

# CINDY L. WOMACK

## Southern Illinois University School of Medicine

Department of Neurology/Center for Alzheimer's Disease and Related Disorders

751 N. Rutledge Street

P.O. Box 19643

Springfield, IL 62794-9643

(217)545-7295

### EDUCATION

Southern Illinois University Edwardsville – May 2017

Edwardsville, IL

Doctor of Nursing Practice

Convocation Speaker

Southern Illinois University Edwardsville – December 2013

Edwardsville, IL

Master of Science in Nursing, Family Nurse Practitioner Specialization

University of Illinois at Springfield (formerly Sangamon State  
University)

Springfield, Illinois

Master of Arts Course work in Gerontology

Sangamon State University - May 1986

Springfield, Illinois

Bachelor of Science in Nursing  
Graduated with Honors

Lincoln Land Community College - May 1979  
Springfield, Illinois  
Associate of Arts in the Science of Nursing

**HONORS  
AND  
AWARDS**

SIUE Graduate Honors - 2013  
Sigma Theta Tau International  
(Charter Member Nu Pi Chapter - 1994)  
SIU School of Medicine, Department of Psychiatry –  
Outstanding Service 1987 - 1992  
Outstanding Student in Gerontology (SSU-1991)  
Gerontology Program Marshal (SSU Commencement-1991)  
Nursing Honor Society (SSU-1990)  
J. Douglas Craddock Scholarship (SSU-1990)  
Illinois P.T.A. Nursing Education Scholarship (SSU-1986)

**Committees – Sangamon State University**  
Program Personnel Committee  
Faculty Search Committee

**LICENSE**

Advanced Practice Nurse – State of Illinois  
Certified Nurse Practitioner  
# 209.011374

Registered Professional Nurse - State of Illinois

# 041-192931

Advance Practice Nurse Controlled Substance – State of Illinois

# 309.007531

Registered Professional Nurse – State of Missouri

# 2010013669 - Expired

**CERTIFICATION**

American Nurses Credentialing Center - to February 12, 2019

# 2013024583

American Board of Neuroscience Nursing – December 31, 2020

CNRN # 00009355

National Academy of Certified Care Managers

November 1, 2006 - 2012

**PROFESSIONAL  
EXPERIENCE**

Southern Illinois University School of Medicine

Department of Neurology/Center for Alzheimer Disease and  
Related Disorders - March 31, 2014 to Present

751 N. Rutledge Street

P.O. Box 19643

Springfield, IL 62794-9643

(217) 545-7197 or (217) 545-7295

Evaluate, diagnose, treat and monitor cognitively impaired patients in the outpatient Memory and Aging Clinic.

**Committees**

Population Health Committee

**Telehealth Demonstrations**

Passavant Area Hospital, Jacksonville, IL – May 10, 2017

Taylorville Memorial Hospital, Taylorville, IL – March 22, 2017

Franklin Hospital, Benton, IL – January 6, 2017

**Encompass Elder Care – 2002 to April 2014**

**Professional Care Management Services – July 1992 to 2002**

412 Tecumseh Trail  
Springfield, IL 62711  
(217)546-7330

President and Secretary of private care management and consulting company. Provide private geriatric care management (assessment, arrangement and monitoring of services, long term care placement and monitoring, elder care consultation) to individuals on a fee for service basis. Conduct seminars and training for various businesses

and interest groups. Consultant to Long Term Care Facilities on dementia care and care planning. Company was incorporated in 2002 and the name was changed at that time.

**MarCin Enterprises** – October 1993 to November 2003

412 Tecumseh Trail

Springfield, IL 62711

(217)546-7330

President and Secretary of a publication company that provided printed materials and computer software designed for care management.

#### **Committees**

LifeMap Program Development & Planning Committee, 2003

Midwest Chapter (National Association of Professional Geriatric Care Managers) - Spring Conference Planning Committee, 1997

Health Care Continuum Council - Chair, Fall Conference Planning Committee, 1997

**Lewis Memorial Christian Village** – February 1993 to August 1996

3400 W. Washington

Springfield, IL 62711

(217)787-9600

Part-time/PRN staff nurse and night supervisor of ninety-nine bed skilled care nursing facility. Provided direct nursing care to older adults and functioned as immediate supervisor for all employees on duty.

