

CURRICULUM VITAE
Of
STEPHANIE ANN van ULFT

SIU School of Medicine, Department of Psychiatry
PO Box 19642, Springfield, IL 62794-9642
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EDUCATION

7/86 to 6/90

Washington University School of Medicine, St. Louis, MO

Internship and residency in psychiatry (Barnes Hospital, Jewish Hospital, Children's Hospital, Malcolm Bliss Mental Health Care Center)

Experience included extensive inpatient/outpatient care, work at state facility, ECT training, cognitive therapy, child psychiatry and 10 months of geriatric psychiatry electives.

8/82 to 5/86

University of Missouri Medical School, Columbia, MO

M.D. (top 20% of class)

8/78 to 12/81

Washington University, St. Louis, MO

A. B. in biology (with honors)

**BOARD
CERTIFICATION**

American Board of Psychiatry and Neurology, April 1992

American Board of Psychiatry and Neurology-Geriatric Psychiatry,

December, 1995, re-certified in 2014 for 10 additional years

PROFESSIONAL

01/16 – present

Southern Illinois University School of Medicine/SIU Health Care (Springfield,

IL) – Assistant Professor of Clinical Psychiatry. Hired to build a geriatric psychiatry program with goal of having a certified geriatric psychiatry Fellowship within 5 years.

12/09 – 11/15

St. Mary's/Good Samaritan Medical Group, Mt. Vernon, IL

Inpatient and outpatient care for all ages. Includes work at area nursing homes and with developmentally delayed patients, some inpatient ECT.

Medical Director Inpatient Unit January, 2012-present

Chief of Psychiatry August, 2013-present

1/03 – 8/09

Heartland Human Services, Effingham, IL

Medical director for community mental health clinic. Evaluated and treated patients of all ages, started Alzheimer's Evaluation Program in cooperation with SIU-School of Medicine, started geropsychiatry program.

NOTE: From February, 1996, through December, 2002, I worked continuously at the same nursing homes in St. Louis area. However, the hospitals & agencies for whom I worked were bought and sold several times, thus explaining why four employers are listed during these years.

2/01 – 12/02

St. Alexius/St. Anthony's Hospitals, Long-Term Care Division, St. Louis, MO

Provided psychiatric consultations to St. Louis area nursing facilities; supervised physician extenders; provided community education.

4/00 – 2/01

Geriatric Health & Wellness, Inc., Greenville, IL

Owner of corporation providing psychiatric care to residents in over 50 St. Louis area nursing facilities. Supervised 3 nurse extenders.

9/98 – 3/00

Vigilance, P. C., St. Louis, MO

Provided psychiatric care to St. Louis area nursing facilities; provided education seminars on geriatric/wellness issues to community.

2/96 – 8/98

Alexian Brothers Hospital, St. Louis, MO

Geropsychiatrist in Long-Term Care Division

3/93 – 1/96

St. Luke's Hospital (Surrey Place), Chesterfield, MO

Geriatric Psychiatry Consultant in nursing home
SCU (Special Care Unit) Director, 1994-95

7/90 – 12/95

Psychiatric Associates, Inc., St. Louis, MO

Psychiatrist in private practice and partner of corporation. Treated adult and geriatric population for all major psychiatric illnesses, included inpatient & outpatient work. Used medications, ECT and psychotherapy.

OTHER WORK EXPERIENCE

Concordia Lutheran Church, Springfield, IL

December, 2015 to present

Organist

St. James Lutheran Church, Vandalia, IL

January, 2008 to October, 2015

Organist, Choir Director

Our Redeemer Lutheran Church, Greenville, IL

August, 1999 to December, 2012

Organist, Choir Director

King of Kings Lutheran Church, Chesterfield, MO

July, 1987 to June, 1999

Organist, Minister of Music

Columbia Parks & Recreation, Columbia, MO

May, 1983 to May, 1984

Cashier

Naugles, Columbia, MO

August, 1982 to December, 1982

Cashier

Naugles, St. Louis, MO
January, 1982 to August, 1982
Cashier, Taco Bar attendant

Good Shepherd Nursing Home, Lockwood, MO
Summer, 1981
Nurse's Aide

Eagle-Picher Industries, Inc., Joplin, MO
Summer, 1980
Engineer technician in advanced projects lab

Good Shepherd Nursing Home, Lockwood, MO
Summer, 1979
Nurse's Aide

**RESEARCH
EXPERIENCE**

Chart review of geriatric patients with diagnosis of depression; looking at treatment outcome. (1989-90)

Special physiology project. "Demonstration and Mechanism of Inhibition of Gastric Acid Secretion by Intestinal Factors." (1983)

Lab tutorial class – "Comparison of storage proteins accumulated in axes and cotyledons of Glycine max. various cultivars." (1981)

PUBLICATIONS

"Importance of Doctor to Doctor Communication," Life Care Planning Law Firms Association, Spring, 2008

"Importance of Doctor to Doctor Communication," The Compass: Elder Law Bulletin, September, 2007, Volume 3, Issue 9

"Improving Doctor to Doctor Communication," Senior Newsletter of Heartland Human Services, Fall, 2007

"Anxiety Disorders in the Elderly" – Senior Newsletter of Heartland Human Services, January, 2004 & MHASI Matters, Winter, 2004, Vol. 2, Issue 1

"Get a Grip: Managing Moods & Emotions," 28 page brochure published by Lutheran Hour Ministries for distribution nationwide, October, 2003.

