

Christopher L. Mogren APN, FNP-BC

Experience

2007 – Present: Nurse Practitioner

Southern Illinois University School of Medicine

Department of Internal Medicine, Division of Gastroenterology

- Perform health assessments on complex GI patients and develop and implement treatment plans. Order and interpret diagnostic studies and perform other diagnostic, therapeutic or corrective measures as necessary for patients at SIU Clinics, St. John's Hospital, St. Mary's Hospital and Memorial Medical Center
- Educate and counsel patients and their families of GI related diagnosis and problems
- Collaborate and discuss with primary care physicians the evaluation and therapy needs of patients

2013—Present: Nurse Practitioner

Southern Illinois University School of Medicine

Department of Pediatrics, Division of Pediatric Gastroenterology

As of April 2013: 80% of my full time position is with Pediatric Gastroenterology at SIU School of Medicine working under Dr Charmaine Mziray-Andrew and Dr Prashanth Porayette. I specialize in developing a transition for adolescents with IBD, IBS or other chronic disease process to the adult Gastroenterology department.

2009- Present: Clinical Preceptor Instructor for SIUE Family Nurse Practitioner

Southern Illinois University at Edwardsville: School of Nursing

- Design strategies for implementing an advanced nursing role
- Analyze interrelationships of factors (within a specific problem area) affecting the performance of an advanced practice nursing role.
- Synthesize information by processing solutions to clinical problems appropriate to primary care nursing practice reflecting relevant theoretical premises from other disciplines and the disciplines of nursing, including nursing research.
- Adjunct Faculty with SIUE Nursing school

2006 – 2007: Pediatric Subspecialty Case Coordinator

Southern Illinois University School of Medicine

Department of Pediatrics, Division of Rehabilitation

- Coordinated care of children with multiple disabilities
- Developed and implemented protocols to process and care for children with special needs
- Educated families and caregivers on medical equipment as well as reinforced families' knowledge of the care of their children
- Taught residents and medical students

2001 – 2006: Subspecialty Case Coordinator

Southern Illinois University School of Medicine

Department of Pediatrics, Division of Gastroenterology

- Coordinated Feeding Team clinic and served as liaison for outpatient and inpatient services
- Coordinated Pediatric Gastroenterology clinics and prepared patients for procedures and tests
- Assisted physician in operating room setting with procedures
- Managed and performed all pediatric 24 hour pH probe placements
- Coordinated patient discharge planning and integrated a plan of care for post-inpatient care
- Participated in research and data collection for abstracts
- Updated and implemented new education information for residents, medical students, patients and families.
- Taught residents, medical students, and allied health professional students

1999 – 2001: Registered Nurse/Floor Nurse

Cardinal Glennon Children's Hospital, St. Louis, MO

- Initiated care for complex children including renal patients (post transplant and dialysis), ventilator patients and patients with other respiratory problems, cardiology patients (requiring monitoring), neurosurgery patients (head injuries and externalized shunts), gastroenterology patients (including pre- and post-liver transplant), and general surgery patients
- Assisted in setting up complex home and children's home discharges
- Taught families and children at home care needs after discharge

2000 – 2013: USAF Reserves Retired

USAF Reserves, Scott Air Force Base, Illinois

- Oversaw all personnel being deployed for operations outside the unit, including multiple troop deployments to support Operation Iraqi Freedom/Enduring Freedom
- Deployed to active duty to support Operation Iraqi Freedom/Enduring Freedom. Involved in over 300 patient evacuation movements from theatre of war to upper echelon of care facilities for critical care patients, including the movement of critical care patients direct from battlefield to Ramstein AFB, Germany
- Involved in education and development of processes for patient triage
- Highly decorated officer due to leadership and commitment to the Air Force Reserves and the unit's mission
- In charge of Flight Line Operation and patient triage from Aero-staging facility and flight line
- In charge of mentoring and skill training of ancillary troops at VA hospital

Licensure

State of Illinois Advanced Practice Nurse
State of Illinois Registered Nurse

Certification

Board Certified Family Nurse Practitioner
American Nurses Credentialing Center (expires June 29, 2017)
BLS Certification (through 2017)
PALS Certification (through 2017)

Education

2004 – 2007 MS in Nursing, Family Nurse Practitioner
Southern Illinois University, Edwardsville, IL

1994 – 1998 BS Nursing
Southern Illinois University, Edwardsville, IL

1993 – 1994 Technical training for medical technician in USAF
USAF Shepard AFB, TX

1992 – 1993 Undergraduate studies, pre-physical therapy
Illinois College, Jacksonville, IL

Research

Peer Reviewed Journal Articles:

Fishbein M, Cox S, Sweeny C, Mogren C, Walbert L, Fraker C. Food chaining: a systematic approach to for the treatment of children with feeding aversion. *Nutrition in Clinical Practice* April 2006: 21:182-184.

Fishbein M, Mogren C, Gleason T, Stevens R. The relationship of adipose tissue distribution to hepatic steatosis in pediatric NAFLD. (Accepted October, 2005 for publication in *Journal Pediatric Gastroenterology and Nutrition*.)

Fishbein MH, Mogren J, Mogren C, Cox S, Jennings R. Undetected hepatomegaly in obese children by primary care physicians: a pitfall in the diagnosis of pediatric NAFLD, *Clinical Pediatrics*. March 2005: 44(2):135-141.

Fishbein MH, Miner M, Mogren C, Chalekson J. The spectrum of fatty liver in obese children and the relationship of serum aminotransferases to severe steatosis. *Journal of Pediatric Gastroenterology and Nutrition*, January 2003: 36:54-61. (Manuscript)

Mogren C, Schmidt C, Griffin V. Pediatric nonalcoholic fatty liver disease: recognizing an asymptomatic disease. (Manuscript submitted for publication to *Gastroenterology of Nursing*), May 2007.

Fishbein M, Cox S, Sweeny C, Mogren C, Walbert L, Fraker C. Food chaining: a systematic approach to for the treatment of children with feeding aversion. (Manuscript submitted to *Nutrition in Clinical Practice*), September 2005.

Fishbein M, Mogren C, Stevens R, Gleason T. The relationship of adipose tissue distribution to hepatic steatosis in pediatric NAFLD. (Manuscript accepted for publication to *Journal of Pediatric Gastroenterology Nutrition*), September 2005.

Fishbein MH, Miner M, Mogren C, Chalekson J. The spectrum of fatty liver in obese children and the relationship of serum aminotransferases to severe

steatosis. (Poster abstract presentation at Annual Meeting and Postgraduate Course of NASPGHAN (North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition.) San Antonio, TX, October 24-27, 2002. (Abstract # 951065)

Courses Instructed:

Fishbein M, Cox S, Fraker C, Swenny C, Mogren C, Karkos JB. Instructional course given on the multidiscipline outpatient (clinic) management of complex feeding disorders in children, American Academy for Cerebral Palsy and Development Medicine, Orlando, FL September 14-17, 2005. (National Conference)

Fishbein MH, Mogren C, Fraker C, Swenny C. Pediatric feeding team. Beyond assessment: interdisciplinary feeding intervention and follow-up. Continuing educational workshop, University City, CA, March 2003