

ASTHMA ECHO

October 30, 2025 THROUGH June 25, 2026

4th Thursday of Every Month | Noon-1pm | Virtual

*Occurs on the third Thursday

SIU Asthma ECHO aims to improve asthma management by providing healthcare providers, administrators, and executives with insights on reducing asthma hospital admissions and readmissions and creating a network of providers in the region working together to improve care for asthma patients.

BENEFITS OF THE ASTHMA ECHO

Earn up to 9 continuing education credits Present your cases to a panel of physicians and addiction specialists Learn and interact with experts from your phone, computer or tablet. No need to travel! Discuss timely topics, including asthma medications, EXHALE strategies, public awareness and more.

ABOUT PROJECT ECHO

Project ECHO® (Extension for Community Healthcare Outcomes) is a movement to demonopolize knowledge and amplify the capacity to provide best-practice care for underserved people all over the world through three tenets:

MULTIPPOINT
VIDEOCONFERENCING BEST
PRACTICES PROTOCOL CASE-
BASED LEARNING



To register, scan the QR code or visit,
<https://iecho.org/public/program/P/RGM1696534851945RLTKUXTW6>

For more information about the Asthma
ECHO email echo@siumed.edu.

2025-2026 TOPICS

October 30, 2025

Introduction to the CDC's EXHALE Strategies

November 20, 2025*

Asthma Pathology: How Asthma Affects the Body

December 18, 2025*

Asthma Attacks: Emergency Response and Linkage to Care

January 22, 2026

Home Visits: Trigger Reduction and Asthma Self-Management Education

February 26, 2026

Changing Seasons: Asthma Management, Pollen, Dust, Wildfires, and Campfires

March 26, 2026

Sick Days: Asthma Management During Viral and Bacterial Infections

April 23, 2026

Asthma in Children: Treatment Planning for School and Sports

May 28, 2026

Asthma Medications: Control, Rescue, and New Medications

June 25, 2026

Asthma Advocacy



FREE CONTINUING EDUCATION CREDITS AVAILABLE

CONTINUING EDUCATION As a participant, you will receive 9 (1 hour) sessions at no cost to you or your organization. Each session will include a short didactic on a specific topic related to asthma, a case presentation, and a discussion and recommendations on the case. The number of credits is dependent on the number of sessions attended. **ACCREDITATION:** Southern Illinois University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. **CREDIT:** The Southern Illinois University of Medicine designated this live activity for a maximum of 1 AMA PRA Category 1 credit™ per session. Physicians should claim only the credit commensurate with their participation in the activity. SIU School of Medicine is preapproved as a continuing nursing education provider according to Section 1300.130, subsection c), 1), B), and O) of the Illinois Department of Financial and Professional Regulation Nurse Practice Act. Nurses may receive a maximum of 1.0 contact hour per session for completing this activity. SIU School of Medicine is a licensed provider for continuing education for nursing home administrators (license #139-000027), social workers (license #159-000106), clinical psychologists (license # 268-000008), professional counselors/clinical counselors (license number 197-000073), and dietitians/nutrition counselors (license#199.000121) This program offers a maximum of 1 CE hour (per session attended). **DISCLOSURE POLICY:** It is the policy of Southern Illinois University School of Medicine that speakers, planners and anyone in control of content disclose real or apparent conflicts of interest relating to the topics of this activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). The SIU School of Medicine Office of Continuing Professional Development has policies in place that will identify and mitigate all conflicts of interest prior to this activity. Detailed disclosure will be provided prior to the start of the activity.