"Staying Mentally Healthy With Age," Caregiver Headlines, Vol. 2, Issue 4, April, 2003

"Identifying warning signs, learning positive techniques key to coping with excessive stress," with Tinley Hanks, ed. The Business Report, March, 2003.

"Alzheimer's Disease," St. Louis Suburban Journals, April, 2002

"Medicare Y2K Readiness," Missouri Psychiatry, Vol. 28, No. 1-2, Nov, 1999.

"District Health Advocate Report," Missouri District Parish Newsletter, Fall, 1997.

“Communicating with Physicians,” Alzheimer’s Association Newsletter, August, 1997. Reprinted July, 2001.

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“Evaluation/Management Codes,” Missouri Psychiatry, Vol. 25, No. 2, November, 1996.

“Response to Treatment of Depression in the Old and Very Old,” Journal of Geriatric Psychiatry and Neurology, Vol. 4, April-June, 1991.

PROFESSIONAL ORGANIZATIONS

American Association of Geriatric Psychiatry (1990 to present)
Christian Medical and Dental Association (1992 to present)
American Geriatrics Society (2016 to present, 1995-2009)
National Association of Dual Diagnosis (MH & DD), (2008-2012)

PROFESSIONAL & COMMUNITY SERVICE

Alzheimer’s Association of Greater Illinois – volunteer
Committee appointments at St. Mary’s (Centralia): Medical Executive, Psychiatry, Emergency Room, CC/IM, EHR, MR/UR (2010-2015)
Alzheimer’s Association of St. Louis Medical Outreach Committee, co-chairman (2002)
Guest on nationally syndicated television show, On Main Street (2001, 2002, 2003)
Missouri Division of Aging Physician Task Force (1998-2002)
Psychiatric liaison Missouri Medicare Carrier Advisory Committee (1997-2002)
Monthly guest expert on radio station KFUP, St. Louis, MO (1997 to present)
Guest expert on WSIU public radio, Carbondale, IL (2005)
Guest expert on radio station Y98 FM, St. Louis, MO (2004)
Speaker’s Bureau, Janssen Pharmaceutical (1999, 2002-2004)
Speaker’s Bureau, Eli Lilly Company (1999-2002)
Speaker’s Bureau, Alzheimer’s Association of St. Louis, (1991-2003)
Southern Illinois District, Lutheran Church Missouri Synod, Board of Directors (2000-2003, 2006-2012)
Alliance for Mentally Ill of Metro St. Louis supporter (1993-present)
Numerous community lectures and panels on various mental health issues (1990 to present)
Missouri Division of Aging Committee on Alzheimer Facility Test Sites (2000)
District Health Advocate, Lutheran Church Missouri Synod, Missouri District (1997-1999)
Seminary Admissions Committee, Lutheran Church Missouri Synod, Missouri District (1995-1999)
WorshipPlus Committee, Lutheran Church Missouri Synod, Missouri District (1994-1999)
Ministerial Health Committee, Lutheran Church Missouri Synod, Missouri District (1993-1999)
Manic-Depressive Association Member (1994-1998)
Speaker for Illinois Mental Health & Aging Conferences (2003, 2004, 2005)
Speaker for Lutheran Seniors Retreat (2002, 2003)
Speaker for Missouri District Church Workers Conference (1998, 1995)
Speaker for Missouri American Legion Auxiliary Annual Meeting (1997)
Speaker for Missouri District Pastors Conference (1996)
Speaker for Missouri Public Administrators Annual Meeting (1996)
Speaker for Mental Health Association of St. Louis (1993)

Surrey Place Task Force, St. Luke's Hospital, Chesterfield, MO (1991-1992)
Patient Care Committee, Missouri Baptist Hospital, St. Louis, MO (1991-1992)
Medical Director of RENEW program (outpatient chemical dependency), St.
Luke's Hospital, Chesterfield, MO (1990-1992)

**HONORS AND
AWARD**

2007 – Illinois Rural Health Association Physician of Excellence
2007 – ARC Community Healthcare Award (Effingham, IL)
Listed in “Guide to America’s Top Psychiatrists” by Consumers’ Research
Council of America for 2002-2004, 2006-2010
Listed in “Who’s Who of American Women” (2005-2007, 2010)

Residency – International Directory of Distinguished Leadership, Who’s Who
Among American Women, International Who’s Who Among Women

Medical School – Honors in developmental anatomy, physiology, social and
behavioral science III, psychiatry, endocrinology. Letters of commendation in
pharmacology, social and behavioral science IV, internal medicine, child health,
family practice, ob/gyn, child psychiatry, neurology and MICU.

College – National Merit Scholar, AAL All-College Scholar, Sophomore
Honorary, Dean’s List repeatedly, graduation with honors.

High School – Valedictorian, school leadership award, school science award,
John Phillip Sousa band award, Chopin piano award, second place in regional
science fair, editor of yearbook.

**OTHER
INTERESTS**

Current – Greenville, IL community band, church organist, church choir
director, American Legion Auxiliary, St. Louis book club

Residency – Church minister of music, St. Louis city broomball/volleyball/
softball, “Hot Docs” jazz ensemble, Red Cross platelet donor.

Medical School – Church organist, church choir, Social Ministry Board at
church, Columbia Community Band, Columbia Coed softball, intramural sports

College - Campus tour guide, wind ensemble, jazz ensemble, band, Red Cross
Volunteer, Barnes Hospital ER volunteer, church organist, church choir, vice-
president Lockwood, MO High School Alumni Association, Bridge Club