**Southern Illinois University School of Medicine**

Department of Psychiatry and Center for Alzheimer Disease  
and Related Disorders

P.O. Box 19230

Springfield, Illinois 62794-9230

Research Assistant Professor – July 1991 to June 1992

Research Instructor – July 1989 to June 1991

Researcher III – May 1987 to June 1989

Research Coordinator for SIU Alzheimer Research Program.  
Coordinate and supervise clinical drug studies. Develop and maintain research data bases. Analyze and report research data. Write grant proposals and develop budgets for grant proposals. Write consents and maintain records for Investigational Research Board. Recruit research subjects for studies. Edit research newsletter. Conduct patient, family and community education on topics related to Alzheimer Disease and research. Prepare and present data for site reviews and audits. Supervise nurse researchers. Coordinate activity

of various disciplines (physicians, neuropsychology team, etc.) for research projects. Assess and monitor patients during research studies. Educate patient and family on Alzheimer disease issues (disease process, symptom management, legal and financial concerns, autopsy, etc.). Counsel families on the management of patient behavioral problems (wandering, agitation, etc.). Collect blood samples and perform separation procedures on samples.

### **Committees**

Research Subjects Committee

Credentials Committee

Psychiatry Patient Relations Program Committee

Quality Assurance Committee

Medical Records Committee

Publications Committee

Resident Curriculum and Education Committee

### **Memorial Medical Center**

800 North Rutledge

Springfield, Illinois 62702

Staff Nurse PNR Pool – May 1987 to June 1994

Staff Nurse – May 1979 to May 1987

Administered and coordinated nursing care for patients on neurology/neurosurgery unit, including neurological special care unit. Functioned as shift charge nurse. Served as preceptor to new employees.

#### **Committees**

Infection Control  
Charting Forms Committee  
Guest Relations Think Tank

#### **In-service Presentations**

Cerebral Spinal Fluid Circulation  
Pathophysiology of Stroke  
Care of the Stroke Patient

#### **PROFESSIONAL ORGANIZATIONS**

Alzheimer's Association  
Education Committee-Springfield Area Chapter  
(1988 to 1999)  
Chair - Memory Walk 1998  
Vice Chair - Memory Walk 1997  
American Association of Neuroscience Nurses  
Research Committee, 1993, 1994, 1995  
President-Central Illinois Chapter AANN, 1991, 1992  
Gerontological Society of America  
Greater Springfield Chamber of Commerce



Health Care Continuum Council

Vice President - 1996, 1997

Illinois Society for Advance Practice Nursing

Illinois Women in Leadership – Charter Member

Illinois Alliance for Aging

Sigma Theta Tau International, Nu Pi Chapter

Chair - Fund Development Committee, 1994

Marketing Senior Lifestyles

National Association of Professional Geriatric Care Managers  
(NAPGCM)

Medical Reserve Corps – Sangamon County Dept. of Public Health,  
Springfield, IL

Chair – Ad Hoc Committee to develop disaster plan and  
special sheltering plan for elderly in Springfield area - 2009

Midwest Chapter of NAPGCM – Board of Directors 2009 -2012

Nursing Honor Society of Sangamon State University

Chair-Fund Development Committee, 1993

West Central Illinois Continuity of Care Organization

Women In Management (1992 until 2004)

**PROFESSIONAL** Behavioral and Psychiatric Symptoms of Dementia

**PRESENTATIONS** Sacred Heart Convent

Springfield, IL – August 5, 2016

Expert Panel Discussion of the movie “You’re Looking At Me Like I  
Live Here and I Don’t”

Illinois Pioneer Coalition Summit  
Crowne Plaza  
Springfield, IL – October 13, 2014

Non-Pharmacological Management of Behavioral and Psychological  
Symptoms of Dementia

SIU School of Medicine  
Memory and Aging Network Conference  
Simmons Cancer Institute  
Springfield, IL - September 19, 2014

Aging with a Disability  
Memorial Rehab Services  
Memorial Medical Center  
Springfield, IL – May 16, 2009

Communication with the Elderly  
Managing Difficult Behaviors in Dementia  
16<sup>th</sup> Annual Multi-Disciplinary Certificate Program in  
Geriatrics for Non-Physicians  
University of Illinois at Urbana-Champaign College of Medicine  
Department of Family Medicine  
Peoria, IL – October 24, 2007

