lecturer - Student/Resident Educational Sessions

"Opioids, Pain, Headache & Migraine", SIU Y2 NMB lecture, SIU Medicine, 2018-2024 Springfield, Illinois.

"Rehab Emergencies", SIU Neurology Resident Boot Camp, SIU Medicine, 2018-2024 Springfield, Illinois.

"Pain Management", SIU Neurology Residency Program Neuroscience Course, December 16, 2022 Springfield, Illinois.

"Spine & Spinal Cord Injuries – Introduction and Overview", October 7, 2022 SIU Neurology Residency Program Neuroscience Course, Springfield, Illinois.

Clinical preceptor to graduate nursing student, DNP Project Matriculation Spring 2022

"The Neuro Exam", SIU Y2 NMB lecture, SIU Medicine, Springfield, Illinois. 2019- 2021

"Pain Medicine for the Neurology Resident", SIU Neurology Residency Program May 22, 2020 Neuroscience Course, Springfield, Illinois.

Internal Medicine Grand Rounds faculty preceptor for residents (Drs. Ismael Abu Limon and Manari Regmi) "The Highs and Lows of Marijuana". SIU Medicine, Springfield, Illinois.

MPH faculty preceptor, Spring 2020 project Spring 2020

"Investigating healthcare disparities/barriers to care for stroke patients in Central Illinois with focus on a specific population, post mechanical thrombectomy".

"Spine & Spinal Cord Injuries: Physiology, Chemistry, Neurotransmitters", October 25, 2019 SIU Neurology Residency Program Neuroscience Course, Springfield, Illinois.

"Spine & Spinal Cord Injuries: Neuroanatomy, Connections & Pathways", October 18, 2019 SIU Neurology Residency Program Neuroscience Course, Springfield, Illinois.

"Spine & Spinal Cord Injuries: Intro & Overview", SIU Neurology Residency
Program Neuroscience Course, Springfield, Illinois.

October 11, 2019

"Pain Medicine: Exams, EMGs, Interventions", SIU Neurology Residency September 19, 2019 Program Lecture, Springfield, Illinois.

"EMG as an Extension of the Physical Exam", SIU Neurology Residency

October 23, 2018

Program Neurophysiology Course, Springfield, Illinois.

Resident/Fellow Teaching

Spine Anatomy and Rehabilitation; Biomechanics May 12, 2015

Stroke Syndromes February 10, 2015

Louis Graham, M.D. Page 4 of 6

| SCI syndromes | October 21, 2014 |
|---|--------------------|
| Muscular dystrophies | September 16, 2014 |
| Neurogenic Bowel & Bladder | August 12, 2014 |
| HIV Rehabilitation | May 27, 2014 |
| Complications and Rehabilitation Considerations in Myelomeningocele | May 16, 2014 |
| Disorders of consciousness, Post Traumatic Amnesia | April 1, 2014 |
| Core Journal Club Team #3 - 2012 SAE-P: Osteoarthritis | March 14, 2014 |
| Employment of Persons with Disabilities | February 21, 2014 |
| Post Stroke Depression | November 20, 2013 |
| Physical agents/modalities | November 19, 2013 |
| Dystrophic Myopathies | October 15, 2013 |
| Honors and Awards University of Notre Dame Monogram Winner as Student Athletic Trainer Oral Presentations | 2008 |
| Local/Regional Meetings "Approach to Pain Management in Patients with Addiction Disorders", SIU addiction Conference, Springfield, Illinois | April 24, 2024 |
| "2023 Neuroboard Top 10 Hits: Common Neurological Issues for Non-Neurologists #8 – What Hurts the Most: Pain", SIU Neuroscience Institute Symposium, Memorial Learning Center, Springfield, Illinois. | August 23, 2023 |
| "Heroin and Opioids in our Community", Sangamon County Medical Society, Springfield, Illinois. | October 26, 2017 |
| Peer-reviewed Presentations MHQA Opioid Panel Discussion Panelist, MHQA Symposium, Memorial Center for Learning and Innovation, Springfield, Illinois. | October 9, 2018 |
| Grand Rounds Presentations "Evaluation of Upper vs Lower Motor Neuron Disorders", SIU Neurology Educational Series, SIU Medicine, Springfield, Illinois. | January 16, 2024 |
| "Post-Stroke Depression and Use of SSRIs", SIU Neurology Educational Series, SIU Medicine, Springfield, Illinois. | January 26, 2023 |
| "Post Stroke Shoulder Pain", SIU Neurology/Neurosurgery Educational Series, SIU Medicine, Springfield, Illinois. | March 18, 2021 |
| "Opioid Therapy and Pain Management", Memorial Medical Center Rehabilitation Unit Grand Rounds, Memorial Center for Learning and Innovation, | September 11, 2019 |

