

# Office of Correctional Medicine NURSE ROUNDTABLE

**Tuesday, August 26, 2025**

**12 – 1 p.m.**

**Webex Only**

[Webex Link](#)

Password: SIU123

## **What You Need to Know to Treat Hypertension** **Ashley Hill, APN, NP-C**

Dr. Ashley Hill is a certified hypertension clinician at SIU Hypertension Clinic and an experienced nurse practitioner with nine years working with hypertensive patients. She specializes in refractory, essential, and secondary hypertension, has coauthored several publications, and actively participates in ongoing research. As Associate Vice Chair of Diversity, Equity, and Inclusion, she is involved in community outreach to promote healthy outcomes in Sangamon County.



### **Those participating in this activity will be able to:**

- Recognize when to treat.
- Interpret the importance of taking accurate blood pressure readings.
- Recognize improper hypertension regimen.
- Learn to arrange an effective hypertensive regimen tailored to your patient's comorbidities.

### **Disclosures:**

None of the speakers, planners, or course directors have any relevant financial relationships with ineligible companies to disclose.

### **ACCREDITATION and CREDIT DESIGNATION:**

SIU School of Medicine is preapproved as a continuing nursing education provider pursuant to Section 1300.130, subsection c), 1), B) and P) of the Illinois Department of Financial and Professional Regulation Nurse Practice Act. Nurses may receive a maximum of 1 contact hour for completing this activity.

SIU School of Medicine is a licensed provider for continuing education for nursing home administrators (license #139-000027), social workers (license #159-000106), clinical psychologists (license # 268-000008), professional counselors/clinical counselors (license number 197-000073), and dietitians/nutrition counselors (license # 199.000121). This program offers a maximum of 1 CE hours.

All other attendees will receive a Certificate of Participation.

### **DISCLOSURE POLICY**

It is the policy of Southern Illinois University School of Medicine that speakers, planners and anyone in control of content disclose real or apparent conflicts of interest relating to the topics of this activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The SIU School of Medicine Office of Continuing Professional Development has policies in place that will identify and mitigate all conflicts of interest prior to this activity. Detailed disclosure will be provided prior to the start of the activity.



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