Professionalism & Confidentiality  
Wyndcrest Manor Assisted Living

Springfield, IL - September 20, 2007

Managing Difficult Behaviors in Alzheimer Disease

CNA Instructor Conference

Lincoln Land Community College - Capital City Center

Springfield, IL - April 28, 2006

Communication with the Elderly

Managing Difficult Behaviors in Dementia

15<sup>th</sup> Annual Multi-Disciplinary Certificate Program in

Geriatrics for Non-Physicians

University of Illinois at Urbana-Champaign College of Medicine

Department of Family Medicine

Effingham, IL - April 12, 2006

Communication with the Elderly

Managing Difficult Behaviors in Dementia

14<sup>th</sup> Annual Multi-Disciplinary Certificate Program in

Geriatrics for Non-Physicians

University of Illinois at Urbana-Champaign College of Medicine

Department of Family Medicine

Danville, IL - October 6, 2005

Managing Difficult Behaviors in Dementia

14<sup>th</sup> Annual Multi-Disciplinary Certificate Program in

Geriatrics for Non-Physicians  
University of Illinois at Urbana-Champaign College of Medicine  
Department of Family Medicine  
Bloomington, IL - September 30, 2005

Stay Sharp Program (Brain Exercise Program)

Third Age Living - St. John's Hospital  
Springfield, IL - January 27, 2006  
June 9, 2005  
October 28, 2004  
July 22, 2004  
February 26, 2004  
October 30, 2003  
July 24, 2003

Communication with the Elderly

Caring for the Caregiver

14<sup>th</sup> Annual Multi-Disciplinary Certificate Program in

Geriatrics for Non-Physicians

University of Illinois at Urbana-Champaign College of Medicine

Department of Family Medicine

Springfield, IL - March 16, 2005

Overview of Alzheimer Disease & Management of Behavioral

Symptoms -Mary Lou's Country Abode

Dawson, IL - January 26, 2005

Managing Difficult Behaviors in Alzheimer Disease  
SIU School of Medicine Dementia Care Network  
Illinois Education Center Network, University of Illinois at  
Springfield & Western Illinois University  
Springfield, IL - February 4, 2004

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training workshop, Illinois Education Center  
Network, University of Illinois at Springfield & Western Illinois  
University  
Carmi, IL - December 15, 2004  
Petersburg, IL - November 10, 2004  
Chillicothe, IL - November 4, 2004  
Springfield, IL - October 19, 2004  
Greenville, IL - April 28, 2004  
Flora, IL - March 24, 2004  
Swansea, IL - January 21, 2004  
Gillespie, IL - January 21, 2004

LifeMap Program  
Mental Health Centers of Illinois  
Crowne Plaza  
Springfield, IL - October 20, 2003

Stay Sharp Program (Brain Exercise Program)

Third Age Living - St. John's Hospital  
Springfield, IL - July 24, 2003

LifeMap Program  
First United Methodist Church  
Springfield, IL - May 1, 2003

Stay Sharp Program (Brain Exercise Program)  
Route 66 Hotel & Conference Center  
Springfield, IL - March 26, 2003 & April 3, 2003

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training workshop, Illinois Education Center Network,  
University of Illinois at Springfield & Western Illinois University  
Monitcello, IL - February 5, 2003 (Kirby Nursing Center)

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training workshop, Illinois Education Center Network, University  
of Illinois at Springfield & Western Illinois University  
Normal, IL - January 21, 2003 (Heritage Manor)  
LaSalle, IL - January 21, 2003 (LaSalle Veterans Home)

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training workshop, Illinois Education Center Network, University

of Illinois at Springfield & Western Illinois University  
Danville Veterans Administration Hospital  
Danville, IL - May 16, 2002

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training workshop, Illinois Education Center Network, University  
of Illinois at Springfield & Western Illinois University  
Carlyle, IL - October 18, 2001  
Chester, IL - October 18, 2001

Coordination of Care for the Older Adult: Where to Start  
Memorial Health System's Elder Care Conference & Provider Fair  
Memorial Medical Center  
Springfield, IL - April 4, 2001

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training workshop, Illinois Education Center Network, University  
of Illinois at Springfield & Western Illinois University  
Monmouth, IL - September 21, 1999  
Macomb, IL - September 21, 1999

