

# HOW TO SUCCEED



6/12/25



**WELCOME TO THE TEAM!**





## BE ON TIME



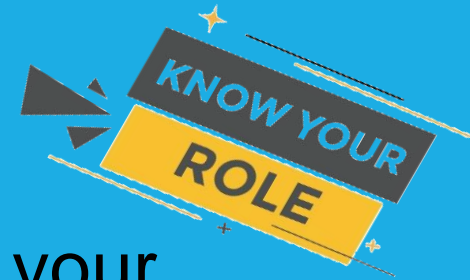
- Know where you are going
- Ask your preceptor(s) ahead of time where you should be and when
- Arrive early
- Introduce yourself to everyone (clerks, secretaries, nurses, therapists, etc.)
- In the inpatient setting, pre-round and write your notes before work rounds
  - Don't be afraid to wake your patients



BE  
on  
**TIME**



# BEFORE YOU START



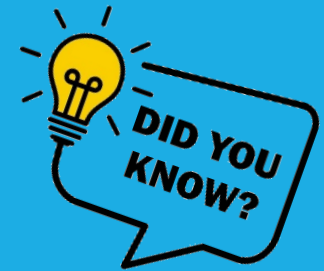
- Discuss expectations with each of your preceptors
- Check patient appointments in Touchworks
- Know what you need to have ready
  - FMH, ROS, Social histories, growth charts







# KNOW YOUR PATIENTS



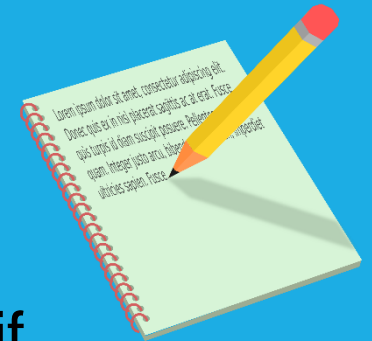
- Everything that happened the night before
  - Talk to the nurses
- Know current vitals and be able to interpret them
- Know and be ready to interpret lab and radiology results
  - Look at the images!
- Prep for clinic patients ahead of time

**BE AWARE**  
**BE PREPARED**





# ATTENTION TO DETAIL



- Written documentation:
  - Notes should always be thorough even if others' notes are brief
  - Submit progress notes, clinic notes and H&P write-ups to the clerkship team
- Physical exams should be thorough
  - May be focused, but be thorough
  - Learn normals as well as abnormalities
- Pay attention to feedback and follow it



**Attention  
to Detail**



# SAFETY FIRST



- Don't turn your back on a child on an exam table, keep one hand on the child
- Put bedrails up every time
- Re-dress & swaddle babies (or at least attempt to) if rotating in the nursery
- Scrub in and scrub out-every patient, every time
  - Follow isolation protocols
  - Remind others to also (but nicely)

**SAFETY  
FIRST!**





# BE HELPFUL AND KIND



- Attendings get feedback from everyone  
(Nursing, Staff, Residents, and interns)
- Be respectful to everyone
- Be helpful  
(without being intrusive)
- Take advantage of having more time with your patients







## IF AN URGENT SITUATION DEVELOPS

- Don't be afraid to jump in
- Be helpful without getting in the way
- Hold questions until later
- Debrief when things calm down
  - Appropriate timing and location
  - Ask questions and learn
- It's okay to take a break if needed

