

SIBYL Y. COX, MS, RDN, CSP, LD, CLC

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EXPERIENCE

Pediatric Dietitian, Department of Pediatrics, Southern Illinois University School of Medicine, Springfield, Illinois
July 2002 – Present

- Provide outpatient nutritional assessment and dietary counseling for patients and their parents in general pediatrics and pediatric subspecialties with emphasis in Gastroenterology
- **Allied Health Professional**, St. John's Hospital, Springfield, Illinois
Inpatient nutritional assessment and education
- **Dietitian for The Center for Selective Eating and Pediatric Feeding Disorders**, Memorial Medical Center, Springfield, IL
Assess patients with feeding difficulties and design feeding and behavior plans with multidisciplinary team
- **Cystic Fibrosis Dietitian**
Management of outpatient cystic fibrosis pediatric and adult patients
- **Clinical Instructor**, SIU School of Medicine
Assist in the teaching of pediatric nutrition to medical students, residents and practicing physicians

Clinical Dietitian, St. John's Hospital, Springfield, Illinois
May 2000 – July 2002

- **Neonatal Intensive Care Dietitian**, March 2001 – July 2002
Evaluate nutritional status and recommend nutrition support for 40 bed Level III NICU
- **Clinical Dietitian for Adult ICU and Pediatrics**, May 2000 – March 2001
Nutritional assessment and care planning for adult ICU patients
Assist with coverage for pediatric GI clinic, pediatric intensive care, and general pediatrics
Assist with policy updating, form revisions, and educational material creation
- **Clinical Instructor for St. John's Hospital School of Dietetics**, May 2000 – July 2002
Supervise and teach dietetic interns
Member of Internship Selection Committee

Clinical Dietitian, Decatur Memorial Hospital, Decatur, Illinois
May 1999 – May 2000

- Performed nutrition screening and assessments for the geriatric, pediatric, and obstetrics populations

EDUCATION

University of Missouri-Columbia
Master of Science, Human Nutrition, Foods, and Food Systems Management
Proficiency Area: Health Promotion and Wellness Education
December 1999

University of Missouri-Columbia
Coordinated Program in Dietetics
May 1999

University of Missouri-Columbia
Bachelor of Science, Food Science and Human Nutrition, Nutrition and Fitness
May 1997, *Summa Cum Laude*

CERTIFICATIONS

Certified Specialist in Pediatric Nutrition

PRESENTATIONS

“From Triage to Treatment: Therapy 911 What To Do For Your Most Challenging Feeding Therapy Patients.” Multiple dates & locations 2016.

“Effective Communication with Patients and Families: Counseling, Motivation and Empowerment Using Simulated Patient Encounters.” Restoring Healthy Families and Communities in an Obesogenic Environment: A Toolkit for Health Care Professionals Conference, Springfield, Illinois, September 2014.

“More than Picky: Take the Fight out of Food with Food Chaining: A Multidisciplinary Treatment Approach to Treating Feeding Aversion.” Continuing Education Programs of America. Presenters: Sibyl Cox, MS, RD, Cheri Fraker, MS, CCC/SLP-L, CLC, Laura Walbert, MS, CCC/SLP-L. Multiple dates & locations 2006-2010.

“Food For Thought.” (Webinar) The Autism Program of Illinois, Springfield, Illinois, April 2010.

“Introduction to Food Chaining as a Technique for Treatment of Pediatric Feeding Disorders.” Special Needs in the Early Years Conference, Little Rock, Arkansas, July 2008.

“It Takes A Team to Feed a Child: Multidisciplinary Care Programs for Infants & Children with Feeding Disorders.” Continuing Education Programs of America. Presenters: Sibyl Cox, MS, RD, Cheri Fraker, MS, CCC/SLP-L, Laura Walbert, MS, CCC/SLP-L, Jessie Bricker, MS, OTR/L, Mark Fishbein, MD. Chicago, Illinois, March 2007.

“The Multidiscipline Outpatient Management of Complex Feeding Disorders in Children.” American Academy of Cerebral Palsy and Developmental Medicine 59th Annual Meeting, Orlando, California, September 2005.

“Multi-Disciplinary Approach to the Evaluation & Treatment of Infants & Children with Feeding/Swallowing Disorders.” Continuing Education Programs of America. Presenters: Sibyl Cox, MS, RD, Cheri Fraker, MS, CCC/SLP-L, Julie Green, MS, OTR/L, Laura Walbert, MS, CCC/SLP-L. August 2005.

“The Multidiscipline Outpatient Management of Complex Feeding Disorders in Children.” American Academy of Cerebral Palsy and Developmental Medicine 58th Annual Meeting, Los Angeles, California, October 2004.

“Food Chaining: A Systematic Approach for the Treatment of Children with Eating Aversion.” 2nd World Congress of Pediatric Gastroenterology, Hepatology and Nutrition, Paris, France, July 2004.

“Supplementation of Vitamin D for Exclusively Breastfed Infants”, Radio Interview, Springfield, Illinois, April 2003.

