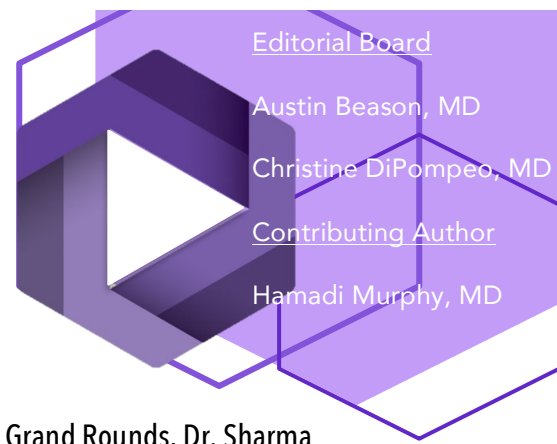


The Osteo Tome

SIU Division of Orthopaedic

October 2019

Last month brought the beginning of school for the children in Central Illinois. Along with the beginning of school came the beginning of fall sports. We are fortunate enough to have two groups in town that are active with the high schools' sports teams. The Orthopedic Center of Illinois covers Sacred Heart Griffin while Springfield Clinic Orthopedics covers several high schools around Central Illinois in partnership with the Family Medicine Sports Medicine Department as well as the schools' athletic training staff. Both groups welcome resident participation on the sidelines.



10/7 Attending Grand Rounds, Dr. Sharma

10/14 Resident Grand Rounds, Dr. Wilson

10/21 Resident Grand Rounds, Dr. Murphy

10/28 Faculty Development Session with Dr. Broquet, All Residents and Teaching Faculty Required to Attend

"In order to stand, the patients are forced to resort to a trick – they keep their knees in some flexion... The flexion of the knee joint remedies this and compensates for the hip flexion. The occurrence of flexion at two principal joints of the lower limbs has the result that these patients, on standing, resemble a letter Z."

- Pierre Marie on Spondylosis Rhizomélisque, 1898

Update from the Zimmer National Residents Course

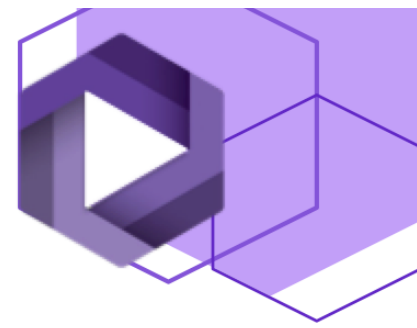
Hamadi Murphy, MD

This past August a number of the residents from the 5th, 4th, and 3rd year classes had the opportunity to travel to Chicago, IL to participate in the Zimmer National Residents Course. The Zimmer resident course is a two and a half day education program designed for orthopaedic residents who are looking to gain an understanding of current strategies and surgical solutions for treating musculoskeletal injuries and degenerative conditions. The course was led by faculty members from various institutions around the country including Dr. Nirmal Tejawani, Dr. Charles Jobin, and Dr. Neil Sheth. We were able to participate in didactic lectures, case presentations, and hands-on cadaver lab sessions. The educational sessions were focused on fracture fixation and joint replacement of the knee, hip, and shoulder. The cadaver labs were by far the highlight of this program as they gave us the opportunity to practice approaches and fine tune some of the fracture fixation and joint replacement techniques we see everyday. Overall this was a great experience for those who attended, we each picked up a few things that we can not only pass on to future residents, but will also help us deliver better care to our patients.



4th Years Kory Blank and Ryan O'Rourke with 3rd Years Hamadi Murphy and Paul Al-Attar enjoying the scenery after a long day of lectures and labs at the Zimmer National Residents Course in Chicago this past August.

Resident Updates



Ryan O'Rourke, MD

This year I am applying for fellowship in Adult Reconstruction with inclusion of hip preservation surgery. My goal is to receive additional training in primary hip and knee arthroplasty, complex primary and revision cases, hip arthroscopy, as well as pelvic and femoral osteotomies to treat hip dysplasia and sequelae from both trauma and pediatric hip conditions. I enjoy arthroplasty and the gratification of drastically improving a patient's life with debilitating arthritis. I also have a special interest in hip pathology and non-arthroplasty techniques to treat such conditions.



Christine DiPompeo, MD

This year I am applying for fellowship in Spine Surgery. My goal for fellowship is to gain more exposure to all aspects of spine surgery including trauma stabilization, adult degenerative conditions, MIS techniques, oncology cases as well as deformity in both the adult and pediatric populations. I have a special interest in cervical spine procedures.



Springfield Clinic's Dr. Jianjun Ma and 5th Year resident Dr. Craig Wilson evaluating an ankle injury on the sideline during a Jacksonville-Rochester game last month.