

Emily Lane, MSW, LCSW

SIU School of Medicine Department of Psychiatry
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Experience

Southern Illinois School of Medicine
Department of Psychiatry, Adult Division with a focus in geriatrics
Adjunct Instructor
Licensed Clinical Social Worker

August 2012 to Present

- Director, Year Four Curriculum, SIU-SOM (July 2017 – June 2019)
- Year Four Elective Coordinator, Department of Psychiatry
- Director, Continuing Professional Development, Department of Psychiatry (Jan 2015 – Oct 2017)
- Provide individual and family psychotherapy services.
- Provide direct and indirect psychotherapy supervision to resident physicians in the training program
- Co-teach the Introduction to Psychotherapy and Geriatric Seminars to resident physicians in the training program.
- Provide educational training to residents and clinical consultation for Psychiatry's Geriatric Clinic.
- Conduct initial appointments for intake of adult patients, triaging as appropriate to psychiatrists, residents, fellows and therapists, keeping in mind the importance of educational needs in psychotherapy for residents and fellows.
- Provide education/information throughout all phases of outpatient care to clients and/or families to maximize the patient/family's ability to understand and adhere to medical recommendations. Act as a patient advocate and assists with problem solving.
- Current Committee Appointments
 - Year Four Curriculum Advisory Committee (SIU-SOM)
 - Psychotherapy Training Committee (departmental)
 - Continuing Professional Development Committee (departmental)

St. John's Hospital
Clinical Consultant

August 2008 to August 2012

- Provided primary services to individuals on my personal caseload on the inpatient unit, which included an initial psychosocial assessment, creation of a Master Treatment Plan (MTP) and offer crisis counseling/brief psychotherapy.
- Formally reviewed each individual's progress on a weekly basis and made changes to the MTP as goals were met and/or additional goals were appropriate.
- Served as a broker to outside services for individuals in need of assistance in a variety of areas, such as financial or housing support, transportation, outpatient mental health follow-up, medication assistance, specialty counseling services, etc.
- Collaborated with members of a multidisciplinary treatment team, including nurses and physicians, in order to best serve clients both at the hospital and in planning for discharge.
- Provided consultation when requested to individuals living with chronic insomnia at St. John's Hospital's Sleep Clinic.
- Provided weekly consultation to individuals living with COPD at St. John's Hospital's Pulmonary Rehab.
- Provided outpatient counseling to clients for St. John's Behavioral Health Outpatient program. This involved completing a psychosocial assessment, creating and maintaining treatment plans with specific goals for therapy, as well as developing high levels of rapport and trust with individuals seeking treatment.



**Southern Illinois University Edwardsville
Graduate Assistant**

August 2007 to August 2008

- Served as a graduate assistant to the Social Work Department Chair throughout my master's program at SIUE. Specifically, I functioned as a research assistant to the Chair, mainly focusing on historical research on eugenics.
- Published Work:
O'Brien, G. & Lane, E.** "MDA and 'Jerry's Kids'." Accepted in November, 2007 for publication in the *Encyclopedia of Disability History*. Publication Date-Sept., 2009.

**Muscular Dystrophy Association
Health Care Services Coordinator**

July 2005 to July 2007

- Coordinated and managed three monthly neuromuscular clinics in Springfield, Champaign, and Peoria.
- Coordinated and managed one monthly ALS-specific clinic in Springfield.
- Served persons with one of 43 different neuromuscular diseases in over 40 counties throughout central, eastern, and western Illinois by establishing relationships and responding to individual needs for durable medical equipment, financial assistance and supportive counseling.
- Planned and implemented a week long summer camp program for children living with neuromuscular disease, including interviewing, training, and supervising a staff of 50 volunteer counselors.
- Planned and implemented support groups throughout my service area. Some of these groups were targeting persons affected by neuromuscular disease. Others were focused on assisting caregivers.

**Triangle Center
Addictions Counselor**

May 2003 – July 2005

- Served both residential and outpatient clients on my personal caseload by completing an initial assessment, focusing on a bio-psycho-social model, and creating and maintaining a treatment plan specific to their needs.
- Reviewed client progress toward goals each week and provide individual counseling services.
- Facilitated groups for persons enrolled in the residential, intensive and basic outpatient programs. Groups focused on psycho-education, parenting courses, coping skills and working a 12-step program toward addiction recovery.

Education

Southern Illinois University Edwardsville
Concentration in Health, Mental Health and Disabilities;

Master of Social Work

August 2008

Advanced Standing course of study

University of Illinois Springfield
Graduated magna cum laude

Bachelor of Social Work

May 2003

License

Licensed Clinical Social Worker