



Sports Medicine Fellowship Sample Block Schedule

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Institution/Sites	1, 2, 3, 4, 5, 7	1, 2, 3, 4, 5, 7	1, 2, 3, 4, 5, 7	6	1, 2, 3, 4, 5, 7	1, 2, 3, 4, 5, 7	1, 2, 3, 4, 5, 7	1, 2, 3, 4, 5, 7	1, 2, 3, 4, 5, 7	1, 2, 3, 4, 5, 7	1, 2, 3, 4, 5, 7	1, 2, 5, 7	1, 2, 5, 7
Rotation Name	Family Medicine			Ortho	Family Medicine								
	Orthopedics				Orthopedics								
	Sports Medicine Clinic				Sports Medicine Clinic								
	TRR/Event Coverage				Training Room/Game/Event Coverage								
	Mentoring/Research				MSK Radiology								
	Research Mtg				Mentoring/Research								
		PT	Pod						PT/Pod			Elective	
FM Clinic	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk	2 half days/wk
% Outpatient	20	80	80	80	80	80	80	80	80	80	80	80	80
% Research	20	20	20	20	20	20	20	20	20	20	20	20	20

Site Information:

- 1 Southern Illinois University School of Medicine
- 2 Blessing Hospital
- 3 Quincy University
- 4 Culver Stockton College
- 5 Midwest Orthopedic Specialists
- 6 Columbia Orthopedic Group
- 7 Hannibal Clinic – Blessing Health Hannibal

Short Rotation Key:

FM = Family Medicine

TRR = Training Room Rounds/Event Coverage

Ortho = Orthopedics (General, Foot/Ankle, Pediatric)

PT = Physical Therapy

Pod = Podiatry

Elective

Note: Structured research of one half day a week is built in to the Fellow's block schedule.

Longitudinal Rotations include:

- Family Medicine (Quincy Family Medicine Clinic, Quincy, IL)
- Orthopedics (Midwest Orthopedic Specialists, Hannibal, MO, Blessing Ortho Walk In, Blessing Orthopedics, Columbia Orthopedic Group, Columbia, MO)
- Training Room Rounds (Quincy University, Quincy, IL and Culver Stockton College, Canton, MO)
- Sports Medicine Clinic (Hannibal, MO)
- MSK Radiology (Quincy, IL)
- Research – Mentoring – Physical Exam Skills

Possible Electives:

- PM&R
- Rheumatology
- Family Practice Inpatient Service

Note: Vacation is scheduled throughout the year based upon the Fellow's requests and whether requirements are being met.