synchronizing science & support

2017 MEMORY LOSS CONFERENCE

at Memorial Center for Learning & Innovation, 228 W. Miller St.

Friday, November 17 | A Day Designed for Health Care, Aging and Caregiving Professionals

Presented by:

Sponsored by:

alzheimer's association

SIU Medicine Alzheimer's Center

Memorial Medical Center Foundation
The Memory Loss Conference synchronizes science and support by bringing the latest information on research, treatment, care and quality of life for persons with dementia and their care partners. 

Provided through a grant from Memorial Medical Center Foundation and brought to you by SIU Medicine, Center for Alzheimer's Disease and Related Disorders and the Alzheimer's Association.

Agenda — Friday, November 17

7:30 - 8:30 Registration, Resource Fair, light breakfast

8:30 - 9:30 Plenary Session 1 -- Opening Keynote

9:30 - 9:45 Break

9:45 - 10:45 Plenary Session 2

10:45 - 11:45 Plenary Session 3

11:45 - 12:00 Plenary Session 4

12:00 - 1:00 Lunch

1:00 - 2:00 Plenary Session 5

2:00 - 2:15 Break

2:15 - 3:15 Plenary Session 6

3:15 - 4:30 Plenary Session 7 -- Closing Keynote

Free Pre-conference Workshop -- Meeting the Needs of Persons Living with Dementia: A Train the Trainer Program

Thursday, November 16, 2017 from 9:00am – 3:30pm in MG Nelson Family Auditorium at Memorial Center for Learning and Innovation, 228 West Miller Street, Springfield, Illinois

Presented by CATCH-ON Faculty: Fawn A. Cothran, PhD, RN, GCNS-BC and Mary C. Zonsius, PhD, RN

Rush University College of Nursing

SPACE IS LIMITED

Please RSVP by November 10 to Michelle Newman at Michelle_H_Newman@rush.edu

Please visit catch-on.org for more information.
Plenary 1  
8:30 - 9:30 AM

The Basics of Alzheimer's Disease

Tom Ala, MD, Professor, Department of Neurology and Interim Director, Center for Alzheimer's Disease and Related Disorders, SIU Medicine, Springfield, IL.

In this presentation, the most common causes of dementia in older persons will be described with an explanation of how they may be distinguished from each other and how they may be treated. How a clinician can distinguish Alzheimer’s disease from other conditions that may mimic Alzheimer’s disease, yet be reversible, will be discussed. Available treatments for the most common causes of dementia will be described.

Learning Objectives. Attendees will be able to:
1. Describe dementia and how it is evaluated.
2. Identify how dementia is treated.
3. List complications of dementia.

Plenary 2  
9:45 - 10:45 AM

Living Alone with Dementia

Cindy Womack, DNP, FNP-BC, CNRN, Nurse Practitioner, Center for Alzheimer's Disease and Related Disorders, SIU Medicine, Springfield, IL

This session will address strategies to identify at risk persons with dementia (PwD) living alone, assess their unmet needs and address risk and safety concerns. Discussion of approaches for supporting the individual autonomy and safety of the PwD, including referrals to professionals for assessment and support, as well as information about innovative community programs will be examined.

Learning Objectives. Attendees will be able to:
1. Describe factors influencing risk and the types of risks facing individuals with dementia who live alone.
2. Describe the Cott and Tierney model (2013) of assessing risk and unmet care needs for the individual living alone with dementia.
3. Identify 3 risks or unmet needs and at least 2 services or interventions for each risk identified for individuals living alone with dementia.
Minimizing Your Risk for Alzheimer’s Disease

_Mehul Trivedi, PhD, Clinical Assistant Professor, Department of Psychiatry, SIU Medicine, Springfield, IL._

This presentation will focus on providing caregivers, loved ones, practitioners and individuals at risk for Alzheimer’s disease (AD) with information regarding research studies and clinical trials focused on preventing and/or delaying the onset of cognitive decline. The presentation will focus on hereditary, lifestyle, and psychosocial factors that can contribute to one’s risk for cognitive decline in the future and will incorporate evidence from clinical trials as well as epidemiological and longitudinal cohort studies of individuals at risk for AD that are focused on early detection of AD in asymptomatic individuals at greater risk for AD as well as reducing the risk for cognitive decline.

**Learning Objectives.** Attendees will be able to:
1. Identify current hereditary and lifestyle risk factors that increase risk for AD.
2. Highlight current research focused on understanding preclinical neurobiological and cognitive changes in individuals at risk for AD.
3. Discuss current clinical trials focused on delaying or preventing the onset of AD.