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training workshop, Illinois Geriatric Education Center  
Network, University of Illinois at Chicago & University of Illinois  
at Springfield  
Neoga, IL - May 4, 1999

Centralia, IL - May 4, 1999

Alzheimer Disease: Social Aspects

Senior Focus Event

Memorial Health Systems & Sangamon Medical Associates

Springfield, IL - April 29, 1999

Communication

Land of Lincoln Chapter, Alzheimer's Association

Springfield, IL - January 28, 1999

Aging Changes & Issues

Laurel United Methodist Church, Ladies Group

Springfield, IL - November 20, 1998

Overview of Alzheimer Disease

Capitol Area School of Practical Nursing

Springfield, IL - July 1, 1997

Body Mechanics

Mary Bryant Home for the Visually Impaired

Springfield, IL - February 20, 1997

TB Review

Mary Bryant Home for the Visually Impaired

Springfield, IL - January 30, 1997



Confidentiality Part 2

Mary Bryant Home for the Visually Impaired

Springfield, IL - November 21, 1996

Confidentiality Part 1

Mary Bryant Home for the Visually Impaired

Springfield, IL - October 24, 1996

Survival Skills: Professionalism and Teamwork

St. John's Hospital Social Work Grand Rounds

Springfield, IL - November 21, 1996

Vital Signs Review

Mary Bryant Home for the Visually Impaired

Springfield, IL - September 26, 1996

Alzheimer Disease for Law Enforcement

Safe Return Program

Illinois State Police, District 9

Illinois State Police Academy, Springfield, IL

July 25, 1996

Management of Behavioral Symptoms in Alzheimer Disease -

CNA Training workshop, Illinois Geriatric Education Center

Network, University of Illinois at Chicago & University of Illinois

at Springfield

Waterloo, IL - June 19, 1996

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training workshop, Illinois Geriatric Education Center  
Network, University of Illinois at Chicago & University of Illinois  
at Springfield

Belleville, IL - June 11, 1996

Winchester, IL - June 11, 1996

The Dementia Patient is Hospitalized

St. John's Hospital Social Work Services Grand Rounds

Springfield, IL - May 23, 1996

Manipulative Behavior

Mary Bryant Home for the Visually Impaired

Springfield, IL - April 25, 1996

Dementia

Mary Bryant Home for the Visually Impaired

Springfield, IL - March 28, 1996

Psychiatric Disorders

Mary Bryant Home for the Visually Impaired

Springfield, IL - February 28, 1996

Stress

Mary Bryant Home for the Visually Impaired

Springfield, IL - January 24, 1996

Difficult Behaviors in Alzheimer Disease

Communication in Alzheimer Disease

Fourth Annual Alzheimer's Disease Conference

Utlalut Memorial Hospital/Fair Oaks Nursing Home

CARRD SIU School of Medicine

Greenville, IL - December 7, 1995

Infection Control: TB & Hepatitis

Mary Bryant Home for the Visually Impaired

Springfield, IL - November 29, 1995

Staff Interaction with Residents and Families

Alzheimer Disease and Nursing Home Administration Workshop

University of Illinois at Springfield/SIU School of Medicine's

Center for Alzheimer Disease and Related Disorders

Springfield, IL - October 18, 1995

The Sandwich Generation: Women Trapped in the Care Zone

Illinois Women '95 Conference

Springfield, IL - October 3, 1995

Heart Disease

Mary Bryant Home for the Visually Impaired  
Springfield, IL - September 20, 1995

Vital Signs Review

Mary Bryant Home for the Visually Impaired  
Springfield, IL - August 23, 1995

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training workshop, Illinois Geriatric Education Center  
Network, University of Illinois at Chicago & University of Illinois  
at Springfield

Decatur, IL - August 15, 1995

Metamora, IL - August 15, 1995

Alzheimer Disease

Evening Kiwanis

Springfield, IL - July 31, 1995

Difficult People: You know 'em, you love 'em, you can live  
without 'em

Mary Bryant Home for the Visually Impaired  
Springfield, IL - July 19, 1995

Caring Too Much: Professionalism in the Workplace

Mary Bryant Home for the Visually Impaired  
Springfield, IL - June 28, 1995

Teamwork

Mary Bryant Home for the Visually Impaired

Springfield, IL - May 17, 1995

How to "Live your life as an exclamation, not an explanation" while  
caring for aging parents