| O | | | |
|---------|-------|----|----------|
| Springf | חוםוי | | ınnıc |
| Opiniqi | 1010 | ., | ıı ıvıs. |
| | | | |

| epinigness, minere. | |
|---|--------------------|
| "Sexual Dysfunction and Disability", Memorial Medical Center Rehabilitation Unit Grand Rounds, Memorial Center for Learning and Innovation, Springfield, Illinois. | May 15, 2019 |
| "Neurogenic Bowel", Memorial Medical Center Rehabilitation Unit Grand Rounds, Memorial Center for Learning and Innovation, Springfield, Illinois. | January 23, 2019 |
| "Neurogenic Bladder", Memorial Medical Center Rehabilitation Unit Grand Rounds, Memorial Center for Learning and Innovation, Springfield, Illinois. | November 12, 2018 |
| "Pelvic Floor Dysfunction and Pain", SIU Psychiatry Educational Series, SIU Medicine, Springfield, Illinois. | October 19, 2018 |
| "Rehab Emergencies," Memorial Medical Center Rehabilitation Unit Grand Rounds, Memorial Center for Learning and Innovation, Springfield, Illinois. | July 24, 2018 |
| "Predicting Neurorehabilitation Outcomes after Trauma", Memorial Medical Center Rehabilitation Unit Grand Rounds, Memorial Center for Learning and Innovation, Springfield, Illinois. | January 16, 2018 |
| "Predicting Neurorehabilitation Outcomes after Trauma", SIU Neurology Educational Series, SIU Medicine, Springfield, Illinois. | December 13, 2017 |
| Poster Presentations National/International Meetings PAINWeek 2024 "Genicular Nerve Radiofrequency Ablation use in varied knee pathologies; A case series", Dr Shashi Maryala and Dr Louis Graham | September 2024 |
| American College of Rehabilitation Medicine 2024: "Enhancing Admission Efficiency Improving Inpatient Rehab Admission Rates with EHR Smart Phrase "Emma Hughes MS4, Dr Louis Graham | November 2024 |
| "Paget-Schroetter Disease in a College Student after Weight-Lifting: A Case Report" at American Academy of Physical Medicine and Rehabilitation, Boston, MA. | October 3, 2015 |
| "Post-Acute Care Resident Education in Physical Medicine & Rehabilitation (PM&R), A Survey" at Association of Academic Physiatrists, San Antonio, TX. | March 12, 2015 |
| Professional Community Activities "Predicting Neurorehabiliation Outcomes After Trauma" Neurology Symposium, Springfield, Illinois. | September 25, 2024 |
| Lecture with Q & A, SMH Spinal Cord Injury Support Group Meeting, Springfield Illinois | January 4, 2024 |
| "What hurts the Most, A case-based approach to back pain", Neurology Symposium, Springfield, Illinois. | August 21, 2023 |
| "SIU Medicine Minute – Introduction to PM&R" | February 24, 2021 |
| "Managing Chronic Pain: Assessing Treatment Efficacy and Setting Reasonable Goals." SIU Women's Health Conference, Memorial Center for Learning and Innovation, Springfield, Illinois. | October 2, 2019 |

| | Louis Graham, M.D. Page 6 of 6 |
|--|-----------------------------------|
| "Life After Stroke and Recovery", Be Stroke Aware: BE FAST, Abraham Lincoln Memorial Hospital Stroke Awareness Community Event, Lincoln, Illinois. | June 4, 2019 |
| "Life After Stroke and Recovery", Be Stroke Aware: BE FAST, Taylorville Memorial Hospital Stroke Awareness Community Event, Taylorville, Illinois. | May 21, 2019 |
| "Where Do Our Patients Go After Discharge? Post Acute Hospital Care Settings", Optimizing Complex Hospital Care Conference sponsored by SIU School of Medicine Departments of Family & Community Medicine and Internal Medicine, Memorial Center for Learning and Innovation, Springfield, Illinois. | April 23, 2019 |
| "Getting Your Back on Track: Interventions for Spine and Back Problems", Memorial Medical Center Community Event, Memorial Center for Learning and Innovation, Springfield, Illinois. | February 21, 2019 |
| "Complementary Pain Treatments," Memorial Physician Services, Memorial Center for Learning and Innovation, Springfield, Illinois. | May 1, 2018 |
| "SIU Neuroscience Institute Comprehensive Spine Care", SIU Medicine and Center of Family Medicine weekly sponsored health podcast recording. Radio broadcast on News Talk 94.7/970 WMAY, Thursdays, between 12:30 and 12:45 p.m., Springfield, Illinois. | April 6, 2018 |

March 12, 2018

Updated 11/7/2024

"Back Pain, How to Deal with It!" media interview with Cindy Ladage, Senior News & Times of Illinois, Springfield, Illinois.