Current Research Opportunities at SIU

_Barbara Lokaitis, BA, CCRP, Senior Clinical Research Coordinator, Center for Alzheimer’s Disease and Related Disorders, SIU Medicine, Springfield, IL._

Being part of a clinical research trial is an opportunity to help clinicians advance understanding and treatment of Alzheimer’s disease. As a follow-up to previous sessions, this presentation will describe current trials that will assess whether these investigational new drugs will have an effect on mental abilities impaired by the disease, such as understanding, reasoning and judgment.

**Learning Objective.** Attendees will be able to:
1. List the current clinical trials available in central Illinois.
Plenary 5  1:00 - 2:00 PM

Understanding and Responding to Dementia Related Behaviors

Elizabeth Hagemann, Manager, Education & Outreach, Alzheimer’s Association Illinois Chapter, Bloomington, IL.

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Learn how to identify common behavioral triggers, decode behavioral messages, and calm a person who is experiencing common behavior challenges.

Learning Objectives. Attendees will be able to:
1. Identify common triggers for behaviors associated with dementia.
2. Explain the process for assessing and identifying challenging behaviors.
3. List strategies to address some common dementia-related behaviors.

Plenary 6  2:15 - 3:15 PM

Evidence-Based Interventions for People with Dementia & Their Caregivers

Melanie Chavin, MS, Chief Program Officer, Alzheimer’s Association Illinois Chapter, Chicago, IL and Greg Kyrouac, MSEd, Director, Education and Outreach Programs, Center for Alzheimer’s Disease and Related Disorders, SIU Medicine, Springfield, IL.

There is much attention being given to evidence-based interventions for people living with dementia and their caregivers. In Illinois, the Illinois Department on Aging received a 3-year grant from the Administration on Community Living to test a number of interventions, from psychoeducational classes for caregivers, to care consultation, to arts and exercise-based interventions for diagnosed individuals. This session will introduce audience members to a number of interventions that are being provided by the SIU Center for Alzheimer’s Disease and Related Disorders and the Alzheimer’s Association Illinois Chapter.

Learning Objectives. Attendees will be able to:
1. Refer families and diagnosed individuals to these programs.
2. Describe at least two of the interventions presented.
3. Discuss the pros and cons of evidence-based interventions.
Alzheimer's Disease: Research Brings Hope!

Dean M. Hartley, PhD, Director of Science Initiatives, Alzheimer’s Association, Chicago, IL

The session will provide highlights on the latest Alzheimer’s disease research, including recent studies presented at the Alzheimer’s Association International Conference and other recent studies highlighted in media. These highlights will be put into context of the current state of the field and the current state of clinical studies. In addition, an overview of the revised diagnostics guidelines will be shared.

Learning Objectives. Attendees will be able to:
1. Explain the need and purpose of biomarkers.
2. Explain the purpose of the revised diagnostics guidelines.
3. Explain the status of Alzheimer's clinical trials.
Tom Ala, MD, is Interim Director of the Center for Alzheimer’s Disease and Related Disorders and a Professor in the Department of Neurology at SIU Medicine in Springfield, Illinois. For 12 years prior to coming to SIU Medicine, Dr. Ala was the lead physician for the Memory Disorder Clinic at Regions Hospital, part of the University of Minnesota system, in St. Paul, Minnesota. He received his medical degree from the University of Minnesota School of Medicine. After completing his training in neurology, also at the University of Minnesota, he was awarded a postdoctoral research fellowship at the Alzheimer’s Treatment and Research Center, Regions Hospital, St. Paul, Minnesota. He is board certified by the American Board of Psychiatry and Neurology. Dr. Ala maintains a clinical practice in memory disorders at SIU Medicine. He is involved in clinical and neuropathological research in Alzheimer’s disease, dementia with Lewy bodies, vascular dementia, and other dementing illnesses and has authored a number of publications on these topics. He is also an active member of several regional committees involved in the care of Alzheimer’s patients.

Melanie Chavin, MS, MNA is the Chief Program Officer for the Alzheimer’s Association Illinois Chapter. In this role, she provides direction and oversight for all education, care and support, healthcare outreach and research engagement activities implemented within the organization’s 87-county service area. Ms. Chavin earned her BA in Music from De Paul University, her Master’s in Human Services/ Gerontology from National-Louis University, and her Master’s in Nonprofit Administration from North Park University. She is a graduate of the Diakonia program, a two-year program of theological instruction for Lutheran laity. She has worked in a variety of community-based, residential care, and hospital-based settings, and has written extensively on the topics of music therapy, dementia, spirituality and aging.

Elizabeth Hagemann, MA works as the Manager of Education and Outreach for the Alzheimer’s Association Illinois Chapter. She serves the western 14 counties in Central Illinois. She graduated with a Bachelor’s in Psychology from Eureka College, and earned her Master’s in Human Services concentrating in gerontology from the University of Illinois at Springfield. Elizabeth enjoys blending the knowledge she learned during her studies with the experiences she gained while caring for her grandmother, who had Alzheimer’s disease. Her hope is to spread awareness of Alzheimer’s disease while also fostering relationships with community partners in order to make the community as dementia friendly as possible.