Women In Management

Springfield, IL - April 20, 1995

Alzheimer Disease Update

Senior Citizens of Sangamon County, Inc

Case Coordination Unit Staff

Springfield, IL - February 22, 1995

Management of Behavioral Symptoms in Alzheimer Disease

CNA Training Workshop, Illinois Geriatric Education Center

Network, Sangamon State University & University of Illinois at  
Chicago

Shelbyville, IL - February 8, 1995

Mattoon, IL - February 8, 1995

Private Care Management

Springfield Women's Club

Springfield, IL - January 21, 1995

Alzheimer Disease  
Lutheran High School  
Biology & Health classes  
Springfield, IL - December 15, 1995

Alzheimer Disease  
Saint Francis College - Sociology of Aging class  
St. John's Hospital  
Springfield, IL - October 4, 1994

Management of Behavioral Symptoms in Alzheimer Disease -  
CNA Training Workshop, Illinois Geriatric Education Center  
Network, Sangamon State University & University of Illinois at  
Chicago  
Mt. Vernon, IL - June 7, 1994

Long Term Care Options  
Victory Club, YWCA  
Springfield, IL - April 25, 1994

Alzheimer Disease: Update on Research  
Graduate Gerontology Students, Sangamon State  
University, Springfield, IL - March 29, 1994

Alzheimer Disease for Law Enforcement  
Safe Return Program

Springfield Police Department  
Springfield Police Academy, Springfield, IL  
January 14 & 21, 1994

Alzheimer Disease and the Elderly - Baccalaureate  
Nursing Students, Sangamon State University,  
Springfield, IL - April 26, 1993.

Alzheimer's Disease: Difficult Patient Behaviors and Degree of  
Caregiver Upset - Research: The Stepping Stones to the  
Advancement of Nursing Practice, Memorial Medical Center,  
Springfield, IL - January 13, 1993.

Aging, Alzheimer Disease and Related Disorders  
Alzheimer Disease and Related Dementia Care: Essentials for  
Nurses Who Teach CNA's, Professional Care Management  
Services, Springfield, IL - December 2, 1992.

Research to Practice: Using What Works  
Partners In Caregiving, East Central Illinois Chapter  
Alzheimer Association, Champaign, IL - November 18, 1992.

Dementia in the Elderly  
Nursing Interventions - Alzheimer Disease  
Psych for the Non-Psych Nurse, Lincoln Land Community  
College, Springfield, IL - October 28, 1992.

Stability of Peripheral Hematological Parameters After  
Chronic Acetylcholinesterase Inhibition in Man - Nursing  
Honor Society of SSU: Recognizing Scholarship III,  
Sangamon State University, Springfield, IL - September  
24, 1992.

Current Nursing Practice in Alzheimer Disease: Assessment,  
Education and Care Planning - Lincoln Land Community  
College, Springfield, IL - September 17, 1992.

Teaching Alzheimer Disease Using A Problem Based Learning  
Approach - Video for SIU School of Medicine, Springfield,  
IL - August 20, 1992.

Update on Alzheimer Research - Alzheimer Association  
Support Group, Greenville, IL - June 22, 1992.

Alzheimer Disease and the Elderly - Baccalaureate  
Nursing Students, Sangamon State University,  
Springfield, IL - June 22, 1992.

How to Choose a Nursing Home - Alzheimer Association  
Support Group, Springfield Area Chapter, Springfield,  
IL - June 2, 1992.



Alzheimer Disease: A Program for Teens - Senior and Junior Students, Lutheran High School, Springfield, IL - May 27, 1992.

Directions in Alzheimer Disease Research - Masters level Gerontology Students, Alzheimer Disease Course, Sangamon State University, Springfield, IL - March 3, 1992.

Alzheimer's Disease: Update on Research  
Alzheimer's Association Corn Belt Chapter Annual Meeting and Recognition Dinner, Bloomington, IL - February 27, 1992.

Caring for the Hospitalized Alzheimer's Patient-  
Second Annual Nursing Conference for Neurology,  
Orthopedic and Rehabilitation Nurses, Memorial Medical Center, Springfield, IL - February 26, 1992.

Alzheimer Disease Research at SIU School of Medicine  
Macoupin County Alzheimer Association Support Group  
Carlinville, IL - November 11, 1991.

