

# SIU Medicine Office of Correctional Medicine GRAND ROUNDS

Tuesday, September 16, 2025

12 – 1 p.m.

South Auditorium | Springfield, IL, Campus | 801 N Rutledge | Virtual

[Webex Link](#)

Password: SIU123

## The Ins and Outs of Advanced Directives: Legal and Medical Perspectives

Zak Gurnsey, MD, SFHM, FACP

Paulette Dove, JD

A Springfield native, Dr. Zak Gurnsey is a 2006 graduate of SIU School of Medicine and a 2009 graduate of SIU's Internal Medicine residency program. After completing residency, he joined SIU's faculty in 2009 as a Hospitalist, a clinical role that he still maintains. His current academic rank is Associate Professor. He was promoted to Division Chief of General Internal Medicine and Departmental Vice Chair of Hospital Medicine in 2020. He has participated in numerous projects and committees at SIU, Memorial, and St. John's. He also currently holds a medical director advisory role in SIU's Office of Correctional Medicine.



Paulette Dove serves as Senior Counsel for Health Affairs at Southern Illinois University School of Medicine in Springfield. Prior to joining Southern Illinois University, Paulette worked with physicians, medical providers, regulators and insurers in a variety of settings. Most recently, Paulette worked for the state of Illinois Department of Insurance as General Counsel and Deputy Director of Health Products, and for the Department on Aging as Deputy General Counsel. Before joining the state, Paulette established the legal team for a rapidly growing physician group, and also spent fifteen years in private practice. During her time in private practice, Paulette represented physicians, nursing homes, insurance companies and litigated complex civil matters. Paulette graduated from the Washington University College of Law at the American University, and completed her undergraduate work at the State University of New York at Albany.



### Those participating in this activity will be able to:

- Define the variety of available advanced directives.
- Discuss the legal ramifications of the advanced directive types.
- Discuss the medical utility of the advanced directive types.

### Disclosures:

None of the speakers, planners, or course directors have any relevant financial relationships with ineligible companies to disclose.

### ACCREDITATION and CREDIT DESIGNATION:

Southern Illinois University (SIU) School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

SIU School of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SIU School of Medicine is preapproved as a continuing nursing education provider pursuant to Section 1300.130, subsection c), 1), B) and P) of the Illinois Department of Financial and Professional Regulation Nurse Practice Act. Nurses may receive a maximum of 1.0 contact hour for completing this activity.

SIU School of Medicine has been approved by the Illinois Department of Financial and Professional Regulation as a provider of continuing education for social workers (license #159-000106), clinical psychologists (license # 268-000008), professional counselors/clinical counselors (license #197-000073), nursing home administrators (license # 199-000121), and dietitians/nutrition counselors (license # 199-000106). This program offers a maximum of 1.0 CE hour.



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