Dean M. Hartley, Ph.D., is Director of Science Initiatives at the Alzheimer’s Association. He manages the development of the Association’s research and scientific initiatives, primarily by effectively communicating the goals and achievements of the Alzheimer’s Association research and science program to a wide range of audiences. In addition, Dr. Hartley represents the Association’s science division, both internally and externally, and works with the division’s senior leaders on public relations activities and scientific workgroups to advance the Association’s science agenda. Importantly, Dr. Hartley works closely with Development to build support and resources needed to advance research. Dr. Hartley completed postdoctoral fellowships in the Departments of Medicine, Genetics, and Neurology at Harvard Medical School after completing his Ph.D. in Neuroscience at Stanford University in 1991. He has a Master’s Degree in Environmental Toxicology from the University of Illinois, Urbana, IL.
Greg Kyrouac, MSED, has been working in the field of aging since 1982 and has been Director of Education and Outreach Programs at the Alzheimer’s Center at SIU School of Medicine for over 20 years. He has contributed in over 20 scholarly articles and presentations at national and international conferences. He has presented over 1000 lectures on a variety of topics related to aging and dementia at conferences and workshops, to Alzheimer’s Association caregiver support groups, professional organizations and the general public in over 100 communities in Illinois. Mr. Kyrouac has been co-leading a support group in Springfield for people in the early stages of memory loss for over 15 years. He has a Master of Science in Education in Guidance and Counseling from Eastern Illinois University and a Bachelor of Science from the University of Illinois at Urbana-Champaign.

Barbara Lokaitis, BA, CCRP is Senior Clinical Research Coordinator at the Center for Alzheimer’s Disease and Related Disorders, SIU Neuroscience Institute, SIU Medicine, Springfield, IL. She earned her BA in Health Services Administration at the University of Illinois at Springfield, and has worked at SIU Medicine for the past twelve years with the clinical trials conducted at the Center for Alzheimer’s Disease and Related Disorders, the Neuroscience Institute and Department of Neurology. She is a Certified Clinical Research Professional through the Society of Clinical Research Associates. She was recognized as Volunteer of the Month by Make-A-Wish of Illinois and as Professional Employee of the Quarter at SIU School of Medicine.

Mehul Trivedi, PhD, is an Assistant Professor and Clinical Neuropsychologist in the Department of Psychiatry at SIU School of Medicine. He completed his Clinical Neuropsychology Residency in the Department of Neurology at the Medical College of Wisconsin. He completed his Ph.D. in Experimental Psychology at Northern Illinois University and a Clinical Psychology re-specialization program at the Illinois Institute of Technology. He came to SIU after working as an Adult Neuropsychologist at the Thomson Memory Center in the Suburbs of Chicago. He was previously employed as an Assistant Professor in the Department of Neurological Sciences at Rush University Medical Center. His clinical interests include neuropsychological evaluation in individuals with neurological, psychiatric, and general medical conditions with a particular focus on the detection of normal versus abnormal aging. His research interests include using multimodal neuroimaging techniques in conjunction with neuropsychological testing, genetics, and modifiable risk factor analysis to investigate early changes in brain structure and function in cognitively normal individuals at risk for Alzheimer’s disease. He has several publications in this area. His research was previously funded by the Alzheimer’s Association.

Cindy Womack, DNP, FNP-BC- CNRN, is a Nurse Practitioner at SIU Medicine, Neuroscience Institute. She works in the Department of Neurology with the Center for Alzheimer’s Disease and Related Disorders at SIU and specializes in Alzheimer’s disease and dementia care. Dr. Womack earned her Doctorate in Nursing Practice and Masters of Science in Nursing with a Family Nurse Practitioner specialty from Southern Illinois University Edwardsville. Prior to coming to SIU School of Medicine, she maintained a private practice for several years as a Geriatric Care Manager working with older adults and their families and advocating for quality eldercare in community settings. She is a member of numerous professional organizations including the American Association of Neuroscience Nurses, Sigma Theta Tau International Honor Society of Nurses and Illinois Society for Advanced Practice Nurses. Dr. Womack is board certified by the American Nurses Credentialing Center as a Certified Family Nurse Practitioner and by the American Board of Neuroscience Nursing as a Certified Neuroscience Registered Nurse.
Continuing Education Available

Activity Professionals, Special Care Unit Staff and others

Activity Professionals and Special Care Unit Staff may sign in to receive a general Attendance Certificate (see below), which may be used if you choose to apply for contact hours individually. Note: When applying for credit you may be asked to provide details such as session titles, descriptions and educational objectives; be sure to keep this information.

