

Patient 1

1. Corrine is a 32- year old G1P1 woman who is in your clinic for her 1st prenatal visit. After reviewing her initial health history form, you notice that she has answered the “breast or bottle” question with “no”. When you inquire about this answer, you notice a marked change in her body language. She begins to cross her arms and appear defensive. How would you approach this situation? What question(s) would you ask her?

Answer 1:

2. After questioning Corrine further, you ascertain that she has had friends who have had “horrible, painful” experiences breastfeeding. What further information would you obtain?

Answer 2:

3. How would you word these question(s)?

Answer 3:

4. How would you educate Corrine about the “pain” of breastfeeding?

Answer 4:

5. What are the 3 main benefits of breastfeeding you would like to convey to Corrine at this visit?

Answer 5:

6. Corrine delivered 48 hours ago. She had a vaginal delivery. She is concerned that she has “no milk” and the “baby is hungry”. How would you counsel her?

Answer 6:

7. While observing a nursing session, you notice that both mother and baby are very uncomfortable. How would you intervene? Why is this important?

Answer 7:

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8. Now home with her 5- day old infant, Corrine calls the lactation line because the baby will not latch on. She states her breasts are hard and painful to the touch. What is the problem she is experiencing? How would you counsel her to achieve successful nursing sessions?

Answer 8:

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Patient 2

9. Marion and her 1-month-old baby have been doing well breastfeeding until the last couple of days. Marion has been experiencing pain her right armpit. She can palpate lumps when she puts her hand there. What is the problem Marion is experiencing? How would you counsel her?

Answer 9:

A large, empty rectangular text box with a thin black border. On the right side, there are three small, vertically aligned icons: a triangle pointing up, a square, and a triangle pointing down, indicating scrollable content.

10. One (1) week later, Marion calls again, she is feeling flu like symptoms. Her right breast now has red streaks on it. What is it? How would you manage her problem?

Answer 10:

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11. Marion, calls two (2) weeks later, and states she is noticing some burning pain in her breasts that is unlike anything she has experienced in the past. What other history questions or exam findings would be important to ascertain to determine the reason for the burning pain and what do you think is the reason for the burning pain?

Answer 11:

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12. You determine that Marion's burning is caused by candidiasis. What might her nipple look like? How do you treat candidiasis?

Answer 12:

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