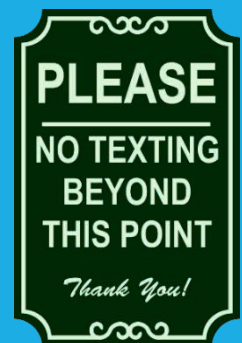




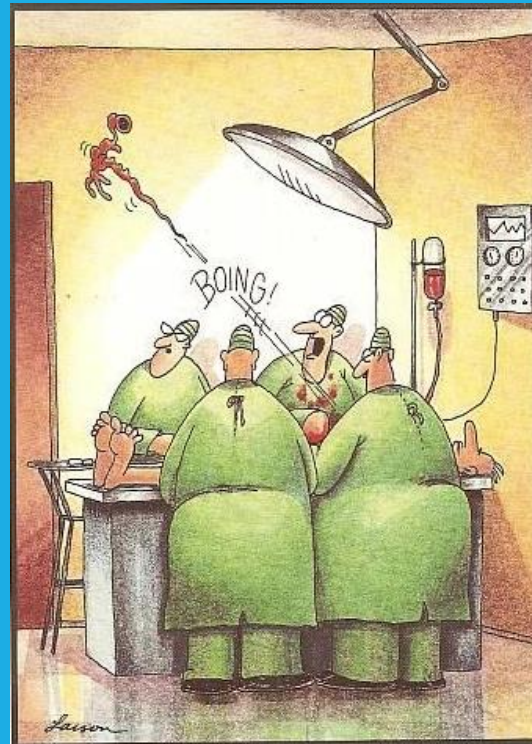
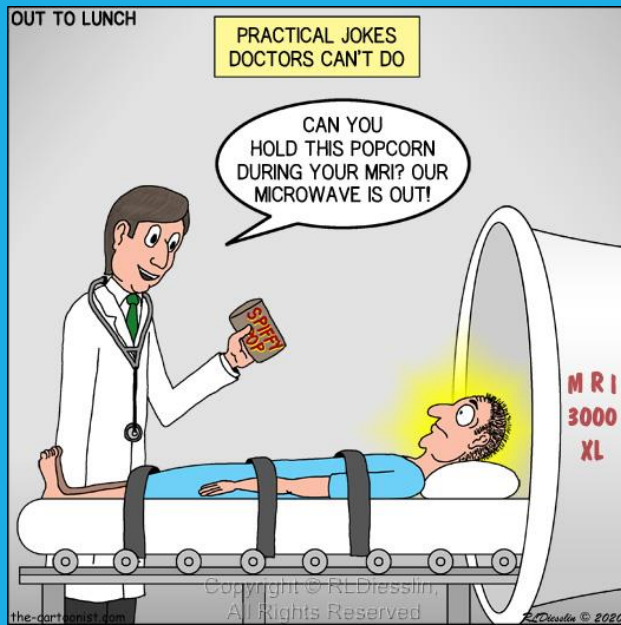
# STAY OFF YOUR PHONE!



- Do not check text/emails during rounds, patient rooms, or patient care areas
- If checking something related to the patient be certain to ask the attending if it is ok
- Make it clear you are NOT texting
- Turn ringers off
- Do not talk on your cell phone unless it is related to patient care or an emergency



# BE CAREFUL WITH HUMOR





# RESPECT YOUR TEAM MEMBERS

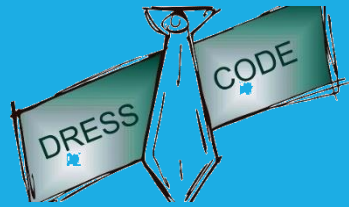
PROFESSIONALISM



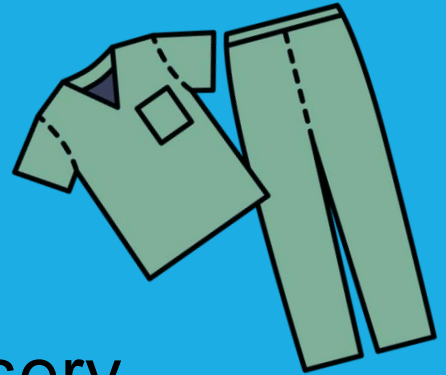
- Don't disagree with the attending in front of patients and house staff
  - Discussion encouraged!
- Don't bring personal issues to work
- You pave the way for future students when you work in clinics and with attendings
- Expect respect in return, and report any instances of student abuse or mistreatment







## DRESS CODE



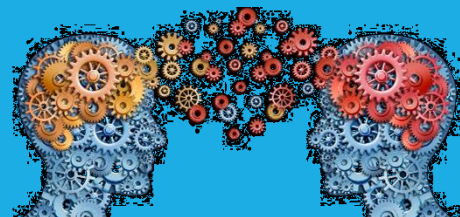
- Scrubs for Inpatient, NICU, & PICU
- Business casual for Clinic and Nursery
- Ties are optional
- Close toed shoes
- Well groomed fingernails, not long
- No perfumes, colognes, or scented lotion
- If you have long hair, pull it back
- Cute toys on stethoscopes should be “cleanable”







# SET EDUCATIONAL GOALS



List 3 things daily that you didn't understand or wanted to learn about

- Will expand your knowledge incredibly
- Share with your preceptors
- Offer to prepare a short didactic session, become the teacher!