“Pediatric Feeding Team”, Beyond Assessment: Interdisciplinary Feeding Intervention and Follow-up Conference, Los Angeles, California, March 2003.

“Healthy Eating on Halloween”, Radio Interview, Springfield, Illinois, October 2002.

“Basic Neonatal Nutrition,” Clinical Nutrition Meeting, St. John’s Hospital, Springfield, Illinois, September 2001.

“What Makes A Healthy Diet,” Near South Neighborhood Association Meeting, Springfield, Illinois, February 2001.

“Calcium and Fluid in the Elderly,” St. John’s Hospital’s Third Age Living, Springfield, Illinois, February 2001.

“Teen Dieting”, WICS Channel 20, Springfield, Illinois, July 2000.

“Food4Kids: Use of a Food Safety World Wide Web Site for Promoting Healthy Behavior Changes in Children,” American Dietetic Association’s 81st Annual Meeting, Kansas City, Missouri, October 1998.

“Nutrition Education, Computer, and Internet Practices of Missouri Teachers,” American Dietetic Association’s 81st Annual Meeting, Kansas City, Missouri, October 1998.

PUBLICATIONS

Benton K, Swenny C, Cox S, Fraker C, Fishbein M. "Pediatric Outpatient Feeding Clinic: If You Build It, Who Will Come?" *Journal of Parenteral and Enteral Nutrition*. 2015; 39(7) 855-859.

Fishbein M, Branham C, Fraker C, Walbert L, Cox S, Scarborough D. "The Incidence of Oropharyngeal Dysphagia in Infants With GERD-like Symptoms." *Journal of Parenteral and Enteral Nutrition*. 2013; 37 (5) 667-673.

Fraker C, Fishbein MH, Cox S, Walbert L. *Food Chaining: The Proven 6-Step Plan to Stop Picky Eating, Solve Feeding Problems, and Expand Your Child's Diet*. New York, NY: Perseus Publishing; October 2007.

Fishbein MH, Fraker C, Walbert L, Cox S, Swenny C. "Food Chaining: A Systematic Approach to Treatment of Children with Feeding Aversion." *Nutrition in Clinical Practice*. 2006; 21 (2) 182-184.

Fishbein MH, Mogren J, Mogren C, Cox S, Jennings R. "Undetected Hepatomegaly in Obese Children by Primary Care Physicians: A Pitfall in the Diagnosis of Pediatric Nonalcoholic Fatty Liver Disease." *Clin Pediatr*. 2005; 44: 135-141.

Fishbein MH, Cox S. Non-Alcoholic Fatty Liver Disease in a Toddler: Case Report. *Clin Pediatr*. 2004; 43: 483-485.

Fishbein MH, Cox S, Walbert L, Fraker C. Feeding Disorders in Children: A Little Taste. *Nutrition & the M.D.*, 2003; 29(6):1.

PROFESSIONAL AFFILIATIONS

Illinois Dietetic Association, 1999-present
Academy of Nutrition and Dietetics, 1997-present
American Society for Parenteral and Enteral Nutrition, 2000-present

CONTINUING EDUCATION

NASPGHAN Annual Meeting, Atlanta, Georgia, October 2014, Washington DC 2015.

NASPGHAN Nutrition Symposium for Dietitians, Chicago, Illinois, October 2013.

ASPEN's Clinical Nutrition Week, Phoenix, Arizona, February 2013.

The University of Chicago Celiac Disease Center Preceptorship Program, Chicago, Illinois, December 2011.

North American Cystic Fibrosis Conference, Denver, Colorado 20 ; Baltimore, Maryland, October 2010; Orlando, Florida 2016.

The Autism Program in Illinois Autism Training, Springfield, Illinois, June 2009.

Special Needs In the Early Years Conference, Little Rock, Arkansas, July 2008.

Lactation Counselor Certificate Training Program; The Center for Breastfeeding, Springfield, Illinois, September 2007.

Raising A Healthy Eater Workshop by Ellyn Satter, Memorial Medical Center, Springfield, Illinois, March 2007.

ASPEN's Clinical Nutrition Week, Dallas, Texas, February 2006.

Pursuing Excellence in Nutrition Support Practice, Dietitians in Nutrition Support 2005 Symposium, Dallas, Texas, June 2005.

Certificate of Training in Childhood and Adolescent Weight Management, Little Rock, Arkansas, November 2004.

Beyond Assessment: Interdisciplinary Feeding Intervention and Follow-Up, UCLA School of Public Health and Children's Hospital Los Angeles, Los Angeles, California, March 2003.

Feeding Disorders in Children: A Little Taste, St. John's Hospital and SIU School of Medicine, Springfield, Illinois, November 2002.

Building Bright Futures: Neonatal, Pediatric and Adolescent Nutrition in the 21st Century, Indiana University School of Medicine, Indianapolis, Indiana, September 2002.

Neonatal Nutrition Conference, Baylor College of Medicine, Houston, Texas, March 2001.

ASPEN's 24th Clinical Congress, Nashville, Tennessee, January 2000.