Issues in Caregiving - Caregiver Self Help Group, Memorial Medical Center - Springfield, IL - October 30, 1991.

Alzheimer Disease Clinical Research Opportunities  
Alzheimer Disease: Issues and Answers  
Panel Discussion - Illinois Association of Homes for the Aging

Peoria, IL - October 10, 1991.

Water Balance - Central Illinois Chapter of AANN, CNRN  
Review Course - Springfield, IL - September 12, 1991

Anatomy and Physiology of the Nervous System  
Central Illinois Chapter of AANN, CNRN Review Course  
Springfield, IL July 25, 1991.

Nursing Care of Alzheimer's Disease Patients in an Acute Care  
Facility - Healthcare Professionals, Brokaw  
Hospital; Normal, IL - May 2, 1991.

Research Nursing - Sangamon State University BSN Students,  
Springfield, IL - April 10, 1991.

Alzheimer Disease: A Training Program For Policemen  
Lincoln Land Community College Police Academy Students,  
Springfield, IL - January 21, 1991.

Alzheimer Disease  
Emergency Response Volunteers, Loami, IL - January 15, 1991.

Alzheimer Disease - Springfield Ostomy Support Group,  
Springfield, IL - September 13, 1990.

Physiology & Biochemistry of the Nervous System  
Central Illinois Chapter of the American Association  
of Neuroscience Nurses - CNRN Certification Course,  
Springfield, IL - August 14, 1990.

Alzheimer Disease - Springfield Police Department,  
Springfield, IL - August 1 & 3, 1990.

Alzheimer Disease - Cosmopolitan Club, Springfield, IL - June 13,  
1990.

Alzheimer Disease and Down's Syndrome - Staff of Brother James  
Court, Springfield, IL - April 23, 1990.

Alzheimer Disease - CNA class of Sunrise Manor, Virden, IL - April  
10, 1990.

Alzheimer's Research at S.I.U. - A Program For  
Caregivers - Alzheimer's Association East Central  
Illinois Chapter & Champaign Public Library and  
Information Center - Champaign, IL - November 1, 1989

Alzheimer Disease: Pathology, Management and Research  
Nursing Diagnosis in Long Term Care  
Illinois Department of Public Aid, Bureau of Long Term Care,  
Region 7, Health Facilities Surveillance Nurses

Jacksonville, IL - July 10, 1989

Clinical Drug Trials - Primary Provider Workshop  
Regional Alzheimer's Disease Assistance Center  
Springfield, IL - May 18, 1989

Role of Research in Alzheimer's Disease  
Nursing Diagnoses for the Demented Patient  
Regional Alzheimer's Disease Assistance Center workshop  
Peoria, IL - May 4-5, 1989  
Rockford, IL - April 13-14, 1989  
Mount Vernon, IL - March 16-17, 1989  
Alzheimer's Disease - Menard County Health Fair  
Petersburg, IL - March 31, 1989

Alzheimer Disease: Pathology, Management and Research  
Springfield Jaycees - Springfield, Illinois - December 1,  
1988

Alzheimer Disease: Pathology, Management and Research  
Macoupin County ADRDA-Carlinville, Illinois - November 14, 1988

Alzheimer's Disease  
Trinity Lutheran Ladies Aide  
Springfield, Illinois - October 12, 1988

Current Drug Research Therapies for Alzheimer's Disease American Association of Neuroscience Nurses, Springfield Chapter - Springfield, Illinois - August 9, 1988

Role of the Nurse in Research - BSN Nursing Students, Nursing Research Course, Sangamon State University - Springfield, Illinois - July 18, 1988

Alzheimer's Research at SIU School of Medicine  
SIU School of Medicine's Regional Alzheimer's Disease Assistance Center Open House,  
Springfield, Illinois - May 25, 1988

Alzheimer Disease Research at SIU School of Medicine  
Neurology Staff Nurses - Memorial Medical Center  
Springfield, Illinois - February 10, 1988

A New Dimension in Documentation: The PIE Method  
American Association of Neuroscience Nurses  
Annual Meeting, Dallas, Texas - April 1987

**LONG TERM** Alzheimer Disease/Dementia Care  
**CARE TRAINING** (Regency Nursing Care Residence, Mary Lou's Country Abode, Bickford House, Oak Terrace Healthcare Center)

## PUBLICATIONS

Sarcopenia in Older Adults – Womack, C.L., - Midwest Chapter NAPGCM Newsletter (2014), 44, 1 & 2.

