

Policy Title:	Designated Osteopathic Resident Appointment
Owner:	
Department:	GME
Origination Date:	04/15/2022
Last approved date:	8/8/2025
Approved By:	Graduate Medical Education Committee

I. Scope

The scope of this policy applies to all SIU sponsored residencies who have achieved Osteopathic Recognition by the ACGME.

II. Definitions

III. Purpose

The purpose of this document is to define eligibility requirements for appointment of residents who did not graduate from an accredited college of osteopathic medicine into a program with Osteopathic Recognition.

IV. Procedure

- a. It is the policy of SIU sponsored residencies with Osteopathic Recognition (OR) to provide the opportunity for physician applicants, including those who are not Doctors of Osteopathy, to apply for a residency position so they can obtain education in Osteopathic Principles and Practice (OPP) and subsequently apply it to their patient care.
- b. Each program must have at least one designated osteopathic resident per program year, averaged over three years.
- c. Programs must designate, in ADS, the residents who will formally receive Osteopathic education.
- d. Prior to entering a designated osteopathic position, applicants must have sufficient background and/or instruction in osteopathic philosophy and techniques in manipulative medicine to engage in the curriculum of the program, to include:
 - i. osteopathic philosophy, history, terminology and code of ethics;
 - ii. anatomy and physiology related to osteopathic medicine;
 - iii. indications, contraindications and safety issues associated with the use of Osteopathic Manipulative Treatment (OMT);
 - iv. palpatory diagnostic osteopathic structural examination and OMT application.
- e. All physicians who have graduated from a Commission on Osteopathic College Accreditation (COCA)-accredited College of Osteopathic Medicine (COM) who hold a DO degree are deemed to have sufficient background and/or instruction to enter a designated osteopathic resident position.
- f. All physicians who graduated from a medical school accredited by the Liaison Committee on Medical Education (LCME), in the United States or Canada must demonstrate a minimum 100 hours of didactic and hands-on training in the areas specified above in order to be considered for admission to a SIU affiliated residency program with OR.*
- g. All physicians who graduated from a medical school accredited outside of the United States or Canada must demonstrate a minimum 100 hours of didactic and hands-on training in the areas specified above in order to be considered for admission to a SIU affiliated residency program with OR.*
- h. Individual programs may have additional eligibility requirements, provided that they clearly identify what is required of all applicants prior to entering a designated osteopathic position.

- i. The applicant must provide documentation of fulfillment of required training as well as an evaluation by their trainer which includes both technical and subjective aspects of the applicant's performance. The evaluation must also include the trainer's contact information.
- j. Establishing this resident eligibility requirement does not imply that a program must accept an applicant. Programs will follow their usual policies and procedures when undertaking a review of applicants and accept those they deem most qualified.
- k. If the resident meets the above requirements they will matriculate into the designated OR program at the beginning of their first year.

* Of note the minimum 100 hours listed above must include documentation of 60 hours of didactics (OPP/OMM) and 40 hours of hands on OMM. The 60 hours of didactics training in OPP/OMM can be obtained either by online and/or live CME. Examples of some sources of CME could include NCOPPE, ACOFP Convention and Scientific Seminars and State Osteopathic Societies Conferences. The 40 hours of documented hands on OMM workshop training should be from live CME. Some examples of this could include the annual NCOPPE OMM bootcamp, the annual ACOFP OMT bootcamp and State Osteopathic Societies OMM hands on workshops.

V. References

VI. Attachments

VII. Periodic Review

VIII. Reviewed by
Graduate Medical Education Committee

IX. Office of Responsibility
GME