Continuing Nursing Education

SIU School of Medicine is preapproved as a continuing nursing education provider pursuant to Section 1300.130, subsection c), 1) B) and P) of the Illinois Department of Financial and Professional Regulation Nurse Practice Act. Nurses may receive a maximum of 6.5 contact hours for completing this activity.

Professional/Clinical Counselors
Clinical Psychologists
Nursing Home Administrators
Social Workers

SIU School of Medicine is licensed by the Illinois Division of Professional Regulation to provide continuing education for professional/clinical counselors (197-000073), clinical psychologists (268-000008), nursing home administrators (139-000027), and social workers (159-000106). This program offers 6.5 CE hours.

Attendance Certificates

A general Attendance Certificate that reflects actual conference hours, will be available at no charge.

To receive a certificate of attendance, sign in at the CE desk.

Conference Planning Committee

Alzheimer’s Association
Melanie Adams
Melanie Chavin

SIU Medicine, Center for Alzheimer's Disease and Related Disorders
Tom Ala
Ann Jirmasek
Greg Kyrouac
Barbara Lokaitis
Maggie Schaver
Registration Confirmation
Confirmations will be sent electronically to registrants who provide email addresses (preferred).
Other advance registrants will receive confirmation of registration via mail.

Conference Handouts
Session handouts, as available, will be posted for download as of November 13, 2017 at www.siumed.edu/alz.
Conference handouts will not be available at the event.

Special Needs
Each conference meeting room is wheelchair accessible. If you require other accommodations, call 217.545.7199 before November 3, 2017 or email CADRDevents@siumed.edu.

Attire
Business casual. Layered clothing recommended; room temperatures tend to vary.

Venue
Memorial Center for Learning and Innovation, 228 West Miller Street, Springfield, IL.

Accommodations
A limited number of guest rooms are available for the rate of $70 for a single, $85 for a double, $100 for a triple and $115 for a quad, plus tax, for the evenings of November 15 and 16, 2017 at the President Abraham Lincoln Springfield - A DoubleTree by Hilton, 701 East Adams Street, Springfield, IL 62701, phone: 217-789-1530. To receive this rate, reservations must be made by November 1, 2017 and ask for the SIU/Alzheimer's Association Memory Loss conference rate. Go to www.dtspringfieldil.com; fill out the arrival, departure and room details on the left side of the screen; click the “Add special rate codes”; under “Group Code” put SIU; select the Room Type; fill in the blanks and instructions from there.

A limited number of guest rooms are available for the rate of $109, plus tax, for the evenings of November 15 and 16, 2017 at the Wyndham Springfield City Centre, 700 East Adams Street, Springfield, IL 62701, phone: 217-544-8800. To receive this rate, reservations must be made by November 1, 2017 and ask for the SIU/Alzheimer's Association Memory Loss conference rate, or you may register online at: https://www.wyndhamhotels.com/groups/hr/alzheimers-assn-memory-loss-conf .

Information
Registration Website: www.siumed.edu/cpd
Handout Website (for FRI, Day 1): www.siumed.edu/alz (Posted as available, starting Nov. 6)

Registration: JUDY HARBIson at 217.545.7711 or email: jharbison@siumed.edu.
General: GREG KYROUAC at 217.545.7199 or CADRDevents@siumed.edu.

Conference Sponsors
This educational opportunity is brought to you by the Center for Alzheimer’s Disease and Related Disorders at SIU Medicine and the Alzheimer’s Association. Provided through a grant from Memorial Medical Center Foundation.
Online Registration (preferred): www.siumed.edu/cpd
(In the dropdown under ‘Learners’, click on ‘Conferences’)

Mail: Office of Continuing Professional Development, SIU Medicine
P.O. Box 19602, Springfield, Illinois 62794-9602

I am registering for: | Regular Rate
---|---
□ FRI, Nov. 17 - for Professionals | □ $85

Name ________________________________________________
(as you wish it to appear on name badge)

Degree(s): □ NP □ RN □ LPN □ PhD □ LCSW □ Other ____________________________

Mailing Address — Street ________________________________________________

City __________________________ State _______ Zip ___________

This is my: □ Home Address □ Business Address

Employer/Affiliation (if applicable): ________________________________

Daytime Phone: ( ) __________ Email: _______________________________

I will attend lunch: □ Yes □ No  Check here for vegetarian lunch: □

Payment Information

□ Check (payable to SIU School of Medicine)
□ Discover □ Visa □ MasterCard

Amount: $________________________

______________________________  3-digit security code

Expiry Date ___________________________

Name as it appears on card ________________________________________________

Signature ________________________________

Cancellations: Registration fees are refundable, less a $25 processing fee, if requested prior to **November 3rd**. After November 3rd, only substitutions are allowed. Advance notice appreciated.

Registration Questions: 217.545.7711

More detailed flyer available at www.siumed.edu/alz