Macular Degeneration Overview – Womack, C.L., - Midwest Chapter NAPGCM Newsletter (2013), 41, 3 & 5.

Are Your Clients Safe Following A Disaster - Womack, C.L., - Midwest Chapter NAPGCM Newsletter (2010) 29, 1 & 3.

CareMS (computer software), (1996) MarCin Enterprises

Home Care Helper: A Guide to Personal and Medical Information Barringer, M.R., & Womack, C.L., (1994) MarCin Enterprises.

Stability of Peripheral Hematological Parameters After Chronic Acetylcholinesterase Inhibition in Man. - Moriearty, P. L., Womack, C. L., Dick, B. W., Colliver, J. A., Robbs, R. S., Becker, R. E. - American Journal of Hematology (1991) 37, 280-282.

Effects of Metrifonate A Long Acting Cholinesterase Inhibitor in Alzheimer Disease: Report of an Open Trial. - Becker, R.E., Colliver, J., Elble, R., Feldman, E., Giacobini, E., Kumar, V., Markwell, S., Moriearty, P., Parks, R., Shillcutt, S., Unni, L., Vicari, S., Womack, C., Zec, R. - Drug Development Research (1990) 19, 425-434.

Treatment of Alzheimer Dementia with Steady-State Infusion of Physostigmine. - Elble, R. J., Giacobini, E., Becker, R., Zec, R., Vicari, S., Womack, C., Williams, E., Higgins, C. In Current Research in Alzheimer Therapy: Cholinesterase Inhibitors. E. Giacobini & R. Becker (Eds.). New York: Taylor and Francis 1988.

A New Dimension in Documentation: The PIE Method.  
Buckley-Womack, C., & Gidney, B. - Journal of Neuroscience Nursing (October 1987) 19:5, 256-260.

**POSTER**

Clinical Pharmacokinetics and Pharmacodynamics of  
**PRESENTATIONS** Metrifonate. - Unni, L.K., Womack, C.L.,  
Moriearty, P.L., Hannant, M.E., Becker, R.E. - Second International  
Springfield Symposium On Advances In Alzheimer Therapy.  
Springfield, IL - May 4, 1991.

**VOLUNTEER  
EDUCATIONAL  
PROGRAMS**

High School Teen Education Program on Alzheimer Disease  
Springfield, IL - 1992, 1993, 1994, 1995, 1996, 1997

Policeman Training Program on Alzheimer Disease  
Springfield, IL - 1990, 1991, 1994, 1997

Alzheimer's Association Land of Lincoln Chapter; Support Group

Training; Board Training - Review Alzheimer Disease  
Springfield, IL - 1996, 1997

Neuroscience Nursing Certification Review Course  
Springfield, IL - 1990, 1991

**DRUG STUDIES** 1991 Metrifonate Double Blind (NIMH)  
**COORDINATED** 1990 HPO29 [Mentane] (Hoechst-Roussel)  
1989 Sertraline [Zoloft] Antidepressant (Pfizer)  
1989 Metrifonate Pharmacokinetic (NIMH)  
1989 Metrifonate Pharmacodynamic (NIMH)  
1988 Metrifonate Open Study (NIMH)  
1988 Intraventricular Physostigmine (SIU)  
1987 THA [Cognex] Multicenter Trial (Parke-Davis)  
1987 Intravenous Physostigmine (United States Army)

**OTHER GRANTS** Rural Health Grant  
**AND STUDIES** Medication Development Network  
**COORDINATED** Deprenyl  
Effect of Problem Solving Intervention for Alzheimer Disease  
Caregivers  
Positron Emission Tomography (PET) Scan and Nicotine  
administration  
Lymphocyte Calcium Channels



Hippocampal Cell Culture

Single-Photon Emission Computerized Tomography (SPECT)

Scan and Alzheimer Disease

Brain Mapping (Alzheimer Disease)

Visual Evoked Potential (Alzheimer Disease)

APP Gene Methylation in Alzheimer Disease

Effect of Integrated Vs. Non-Integrated Care Plans on

Caregivers of AD Patients

Spinal Fluid (Alzheimer Disease)