

SIU Medicine Office of Correctional Medicine GRAND ROUNDS

Tuesday, July 15, 2025

12 – 1 p.m.

South Auditorium | Springfield, IL, Campus | 801 N Rutledge | Virtual

[Webex Link](#)

Password: SIU123

The Invisible Weight: Why Caring for Healthcare Workers Means Caring for Everyone

Benjamin Montgomery, MD

Dr. Montgomery is a board-certified family physician and a proud graduate of both the SIU School of Medicine and the SIU Family Medicine Residency in Springfield. After completing his residency, Dr. Montgomery served his country for five years in the Air Force as a primary care physician. He then dedicated many years to practicing family medicine in the Jacksonville area, providing care to diverse populations, including the local jail, the drug treatment facility, Illinois College, a weight loss clinic, and the transgender community. Currently, Dr. Montgomery works in the SIU Office of Correctional Medicine, focusing on improving standards, performance, and accountability within the Illinois prison health system.



Those participating in this activity will be able to:

- **Identify** the significant systemic issues contributing to healthcare worker burnout and poor mental health.
- **Discuss** the impact of healthcare worker burnout on patient safety, quality of care, and workforce shortages.
- **Select** individual actions and institutional responsibilities that promote healthcare worker well-being and address psychosocial risk factors in the workplace.

Disclosures:

None of the speakers, planners, or course directors have any relevant financial relationships with ineligible companies to disclose.

ACCREDITATION and CREDIT DESIGNATION:

Southern Illinois University (SIU) School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

SIU School of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SIU School of Medicine is preapproved as a continuing nursing education provider pursuant to Section 1300.130, subsection c), 1), B) and P) of the Illinois Department of Financial and Professional Regulation Nurse Practice Act. Nurses may receive a maximum of 1.0 contact hour for completing this activity.

SIU School of Medicine has been approved by the Illinois Department of Financial and Professional Regulation as a provider of continuing education for social workers (license #159-000106), clinical psychologists (license # 268-000008), professional counselors/clinical counselors (license #197-000073), nursing home administrators (license # 199-000121), and dietitians/nutrition counselors (license # 199-000106). This program offers a maximum of 1.0 CE hour.



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