

## **Seleena Shrestha, M.D.**

### **Contact Information**

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### **Education**

July 2012-June 2014 Fellowship, Child and Adolescent Psychiatry  
Rush University Medical Center, Chicago, IL  
Served as Chief Fellow from December 2013 to June 2014.

December 2008-May 2012 Residency, Psychiatry Residency Program  
Southern Illinois University  
Springfield, IL

August 1998-September 2004 M.B.B.S.; College of Medical Sciences  
(Including one year of internship) Bharatpur, Chitwan Nepal

### **Employment**

July, 2014-present Assistant Professor of Clinical Psychiatry  
Southern Illinois University  
Department of Psychiatry  
Springfield, IL

March 2008-September 2008 Researcher, Department of Pharmacology  
Southern Illinois University  
Springfield, IL

### **Professional Society Membership**

American Academy of Child and Adolescent Psychiatry  
American Psychiatric Association  
Illinois Psychiatric Association

## **Honors and Awards**

2004 College of Medical Sciences, Distinction in Pediatrics

## **Medical Licensures**

Active Illinois

## **Board Certification**

ABPN Board certified for Psychiatry September 2014

ABPN Board certified for Child and Adolescent Psychiatry September 2015

## **Book Reviews (Doody's)**

1. Green's Child and Adolescent Clinical Psychopharmacology by [William Klykylo](#)(Author), [Rick Bowers](#)(Author), [Julia Jackson](#)(Author), [Christina Weston](#)(Author)
2. Stress and Developing Brain by Lisa Wright and Tara Perrot (2013)
3. Interventions for Autism Spectrum Disorders by Sam Goldstein, Jack A. Naglieri (2013)
4. Clinical Manual of Child and Adolescent Psychopharmacology edited by Molly McVoy, M.D.; Robert L. Findling, M.D.; M.B.A. (2013)
5. Clinical Child Psychiatry by William M. Klykylo (2012)

## **Research and Presentations**

1. Tracking Bipolar Affective disorder in children at Residential Program- Ongoing at Rush University Medical Center
2. Synaptic properties of the anterior cortical nucleus of the amygdala. Neuroscience Retreat 2008
3. Seleena Shrestha, M.D. & Amy Arai, Ph.D.Arai Lab, Department of Pharmacology, SIU Springfield