# Curriculum Vitae Marthe KP dela Cruz, MD - Pediatrics

#### **Personal Information**

Place of Birth: Decatur, IL

Marital Status: married to Jonathan dela Cruz, M.D. (Emergency Medicine)

Maiden name: Phelps

# **Education**

Enrolled: 2006/07-2009/06

University of Iowa, Pediatrics Residency Program

Iowa City, IA

**Completed Pediatric Residency** 

Enrolled: 2002/08-2006/06

Southern Illinois University of Illinois, School of Medicine

Springfield, IL

**Doctor of Medicine** 

Enrolled: 1998/08-2002/06

University of Illinois Champaign, IL

Bachelor of Science:

General Biology Major Chemistry Minor

# **Employment History**

2001-2002 - Conference services with University of Illinois

2001-2002 - Laboratory work with Agriculture Dept at University of Illinois

1997-2002 - Spring/Summer Field Laborer at Dunlap Tree Nursery

1996-1997 - Summer Lifeguard at Blue Mound Swim Club

# **Clinical Work Experience**

2009/08 - current

**Assistant Professor of Clinical Pediatrics** 

Southern Illinois University School of Medicine, Department of Pediatrics - Division of General Pediatrics, Ambulatory Services & Hospitalist Services Call Pool.

Springfield, IL

St. John's Hospital – Carol Jo Vecchie Women's and Children's Center

Duties include: Ambulatory pediatrics, newborn nursery, and inpatient call coverage on nights and weekends.

2009/07

Planned time off to relocate and take vacation

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2006/06 - 2009/06

University of Iowa Children's Hospital - Iowa City, IA

Pediatric Residency training program

4,700 admissions a year, 157 pediatric beds, including level 3 NICU and level 1 PICU

# 2008/03

Blank Children's Hospital - Des Moines, IA Pediatric Emergency Department 22,000 visits a year, level 1 Trauma center

# Licensure

USMLE Step 1 pass, August 2004 USMLE Step 2-CK pass, January 2006 USMLE Step 2-CS pass, March 2006 USMLE Step 3 pass, December 2008 Pediatric Boards pass, October 2010

# Certification

Basic Life Support certified in Residency Pediatric Advance Life Support certified in Residency Neonatal Resuscitation Provider certified in Residency

# **Professional Memberships**

American Medical Association – Student member 2002-2008, member 2009 - present American Academy of Pediatrics – Resident member 2006 - present

#### **Committees**

Resident Recruitment Committee – 2009 and on going

Part of the faculty assigned to interview and make decisions on applicants to the pediatric residency program at SIU School of Medicine.

Springfield Collaborative for Active Child Health - 2010 and ongoing

Blue Cross/Blue Shield Obesity grant aimed at combating the growing obesity epidemic in the pre-kindergarten and school age children by encouraging active learning activities and healthy food choices

Library Advisory Committee –2010 and ongoing

Quarterly meeting to discuss how library may best serve the SIU School of Medicine.

LCME Accreditation Faculty subcommittee – Fall/Winter 2013

Helped review and prepare the self-study report for the LCME site visit planned for Jan 2015 Senior CCX Committee - 2013 and ongoing

Monthly meetings to develop clinical test cases for 4<sup>th</sup> year medical students, review other faculty member's cases, train standardized patients, and grade each student's scores and diagnosis justification for my assigned case.

#### Lectures

Ongoing Fluids and Electrolytes – pediatric 3<sup>rd</sup> year clerkship streamer given every 6 weeks 6/24/2010 Pediatric Dental Issues – Pediatric residents lecture, given every 2-3 years

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6/22/2011 Battling the Bulge, Pediatric Obesity –given to family medicine residents
5/4/2011 Up Dates In primary Care: Pediatric Infectious Disease – CME lecture
3/1/2012 The Adolescent Sports Physical - resident lecture

3/8/2012 Pediatric Grand Round: Gardisil... For Guys? Updates on HPV vaccine

12/9/2010 Pediatric Grand Rounds: Battling the Bulge - Springfield Collaborative

3/26/2012 Residency Readiness elective – Outpatient ADHD management – medical student lecture

4/11/2012 Pediatric for Primary Care: Pediatric Obesity - CME lecture

5/17/2012 Common Pediatric Fractures and Ortho Injuries – resident lecture given every 2-3yrs

8/23/2012 Pediatric Grand Rounds: CPC: 1month old with Jaundice (giant cell hepatitis)

8/29-9/12/13 Weighing in on the Problem: a collaborative three part Pediatric Grand Round series on obesity in the ambulatory clinic, the specialty clinic and the community

11/12/2015 – Pediatric UTI – resident lecture given every 2-3 years

# **News Segments**

"How to know if your child has diabetes "—www.behealthysprinfield.com online public article about the difference between Diabetes types 1&2 "Childhood Obesity: A major health Problem" — <a href="www.sj-r.com">www.sj-r.com</a> with Ruth Slotag Online public article and radio interview about rising pediatric obesity rates "Cold Weather Gear" — with Ruth Slotag

Online public article and radio interview about appropriate winter wear Live Radio Interview (2014?) -5min interview about screen time and how it relates to obesity

#### **Awards**

2008 - "Making a Difference" Recognition award, as a resident at the University of Iowa, nominated by patient's family and recognized by Department administration.

# Mentoring

Mentor to MS3 students on the pediatric clerkship – reoccurring every 6 weeks Mentor to MS2 student – year round, but alternating years. Mentor for Individually Designed Elective – breast feeding, Anna Grindy, MS4 (April 2016)

# Interests

Faculty Interests:

Reach out and Read program – initiated the program here.

Pediatric Interest Group – Faculty advisor since 2007

Obesity in Pediatrics –2016 working with St. John's to develop an 8wk program for affected families

# Residency Interests:

PHIT program – advocacy program targeting obesity in teens
Reach out and Read program – promoting reading in early child hood
Applicant Welcome group – informal lunch and dinner meetings 3xs per week
Volunteer: Toddler exam sessions – teaching medical students the toddler exam
Pediatric Interest Group – sharing information at residency fair

Medical School Interests:

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Class Treasurer – organized class fundraisers
Enos Mentorship program – weekly meetings with under privileged children
Special Friends - American Cancer Society, monthly visits with affected children
Yearbook committee – organized and designed the graduation yearbook

# College Interests:

Illini Pride Board Member, Homecoming chair – student athletic support group Alpha Phi Omega – national service fraternity

Personal Interests: Basketball and Football fan, gardening, dance, reading, arts and crafts