

The Osteo Tome

SIU Division of Orthopaedic Surgery

November 2019

This past October was a busy month for the residency. We started the month off with the Annual Golf Outing. WE had several rotating medical students from other institutions spend time with SIU Orthopaedics throughout the month. There were several meeting and courses that were attended by a number of residents as well. As the month came to a close we began to dedicate more time to preparations for the Orthopaedic In-Training Exam as well as our very exciting upcoming visiting professors. It seems the month of November will be just as busy as last month was!



November 4 Resident Grand Round- Dr. Beason

November 11 Veterans Day, No Grand Rounds

November 18 Mimi Cameo Covert Memorial Lectureship,
Dr. Daniel Sucato

November 25 Visiting Professor, Dr. Joseph Schatzker

“Far and away the best prize that life has to offer is the chance to work hard at work worth doing.”

- Theodore Roosevelt

Our Annual Orthopaedic Golf Outing took place on October 5th. It was a crisp early fall morning, a perfect day to hit the fairways. The competition was stiff. There was no declared winner; however Dr. Capecci's team, which included residents Austin Beason, Avi Inabathula, and Hamadi Murphy, was clearly comprised of the most prolific golfers. If there was an award for best dressed team, they would have won that too. The remaining participants skills were not quite up to par, but a great time was had by all (so we have that going for us, which is nice). The festivities were concluded with a wonderful lunch at the Lincoln Greens' clubhouse. The residents are looking forward to continuing the tradition next year. Maybe in the meantime, we can hit the driving range a few times.



Update from the International Congress for Joint Reconstruction (ICJR) resident and fellows course.
Craig Wilson, MD

This month I had the opportunity to travel to New York City, New York to participate in the 2019 ICJR Residents and Fellows Course: Advanced Concepts in Total Hip & Knee Arthroplasty. This was a two-day course focused on advanced topics in primary and revision adult reconstruction. Several prominent leaders in the field gave lectures including Drs. Scott Sporer, Gwo-Chin Lee, George John Haidukewych, Matthew Abdel, amongst several others. Also, we took a field trip to one of Stryker's cooperative offices in Mahwah, NJ. There we did several cadaver labs allowing us hands on experience with the faculty. Overall, I would say this is a great course for senior residents interested in adult reconstruction.



Dr. Gordon Allan and Dr. Avinash Inabathula presenting case presentations at the fall meeting of the Central Illinois Orthopaedic Society this past month at the Illini Club.

This past September, Andrew Mitchelson (PGY-5) and Austin Beason (PGY-2) had the opportunity to attend the American Society for Surgery of the Hand (ASSH) Annual Meeting in Las Vegas, NV. The meeting was three days in duration and packed with panel discussions, lectures and networking events. A few of the more memorable talks focused on managing difficult distal radius fractures, nerve transfers and targeted muscle reinnervation, as well as mentorship. We also had the chance to meet some SIU colleagues for dinner during the meeting (see picture). Dr. Scott Levin, the current president of the ASSH, gave an address focused on the history and future of hand surgery before introducing the keynote speaker, Angela Duckworth, who talked about grit in the context of surgical training. Dr. Mitchelson was awarded a scholarship to attend the ASSH Resident's Course, which was held the two days prior to the main meeting, and consisted of courses and didactic sessions geared towards residents entering a hand fellowship. Dr. Beason gave a podium presentation titled *Anterior Scalene Muscle Block Use in Diagnosis of Thoracic Outlet Syndrome*, based on research he has been working on at SIU. Overall, the meeting was a great opportunity to learn about emerging national trends in hand and upper extremity surgery, which we hope will help us improve the care we deliver to the patients in our community.

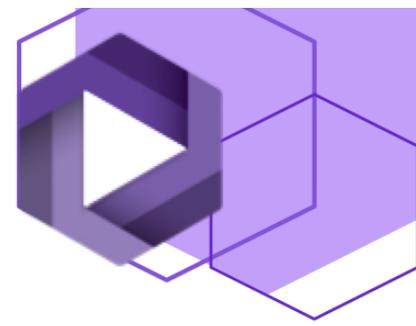


Pictured left-to-right: Tim Daugherty (SIU Plastics, PGY-5), Riccardo Giunta, MD, PhD (Munich, Germany), Michael Sauerbier, MD, PhD (Frankfort, Germany), Michael Neumeister, MD (SIU Plastics), Austin Beason (SIU Ortho, PGY-2), Jake Thayer (SIU Plastics, PGY-4), and Andrew Mitchelson (SIU Ortho, PGY-5)

Dr. Joseph Schatzker will be coming to speak to the residents and faculty of SIU Orthopedics on November 25. Dr. Schatzker is known internationally for his expertise in trauma and fracture management. He is known as "Mr. AO" for his involvement in the development of the current methods of fracture fixation. In addition to being the originator of the classification system of tibial plateau fractures, he is the author of several textbooks including two editions of the world-famous book: "The Rationale of Operative Fracture Management". Don't miss this opportunity to hear from a giant in the orthopedic field.



Dr. Sucato is the chief of staff and director of Texas Scottish Rite Hospital Center for Excellence in Spine. He also holds professorship in the Department of Orthopedics at UT Southwestern in Dallas. Dr. Sucato also holds membership in the AAOS, POSNA, and the Scoliosis Research Society. He is a published author in JBJS, CORR, Journal of Pediatric Orthopedics and other respected academic journals.



This past month Christine DiPompeo was able to attend the NASS Resident and Fellows Fundamentals Course at their facility in Burr Ridge, IL. The course was a day and half of brief didactic sessions lead by spine surgeons from around the country. Most of the weekend was spent in small group cadaver courses with 2:1 resident to faculty instructions. Circumferential spine procedures were completed in this nearly entirely hands on instructional course. It is a highly recommended course for residents interested in pursuing spine surgery.

On October 26th, Ryan O'Rourke was fortunate enough to present research at the American Association of Pediatrics (AAP) annual meeting in New Orleans. His abstract was "Continued Slip Progression after Internal Fixation of Slipped Capital Femoral Epiphysis: Reasons for the Phenomon". It is a case series of patients with SCFE who endured slip progression despite adequate fixation outlining endocrinopathy as the likely risk factor for this rare phenomenon. It was well received by the pediatric orthopedic surgeons there.

His paper entitled "Injuries from Improper Child Restraint Use in Motor Vehicle Collisions" was recently accepted for podium presentation at the AAOS 2020 meeting in Orlando, FL this March.