## Examples

- Perform PE based on ages (newborn, toddler, school aged, and adolescence)
- Perform pediatric history based on service (inpatient vs outpatient)
- Come up with 3 DDX for acute visits
- Recognize developmental milestones
- Familiarize yourself with immunization schedule
- Practice writing progress notes
- Practice OCP during family centered rounds
- Familiarize yourself with normal pediatric lab values and vitals
- Learn medication dosing, nutrition needs, and fluids for peds





# MAXIMIZE YOUR OPPORTUNITIES

- Attitude is everything!
- Even if you will never care for a child in your future career, make the best of it and acquire the knowledge and skills
- Use and seek out feedback
- Understand everything about your patients and if not, ask
- Bring questions, concerns, feedback with you to your mid-clerkship meeting



**POSITIVE  
ATTITUDE**



**Expand  
your  
Horizons**





# MEDICAL HUMANITIES

- Compassionate, patient-centered and family-centered care is a universal shared common goal in the practice of pediatric medicine.
- The doctor–patient relationship is considered to be the core element in the ethical principles of medicine and the practice of medicine.
- Our patients exist in a complex world that impacts their lives and their health. Understanding those impacts is essential to providing the best care possible.



# MEDICAL HUMANITIES IN PEDIATRICS

- The pediatric setting often presents situations where the doctor–patient relationship is fundamental and also may be potentially complicated and complex.
- Thus, it is important to use effective techniques and reflection to improve patient satisfaction and outcomes as well as our own fulfillment.
- Spending focused time cultivating compassionate, patient-centered and family-centered experiences improves our understanding of the intersection of the medical humanities in our every day learning and work.



# MEDICAL HUMANITIES IN THE PEDIATRICS CLERKSHIP

Some common scenarios you may encounter include:

- The need to advocate for minors
  - Vaccine refusal
  - Non-accidental trauma
  - Unsafe sleep practices
- The role of social and political determinants of health
  - Uncontrolled illness due to unsafe housing
  - Student absenteeism due to missing physical exam/immunizations
- Managing complex emotions
  - Death of a pediatric patient
  - Child abuse



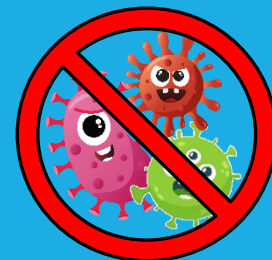
## MID-CLERKSHIP FEEDBACK

- During mid-clerkship feedback, you will be asked to reflect on where and how the medical humanities have come up throughout your pediatrics clerkship





# DR. CHAUDHARY & FAMILY INFECTION CONTROL AWARD



Every academic year Dr. Chaudhary and his partners will give two awards to be used for Academic Activities. A monetary award in the amount of \$500 and plaque will be awarded to 3<sup>rd</sup>/4<sup>th</sup> year medical students who have shown extra diligence in Infection Prevention & Control.

Criteria that must be met:

The student must be very diligent in consistently following and encouraging others to follow Infection Prevention Guidelines during their rotation in Pediatrics and subspecialties.

The student must demonstrate the use of/or development of Innovation in Infection Prevention Procedures.

Students interested in this award must submit a 2000 word or less essay on the importance of Infection Prevention & Control while caring for Pediatric patients.

Essays must be submitted by **April 6, 2026** to Dr. Sheref Unal and/or Keela Gibbs and Kelly Pickrell either by email, campus mail (9658), or drop off at Medical Education Suite (3A146).



**DON'T FORGET TO HAVE FUN!**

